## **Deliverance from Distraction & Escapism**

Today I'm going to be commanding out the spirits of distraction and escapism in the name of Jesus Christ of Nazareth. This prayer is for those of you who are struggling with being easily distracted and entertained by the things of this world. Before praying, please make sure you have repented of all known and unknown sin. In order to keep your deliverance, make sure you continue to walk in holiness and obedience to the Word of God. Father God, I thank you for delivering your children from the kingdom of darkness in Jesus' name.

I come against all spirits of distraction, escapism, and laziness. All slumber spirits that make people tired, lethargic, passive, and neutral to the things of God, I drive you out in the name of the Lord Jesus Christ. I come against all distortions of the mind. Every demon that produces chaos and anxiety in the mind, I cast you out in the name of Jesus Christ. I come against every demonic spirit that makes people overly concerned about other people's lives. I command you to come up and out right now in Jesus' name. Come out spirits, we burn you out with the fire of God. Father, I pray that Your fire would expel every demon hiding deep down in the body, mind, and emotions of Your children in Jesus' name.

Every demon that causes people to be distracted from showing their family love and attention, I command you out now in the name of the Lord Jesus Christ. All distraction and avoidance from responsibilities, come up now. Every demon that makes people want to escape reality, be uprooted now in Jesus' name. All fantasy that drives people to video games, excessive technology use, worldly entertainment, and pornography, I command you to come out right now in the name of the Lord Jesus Christ. The desire to escape this world and run to endless pleasures, I cast you out in Jesus' name.

All fantasy spirits that drive people to please their flesh and starve their spirit, you will flee right now and go to the abyss in Jesus' mighty name. Father, I pray that your children will be able to set their minds on things above and not on the things of this world. Every demon that makes people take their eyes off of Jesus and makes them put their eyes on worldly things, I drive you in the name of Jesus. Be removed all excessive concern about finances and affairs of this world. Father, I come against every demon that tries to dry up people's faith because of the cares and burdens of this world.

Every time-wasting demon that makes people waste the time given to them by Almighty God, I command you to go where Jesus sends you. Every demon that sends people into their lives to distract them and to lead them astray, I command you to be

uprooted in the name of Jesus Christ. All jester spirits that give people un-Godly jokes and demons that make people not take their lives seriously, I command you out now. Come out spirits, in the name of Jesus Christ. Every demon that is on a mission to hinder people's prayer lives, I cancel your assignment and cast you out. Spirits of leviathan and procrastination, come out now in Jesus' name. All fear of facing responsibilities and fear of facing people, you will leave the children of God now.

Lethargy spirits, you will come out of their thyroid and metabolism. All demons that steal people's motivation and zeal, I burn you out in the name of Jesus Christ of Nazareth. Every spirit of slumber that makes people stay in bed all day, I command you out in the name of Jesus Christ. Spirits of depression and heaviness, I cast you out in the name of Jesus. Every demon that afflicts people's physical bodies, come out now. You spirits have to flee in the name of Jesus, so flee! The Bible says to submit yourselves to God, resist the devil, and he will flee from you. So, every demon that hears me right now, I lock you in chains of darkness and I command you to go right now.

Every spirit of heaviness and depression that steals people's motivation to take care of responsibilities around their house, as well as all uncleanliness demons, I command you to go right now. Come out in the name of Jesus, all spirits of hoarding and addiction to cell phones, internet, social media, and technology. Demons that cause people to be easily offended or feel rejected by God or other people, I command you to come up and out in the name of Jesus Christ. Loose your hold and go right now. The temptation to cut corners and take the easy way out of responsibilities and projects, I command you to go right now in Jesus' name.

Every demon that causes a lack of patience, irritability, and anger, come out in the name of Jesus Christ. Expel out of the children of God. Out of their mind and body in Jesus' mighty name. Father, I pray that Your fire will fall upon these demons and burn them up right now. All laziness and procrastination that makes people irreverent about the things of God, be uprooted now. Demons that stop people from seeking God, come out in Jesus' name. Father God, in the name of Jesus, I pray that your children will be able to seek you with passion and zeal. Every demon that tries to make people feel like doing things for God is boring, flee the children of God now in Jesus' name.

Every demon that causes people to easily give up when things are difficult, come out in the name of Jesus Christ. Demons, you are defeated by the blood of Jesus Christ. You will leave now. Go! Demons that cause people to endlessly scroll on the internet and social media, out now in Jesus' name. All witchcraft and spiritual cellophane that lays over people's minds and eyes through watching worldly entertainment, I rip you out from the root in the name of Jesus Christ of Nazareth. Go all seduction spirits from Hollywood. Leave their bodies and minds in Jesus' name.

All demons that try to hinder people from having intimacy in their relationship with Father God, you will leave His children now and go to the abyss! Every spirit of setback and delay that makes people give up right before they're about to experience a spiritual breakthrough, I drive you out by the authority given to me by King Jesus. I know you demons hear me, you cannot hide any longer. Expel from the eyes, nose, ears, and mouth now. Every demon that is manifesting tension and pressure in the head, I uproot you right now in the powerful name of the Lord Jesus Christ. Out of the forehead right now.

Every demon that makes people fight out of pride in the comment section on social media, I command you out now in the name of the Lord Jesus Christ. All strife and division spirits that endlessly distract people, come out in the name of Jesus. All fascination of evil, be uprooted in Jesus' name. Demons that have trained people's minds to be endlessly entertained, I command you out now. I command every demon that has people addicted to gossip and drama to come out now in the name of Jesus Christ of Nazareth. I command all demons to go to the pit in the powerful name of Jesus.

Every demon that makes people focus on earthly things and distracts them from eternal things, I cast you out right now in Jesus' name. Father God, I pray in the name of Jesus Christ that my brothers and sisters would be able to stay focused on eternity in every decision that they make. All distraction spirits come out of the mind right now. All lust spirits come out of the eyes in the name of Jesus Christ. Loose your hold and go right now. Every spirit that causes people to be stuck in fantasy mode, I command you out in Jesus' mighty name.

Father God, I pray that you would fill Your children with Your Holy Spirit. Thank you for giving them a sound mind. Please renew their zeal for You. Help them to passionately pursue you. Help them to keep their eyes fixed upon your Son. We thank you Father that Your children will not fall back into the schemes of the enemy. In Jesus' name. Amen.

## **Pastor Nate Thompson**

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