

# **Deliverance from the Insomnia, Anxiety & Restlessness**

This prayer is for people who are seeking help from God, relief from demons attacking during the night. Specifically, against demons that make you sit up at night with worry, anxiety or dread. We also will be praying for those who have trouble falling asleep. Word of God says in Proverbs 3, "When you lie down, you will not be afraid; when you lie down, your sleep will be sweet."

Before we begin, try to think of any sins you have not yet repented of, any sins that could have opened the door to the enemy. Ask the Lord to forgive you. 1 John 1:9 says, if we confess our sins, God is faithful and just to forgive us and cleanse us of all unrighteousness."

I bind the strong man, every spirit of insomnia, every spirit of anxiety. I command you to come out through the mouth right now in the name of Jesus. I rebuke your kingdom, Satan, right now in Jesus's name. Every night terror spirit, every succubus spirit, every incubus spirit, come out of their body right now.

In the name of Jesus, every demon that keeps people up for hours at night, come out of the mouth right now in the name of Jesus. I burn you wicked devils with fire in the name of Jesus Christ. You have to leave their body right now. This is not your house, demons. I loose flaming arrows into you right now. I loose perpetual fire, perpetual deliverance arrows into every demon that hears my voice.

Every demon that makes people anxious about the responsibilities of tomorrow, come out of the mouth right now in the name of Jesus Christ. Every demon that makes people worry about tomorrow's burdens and responsibilities, come out of the mouth in the name of Jesus. I burn you devils with fire in the mighty name of Jesus Christ. I turn their body into a furnace right now in Jesus name. I turn the children of God's body into a furnace right now in Jesus name.

I pierce you devils through with many arrows in the name of Jesus Christ. Demons, I know you hear my voice. I know some of you demons are trying to distract, interject doubt, but I rebuke you. I spoil your plans. I spoil your goods right now in the name of the Lord Jesus Christ. Come out of their body.

Every demon that makes people's thoughts race when they're trying to fall asleep. Come out right now in Jesus's name. The Bible says that you have given us a sound mind. God gives his people strength. You wicked devils that are stealing sleep, come out right now in Jesus's name. Come all the way up and out of the body right now. Demons, this is not your house you have to flee in the name of the Lord Jesus.

Every vampire spirit that steals sleep at night, come out of the mouth in the name of the Lord Jesus Christ. Loose your hold and come out right now. I pray the fire of the Holy Spirit seven times hotter in Jesus Christ's mighty name. I rebuke your kingdom right now, Satan. I lose a civil war into your kingdom in the name of Jesus.

Every night terror spirit, every incubus spirit, succubus spirit, anxiety spirit, worry spirit, demons that manifest in the night, come out right now. Every demon tormenting people with endless thoughts of the past during the night hours, come out right now. Fear of not being able to fall asleep, come out of the mouth right now in Jesus's name.

Demons that make people afraid to fall asleep, afraid of bad dreams, come out of the body right now in Jesus's name. Every demon that makes people afraid to fall asleep, come out of the mouth right now in Jesus Christ's mighty name. Every demon that tries to pump adrenaline through the body when they are trying to fall asleep, come out of them. I pray fire ten times hotter than the pit on every demon. All the way out, demons.

Loose your hold, come out of their body in Jesus's name. I rebuke you devils. I know you cannot withstand the fire of the Most High God. You can't stand before the presence of the Most High. Demons, come out right now. Come out, come out of their stomach. Come out of their mind right now in Jesus's name. Every spirit of restlessness that makes people nervous so they are unable to fall asleep, that are trying to make people sleep-deprived, come out right now in the name of Jesus.

Insomnia spirits, loose your hold and come out of the mouth right now in the mighty name of Jesus. I pray fire right now ten times hotter than hell. I pray fire right now ten times hotter in the name of the Lord. Loose your hold and come out, demons, right now. I shake you loose from their body. Move, right now demons.

Every demon trying to laugh, every demon trying to mock, I command you to surface and come out in Jesus's name. Spit up your legion right now. Insomnia, spit up your legion right now. Every spirit of anxiety that is prohibiting people from falling asleep at night, come out of the mouth right now in Jesus's mighty name. All the way out.

Demons that give people the sensation of falling, so they jerk awake, come out right now in Jesus's name. Hypnic jerks and sleep paralysis spirits, come out of their body. Every devil that interferes with falling asleep, come out right now in the name of Jesus. Every demon that causes sleep apnea, every demon that wakes you up at night and hinders your sleep, come out right now.

The Bible says the angel of the Lord camps about the children of God and delivers them. I pray Lord, that you would encamp angels around these people's bedrooms at night, around the children of God right now, so they would be able to sleep and rest in You, Lord. I pray that you would put Your peace and rest in their heart, that they would be able to rest, that they'd be able to sleep at night.

Every demon that causes stressful thoughts while trying to fall asleep, come out right now. In the name of the Lord Jesus Christ, I pray that you would continue to burn out any demons that are still manifesting. In the name of Jesus, all demons in the stomach, chest and the mind, come out right now. Come out right now in the mighty name of the Lord Jesus Christ. Thank you, Father.

I pray you would fill everybody with the Holy Spirit. Lord please give them that peace, so they'd be able to rest in You. I thank you, Father. I pray, Father God, that You would help them not be afraid of having bad dreams. I pray that You would help them trust in You. I pray that they'd be able to sleep more soundly, that they would awake well-rested to do your will during the day.

I thank you for their deliverance, Father. I pray that they be able to glorify You. Father, we thank You for deliverance. We worship you. We praise you in spirit and truth in the name of Jesus. Father we give you praise in Jesus's name, amen.