## PRAYER TO FORGIVE OTHERS AND YOURSELF

"Father I acknowledge I have been holding unforgiveness and I now choose to release all unforgiveness to You. I repent for not forgiving of their offensive behavior and words.
Father I acknowledge forgiveness is not forgetting, not stuffing down my emotions, not acceptance of sinful behavior not good manners, not giving someone what they deserve or not even being religious and spiritual.
I do acknowledge Father that forgiveness is obedience to righteous living and a key to my release and eternal destiny.
Father, I forgive as an act of my will and I release blessing to I ask you to bless with peace and prosperity and the greatness of Your love and mercy and long life and good health.

Father I also choose to forgive myself and accept myself as Your son/daughter cleansed by the blood of Jesus Christ my Savoir.

Father, I ask you to release me from the judgment of unforgiveness. Cleanse me from all defilement where grounds were given to spirits of Satan b because of my nurturing and unwillingness to forgive and the desire to run with my offenses.

## I thank You for releasing me from the tormentors (Matthew 18:34-35),

let Your healing balm go into these areas that I may be renewed and refreshed and anointed once again with Your Spirit.

Father where a root of bitterness (Hebrews 12:15) has entered in my soul I now renounce all bitterness and repent of all bitterness and the fruits of anger, rage, abuse, malice, resentment, gossip, retaliation, payback, feeling rejection and whatever other fruits You reveals to me that has come because my unforgiveness that has gone into

bitterness.

Father I ask for forgiveness for \_\_\_\_\_\_ for his/her offense, I stand in the gap and repent for their offense that I have held on with unforgiveness, Father you know them as I have mentioned them to You.

I accept myself and declare I am no longer guilty of unforgiveness but forgiven, for as Your Word writes when we confess our sins You are just to forgive us and cleanse us from all defilement (1 John 1:9) especially the defilement of devils.

Father I thank You that You understand that sometimes forgiveness has to out worked in the soul. Today I choose to continue to forgive until seventy times seventy until I have totally forgiven from my heart their offenses.

I choose not to retain their offenses (John 20:23) and I choose to cast off the works of darkness (Romans 13:12-13)

. I choose to walk in the light as He is in the light (1 John1:7) to no longer walk in darkness with unforgiveness to wards (1 John 2:9-11)
Father I recall Your Word that Jesus spoke "but I say to you, Love your enemies, bless those cursing you; do well to those hating you, and pray for those abusing and persecuting you; so that you may be sons of your Father in Heaven." (Matthew 5:44-45)
I choose to abide in Your Love and abide in Your Word as I choose to forgive his/her trespasses. I choose to take Your yoke upon myself as I accept Your teachings (Matthew 11:28-30) as the way I am to live as one set apart with an anointing from You The Holy One.
Father, for those who have ever offended me and for myself I choose to receive the promise "But He was pierced for our transgressions, crushed for our iniquities; the chastisement of our peace was on Him; and with His wounds we ourselves are healed."  (Isaiah 53:5)
.I extend the same forgiveness You have given to me to who has offended me and sinned against me.

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Father thank You for the power of forgiveness, thank You Your

kindness has led me to repentance in Jesus Name Amen."