

## **30-DAY CHALLENGE**

### **INSTRUCTIONS**

1. Make a list of the things that you are praying that the Lord deliver you from during this 30-day challenge.
2. Each night before you begin your reading, pray to the Lord and ask for deliverance from each of the items you have included in your list.
3. Each day you will read for **30 minutes, no longer**. This is about obedience to the Lord. If you choose to do additional reading in the Bible, you may also do that outside of the challenge. For the challenge, you stop at exactly 30 minutes.
4. Start in the book of John in the New Testament (John 1:1). \*Continue to read through the New Testament throughout the challenge\* (e.g. once you finish John, move onto Acts, then Romans, Corinthians, etc. etc. up through Revelation if you make it that far).
5. On the attached spreadsheet, fill in the date, the time you started reading, and the start chapter/verse where you began for the day (it is suggested to set a timer so that you do not exceed the 30 minutes).
6. When you are finished with your 30 minutes of reading, fill in the end time and end chapter/verse on the spreadsheet.

#### **EXAMPLE:**

<b><u>DAY</u></b>	<b><u>DATE</u></b>	<b><u>START TIME</u></b>	<b><u>END TIME</u></b>	<b><u>START CHAPTER/VERSE</u></b>	<b><u>END CHAPTER/VERSE</u></b>
<b>1</b>	2/7/24	3:30 pm	4:00 pm	John 1:1	John 3:22
<b>2</b>	2/8/24	2:28 pm	2:58 pm	John 3:23	John 7:10
<b>3</b>	2/9/24	1:17 pm	1:47 pm	John 7:11	John 9:34

# 30-DAY CHALLENGE

<u>DAY</u>	<u>DATE</u>	<u>START</u> <u>TIME</u>	<u>END</u> <u>TIME</u>	<u>START</u> <u>CHAPTER/VERSE</u>	<u>END</u> <u>CHAPTER/VERSE</u>
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