

## **Fasting Prayer – Breaking Strongholds**

Do you have any “stubborn and unyielding” strongman and problems that you are experiencing in your life right now? List them one by one and bring them before the throne of Grace today for the Lord to see your freedom.

Come with boldness and in faith as you wait on the Lord in fasting over this period; cry out to Him in Prayers, trusting that He will respond to your prayer of faith as He honours His word in Your life in the Name of Jesus.

Pray for God to turn the failures in your life to victory in the precious Name of Jesus.

Ask Him to turn every embarrassment and shame in your life into occasions of praise and glory to His Name!

Confess this prayer: Heavenly Father in the mighty name of our Lord Jesus Christ, I recognize that by virtue of my relationship with You Lord, that I have engaged in warfare with the kingdom of satan.

My first step is to declare my absolute allegiance to You, Lord Jesus— the Captain of the Lord’s host, and my Lord and Saviour. I commit myself to You and Your leadership wholeheartedly, and I place my life fully in Your hands. As Your Word tells us, I equip myself now with the full Armor of God in Ephesians 6:11-18, so that I can stand victorious in this battle. I also pull down, in the mighty name of Jesus, any stronghold or strong man in my life that hinders me. Lord Jesus, help me in this battle, so that I can follow You without obstruction.

Lord, I also remove any high place (Throne, Gate or Altar) in my life that may be hindering me— any allegiance to an old pattern or behaviour that may be offensive to You. I lay it down now, Lord, and I place it at Your feet. I will join with my fellow believers joining in this coming 3 day fast and may they also receive their breakthroughs and see their requests be answered during and after this fast in the mighty and powerful name of Jesus Christ.

I command every stronghold of fear, worry and anxiety to be pulled down in your life.

Lord, I decree and declare that every stronghold of anger in my life to be destroyed and the demon cast out back to the pit of hell today in Jesus mighty name.

Lord any agent of darkness masquerading as a friend, be exposed and brought to the light in the mighty name of Jesus.

Lord whatever evil altar is speaking against my life, my health, business, my family, and my properties be destroyed by the Holy Spirit fire in the mighty name of Jesus.

Lord, I command all strongman and evil patterns in my life to depart and go back to the pit of hell now, in the mighty name of Jesus.

Lord, I release the fire of the Holy Spirit against every evil strongman in my father's house in the mighty name of Jesus.

Lord, I break every cycle of evil pattern in my life in the mighty name of Jesus.

Lord, I command every evil cycle existing in my family to be broken today, in the mighty name of Jesus.

Let every plan of the enemy to stop my miracles be broken to pieces today, in the mighty name of Jesus.

Let the blood of Jesus erase the legal ground that the enemy has against me, in the mighty name of Jesus.

I command all the strongholds of the enemy in my life be abolished today, in the mighty name of Jesus.

I command all words contrary to God's word spoken against or over me to fall to the ground and bear no fruit, in the mighty name of Jesus.

Lord, I release fiery angels to remove every stumbling block and obstacle on my path to success in the mighty name of Jesus.

Lord, all that I am, and all that I have, I commit fully to You. I offer myself to You as one who will engage in spiritual warfare for the sake of Your kingdom, one who will pull down strongholds in Your name— not only individual strongholds but also national ones. And I will be one who removes the high places in my own life and in the realm of the church. Please use me, for the sake of Your kingdom and Your eternal purposes. Amen!

Every loss or, delay, or disruption that I have ever suffered or am suffering as a result because of the operations of this spirit in my life, is hereby underwritten by the blood of Jesus, through the completed works of Christ on the cross of Calvary. I break free from every hinderance; I break my family free of every hinderance; I break this church free from every hinderance; I break my destiny free in the Name of Jesus. I receive strength in Christ to move forward in progress and prosperity. I will not be discouraged; I will not be confounded; I will not be dismayed.

Precious saints you have been praying for God to show or tell you what to do.

Today, you will go a step further by praying for Him to give you both the wisdom and divine strategies to accomplish the vision He has put in your heart, and the strategies to accomplish the breakthrough you are believing Him for, or the establishment of the prophetic words that have been spoken into your life.

Again, specifically bring the new month of February before God, and pray for God to release / reveal the strategies that you need for the new season ahead.

Pray for increased sensitivity to the voice and leading of the Holy Spirit and for clarity to understand His promptings.

Pray for God to overturn the wisdom table of the adversary and turn their schemes to defraud, rob or cheat you of your rightful reward, to be frustrated and annulled in the Name of Jesus.

I Call forth and Pray for the release of the provisions, resources and helpers that are needed in each month, in order for God's counsel/purpose for the month of February by calling forth your season / your destiny to be fulfilled in Jesus Mighty Name!

Thank God in advance and in faith, for answering your prayers, and for the miracles / blessings / breakthroughs / testimonies / victories that the remaining of 2023 will bring into your life, as the Lord carries.

Look back over the past 3 days and thank the Lord for every transition and shift (no matter how small) you have made (spiritually, emotionally, and physically) during this period of fasting and praying.

As Jesus has said concerning the power in fasting and prayers, your faith should go up a notch over this period of your fasting for the last 3 days, as you believe and expect that there will be a shifting and resolution of all those issues over the next few days!

Pray for a new and great manifestation of God's miracle power in your life, Your church, and Your nation. Seek the Lord for miracles, signs, and wonders that will amaze the people and bring glory to the Lord Jesus Christ.

Pray that God's healing power would come into your life in all its fullness. Ask that He would heal you from sickness and disease, and from every hurt, brokenness, and defeat. (3 John vs. 2; Isaiah 53:5)

There are hidden strongholds that are blocking your progress in life. Pray against those strongholds. Ask God to reveal them to you so that they can be broken (2 Corinthians 10:3-5). Name the specific stronghold in your life and family and command it to be broken in Jesus' name.

Thank the Lord that He is changing you. Thank Him for His love that does not want to leave you the way you are. Pray that His plans and His will come to pass in your life as you submit to Him.

Pray that the Lord's light shall break forth like the morning and that you would also shine like the morning light and break through all darkness around you in Jesus Mighty Name! (Isaiah 60:1-4)

Pray that you would "arise" in boldness and "shine" precious saints, so you can positively impact all those around you in your family and all else in Jesus Mighty Name!

Pray that your light has come, and favour shall be your portion in Jesus Mighty Name! (Psalm 5:12)

Pray that your loved ones, sons and daughters will come home that have gone away from the Lord.

Pray for the salvation of friends and family before His soon coming in Jesus Mighty Name!

Pray this prayer: Father, we are confident of this very thing; that He who has begun a good decent work in us; and in Deliverance Revolution Ministry will fulfil it. Give thanks to God for this and for answered prayers in your personal life also that He would provide for you according to His riches and glory in Christ Jesus. Remember as you pray for others, God takes care of your needs according to His riches and glory in Christ Jesus.

Pray & declare out loud: "By God's grace as we have met this year of 2023, that the remaining will continue to be a year of preparing for the Lords coming for me."

Pray for all the single people partaking in the fast who are seeking life partners. Ask God to guide them to the person who will really be a blessed spouse. Pray for wisdom, guidance, and strength to overcome fleshly desires and keep them ready for your soon coming! Amen

**Pastor Nate Thompson**  
**Deliverance Revolution Ministries**  
<https://DeliveranceRevolution.org/contact-us>  
[pastornate@deliverancerevolution.org](mailto:pastornate@deliverancerevolution.org)