## **Deliverance from Laziness, Distraction & Time Wasting**

Today I'm going to be praying against laziness, procrastination and things of that nature. The enemy is determined to get Christians to waste time. First, he tries to discourage people with feelings of condemnation and hopelessness. Those demonic feelings get people to be lazy and waste time instead of pressing into God. But the truth is, that every believer has been made righteous, is loved by God, and has a divine calling.

Christians should not believe the demonic lie that their actions or inactions don't matter. Every Christian can be victorious because of their position in Christ, and their ability to pray. Our service to God on earth is the only commodity we can offer to God. It is our most valuable commodity.

In the bible, we see what happened to the man that had one talent and buried it. He was called lazy and wicked. He did not fulfill his calling and he ended up not inheriting the kingdom of God. Laziness and procrastination are things that the enemy uses the most against us.

I am going to be praying for a variety of issues that people might struggle with. If one doesn't apply to you specifically, there's going to be one that does. I'll be praying for what will be beneficial to you. Before we start, I'm going ask you to repeat a prayer after me. We are going to have you renounce every spirit that is trying to oppress you.

Just find a comfortable place and just say, "Father God, I come before you in Jesus's name. I ask you, Lord, to deliver me. I renounce every heavy weight of the enemy. I renounce the lies of hopelessness and powerlessness. I renounce laziness and procrastination. I want to use my time effectively, Lord. I renounce all distraction and timewasting in Jesus's name. Lord, I pray that I would be encouraged by You to fulfill my calling in Jesus's name. Amen."

(Please look at me now.) Father, in the mighty name of Jesus Christ, I thank you for my brothers and sisters. I pray for their deliverance right now in the name of Jesus. Father God, in the mighty name of Jesus, I thank you that we can come boldly before Your throne of grace.

I pray for blessings, encouragement and strength over my brothers and sisters right now. Lord, Your word says to lay aside every sin and every weight which doth easily beset us, that we might run this race with endurance. Father, I pray that they would not grow weary in well-doing. I pray that they would not be discouraged in their calling. I pray, Father God, that they would be able to manage their time wisely in the name of Jesus Christ. Lord, Your word says to redeem the time for the days are evil. In the mighty name of Jesus, we come against every demonic spirit that makes people waste time. Every procrastination spirit, get out. I know you procrastination spirits are hindering my brothers and sisters and I call you out. I command you to come out in the name of the Lord Jesus Christ.

I bind the strong man behind every spirit of procrastination in Jesus's name and spoil its goods. I bind every spirit that tempts people to put things off until tomorrow. I bind every spirit that makes them not fulfill their responsibilities. I command it to go in the mighty name of the Lord Jesus Christ.

Father God, I pray that all these spirits would be bound. Your word says to give to those who ask of us today, and not to put it off till tomorrow. In the name of Jesus, we command all procrastination spirits, all time-wasting spirits to leave in the mighty name of Jesus.

Father God, in the name of Jesus we come against all demons that try get people to oversleep and stay in bed too long. Feeling numb, laying in bed, I command it to go right now in the name of the Lord Jesus Christ. Every demon that makes people oversleep and lay in bed for hours and hours, I command it to come out. I command you spirits to come out of the thyroid, out of the mind in the name of the Lord Jesus Christ.

I curse every spirit of condemnation, depression, listlessness and hopelessness in the name of Jesus. Come off them now in Jesus's name. You cannot stay in them. Irregular sleep patterns, I command them broken in Jesus's name. Every demon that disrupts your normal sleeping patterns, I break it in the name of the Lord Jesus Christ.

Every demon that tries to paralyze you to not get up, come out. Every demon that steals the joy of a new day, ambition and zeal in the morning, I command it to come out right now in the name of the Jesus.

All spirits that distract people with technology and social media, come out. All spirits that distract people while they are trying to listen to this prayer, come out right now in the name of the Jesus. Every demon that is on a mission to distract you from focusing on the things of God, I command you out in the name of the Lord Jesus Christ.

Every spirit of distraction with worldly things and time-wasting things, come out. Not noticing the amount of time they are spending on certain things, I command it to come up and out right now. Every fantasy spirit that makes them waste time on the internet on useless things, I command it to come out.

Fantasy spirits that make you waste endless hours of time, come out right now in the mighty name of Jesus. We command you wicked spirits to flee. Come all the way out of the body, spirits. I command you to expel out of the eyes, the nasal passage, the mouth.

We take authority over you spirits in the name of Jesus. The bible says, 'behold I give you power and authority to trample on snakes and scorpions, and all the power of the enemy, and nothing shall by any means harm you.' Father, in the name of Jesus we take authority over these wicked spirits. Every demon that makes you dread fulfilling your responsibilities, come out. Dread spirits, come up and out right now.

Hatred of fulfilling your responsibilities, ungratefulness of fulfilling your responsibilities come up and out right now in the name of the Lord Jesus Christ. We command you wicked spirits to flee. Every spirit of heaviness in the body, in the mind come out. Feeling groggy, weighed down, we break it right now in the name of Jesus.

I pray that good health would be restored to their thyroid. I pray that health would be restored to their mind. In the name of Jesus, I pray that you would anoint them with a zeal. I pray that you would anoint them with ambition afresh, in the name of the Lord.

Every spirit of laziness, come up and out right now in the name of Jesus. Time-wasting spirits, come up and out right now in the name of Jesus. Time-wasting spirits, we command it to flee right now. All the way up and out of the body. Spirits, we command you to go. You demons cannot hold on in there.

We loose fire from the top of the head to the soles of the feet. I command you spirits to come out through yawning, coughing. Come out, all the way out, spirits. You have to go right now in the name of the Jesus. Every demon that blinds you to distractions, come up and out in the name of Jesus. Every spirit of distraction, go in Jesus's name.

Feeling like you need endless naps, come out. Every demon that affects people's sleep schedule, come out in the name of Jesus. Every distraction spirit that gets you to stay up too late, come out. Come out, every spirit of procrastination that hinders them from operating on God's timing. Anxiety spirits that try to get people to fulfill responsibilities at the wrong time, come out.

Every demon that messes up my brothers' and sisters' schedules, come out right now. Come up and out of the mouth, spirits. You cannot hide in there. We expose your wicked works, we destroy your lies in their minds. Every demon that tricks people into thinking that wasting time is okay, flee right now in Jesus's name.

Flee right now, unbalanced schedule. Come out right now, negligence to responsibilities, come up and out. Addiction to coffee, or caffeine, come out. All addiction spirits that make you rely upon substances, on caffeine for energy, come up and out right now in the name of Jesus. You spirits have to flee. Come up all the way out, devils.

Every demon that attacks with discouragement and condemnation, we bind you. Every discouragement spirit, come out. Every spirit of depression and heaviness that makes you lay in bed and waste time, come out. Fear of failure, come out. Every spirit of fear that makes the thought of doing certain tasks overwhelming, be broken right now in the name of the Jesus. Every spirit of fear, come up and all the way out.

Not being able to sleep at night, come all the way out in the mighty name of Jesus. All spirits that hinder sleep, come up and out right now in the mighty name of Jesus. Feelings of anxiety about tomorrow's tasks, like going to work, come out right now. Every anxiety spirit that makes you procrastinate on tasks, come out in the name of Jesus. Come up all the way, spirits.

Spirits of fear that steal confidence and boldness, come out in the name of Jesus Christ. We command you spirits to flee. You cannot stay in there. You are defeated by the blood of Jesus. The bible says, 'for this purpose was the son of God manifest, that He might destroy the works of the devil.' So Father, in the name of Jesus we pray that the works of the devil would be now be destroyed by Jesus.

Father, I pray that you would anoint them with fresh zeal, ambition and joy. Your word says, 'weeping may last for a night, but joy comes in the morning.' I cancel every mission to steal their joy of living. Every demonic mission coming against their life that is trying to wear them down, I break it now. Spirits of discouragement, come out. You have to go right now, devils. Come up and all the way out in the mighty name of Jesus.

Father God, we pray more fire on them. More fire from the top of the head to the soles of their feet. Every laziness spirit that dwells in the forehead, come out. Every spirit of numbness, come out of the forehead now. Demons that affect decision-making, come out of the frontal lobe in the mighty name of Jesus Christ. Come all the way up and out.

Fear of failure, we command it broken in Jesus Christ's mighty name. Oversleeping, not caring carelessness, come out right now in Jesus's name. Every demon that tries to tempt you to be careless about things you need to do, come out. Every demon that tries to cause setback and delay, your assignment is broken.

Setback and delay over your calling, over your future, go to the pit. Every spirit of procrastination that is affecting them, come up and out in the mighty name of Jesus Christ. We command all procrastination and laziness, go! All spirits of lethargy, come out in Jesus Christ's mighty name. All the way out, devils. Every devil that tricks people into being lazy, come up and out in Jesus's name.

Being distracted with the things of this world, we command it to go. Every demon that hears the sound of my voice and is manifesting, I break your hold off of their life. Father, I pray Holy Ghost fire in the chest, fire in the mind, fire through the whole body. Now seven times hotter in Jesus's name.

Lord, I pray that their body would be turned into a furnace and these devils would be driven out in the name of Jesus. Every spirit that is trying to hide, I command you to come out in the name of the Lord Jesus Christ. We command you wicked spirits to flee. Come all the way up and out right now.

Wasting hours looking at internet and videos, come out right now in Jesus's name. We command you spirits to flee. Come all the way up and out of the body. Father, I pray that that strange affection would be broken in Jesus's name. Every procrastination spirit that entices people with worldly, foolish and carnal things, I pray that it would be broken.

Father, I pray that they be able to focus on things that edify them in their walk with You. I pray that they would be built up in their faith in You. Demons that promote looking at evil things, come out. You must go right now in the mighty name of Jesus. Come all the way up and out of the body in Jesus's name. Father God, I pray that these spirits will be broken off of their life.

Laziness, procrastination and every demon that is stealing ambition and zeal, we command it to go right now in the name of Jesus. Father, I pray for them right now that you would anoint them with fresh zeal and fresh ambition. Your word says to not grow weary in well-doing, for we shall reap in due season if we faint not. I pray that they would not faint but that they be strengthened to push forward in the name of Jesus.

Any demons that hinder them from heeding God when He convicts them about starting on a productive activity, I pray they would be broken in Jesus's mighty name. I pray, Lord, that You would give them wisdom to manage their time. I pray that every hour would be used in light of eternity. We give you praise and thanks, Father in Jesus's name. Please fill them with your Holy Spirit. I ask that You would fill their empty places with the fruit of the spirit.

Father, please fill them with joy, fill them with peace, with a sound mind, self-control, power and love in Jesus's mighty name. I pray that they would not dread the things that they need to do. I pray that they would not be angry or complaining throughout the day. I pray that they would be able to serve You with joy and gladness in the mighty name of Jesus. Father God, we thank You and give You praise in Jesus's name, amen.

## Pastor Nate Thompson

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