

# **Deliverance From Self Sabotage & Spirit of Defeat**

Today I'm going to cast out the demonic spirits of self-sabotage, self-destruction, and defeatism. These demons love to convince people that they are inadequate and will not overcome the obstacles they are facing. They try to make people look to their own ability as opposed to putting their eyes upon Jesus Christ and drawing strength from Him. If you are holding unforgiveness toward anyone, forgive them now and release them to Father God.

Please pray this prayer with me in sincerity: Father God, I come before you now and I ask you to forgive me of all sin. Please forgive me for punishing myself. I renounce all self-defeatism, self-sabotage, self-destruction, apathy, hardness of heart, guilt, pride, unbelief, procrastination, sloth, anger, and fear. Please help me to overcome destructive patterns and help me to believe what You say about me. I pray this in the name of Jesus. Amen.

Every demon that hears the sound of my voice, I command you to come up and out in the name of Jesus. Every demon that brings high-level deception, self-destruction, and self-punishment, I bind you and command you to release the children of God now in the name of Jesus. Every demon that came in through trauma and abuse, up and out. Every demon that has trained the children of God to condemn themselves when they experience failure, I command you to flee now in Jesus' name.

Every demonic spirit that brings degrading, condemning, and tormenting thoughts, come up and out right now. Every demon that says, "you're not good enough", flee now in Jesus' name. Every demon that tells people that God doesn't love them or that God won't forgive them, in the name of Jesus you will release them now. Come out of the mind, come out of the ears. Every demon that makes people compare themselves to others, I break you off their lives right now in the name of Jesus Christ of Nazareth.

I command all demons of self-sabotage to be uprooted right now in Jesus' name. Every demon that causes self-destruction, I break you off and I break all patterns of destruction. I call Holy Spirit fire upon every demon that hears the sound of my voice.

Come out of anywhere you are hiding. Every demon that has trained people to be comfortable with accepting defeat, I uproot you now in the name of Jesus. Come out all negative thinking that leads people to assume that things are going to go wrong. All hopelessness, be uprooted from the mind and emotions now in Jesus' name. Dagon, I command you to release them right now.

Father, Your Word says that You work all things out for the good of those who love You so I pray that Your people will be able to recognize that their mistakes and imperfections can be turned around for their good and for Your glory. In the name of Jesus Christ, I command you wicked spirits to come all the way up and out. I rebuke every fiery dart that's been shot into their mind. We quench it with the shield of faith in the name of the Lord Jesus.

Every demon that manipulates emotions and causes self-destruction and self-sabotage in the midst of trials and persecution, loose them now in Jesus' name. I call fire down on every demon that tells them to give up. Release them right now in the name of the Lord Jesus Christ. Come up all the way. I bind every demon with a threefold cord of judgment, and I command you to come up from their mind, body, and soul in the name of the Lord Jesus Christ.

Father, I pray that Your people would come into agreement and alignment with what Your Word says about them. Every demonic spirit of negative thinking, you will release them right now in the mighty name of Jesus Christ. Bow to His name now. I pull you loose from the neurons of the mind and the dopamine receptors. Every demon that makes people comfortable with accepting defeat, I break it off their lives right now in the name of the Lord Jesus Christ. I command every demon to come up and out right now in Jesus' name.

Come out all self-pity and comparison demons. Every demon that makes people approach God in anything other than faith and expectation, I uproot you in the name of the Lord Jesus Christ. Come up and out, you wicked spirits. I command you to flee in the mighty name of Jesus. Every demon that tells people that they are constantly being persecuted and constantly having injustice done towards them when people disagree with them, I break it off in Jesus' name. Every demonic spirit that brings hypersensitivity, flee now in the name of the Lord Jesus Christ. All the way up.

I come against all demons that give dreams of doom, destruction, misery, and torment. Loose them now in Jesus' name. Every demonic spirit that gives false prophecies about their future, I break it off right now in the name of the Lord Jesus. Come up and out all demons of poverty and chaos and fear. Every demon that tries to get them to expect failure and defeat, I command you to flee in the name of the Lord Jesus Christ. Every demon that tries to steal hope and faith, come out of them right now in the mighty name of Jesus Christ. I command you to go right now.

Father, I thank you that Your people have the victory even when it doesn't seem like it. Please help them to rely upon Your promises and not to lean upon their own understanding. Every demon that gives false wisdom, release them now in Jesus' name. I come against all demons that assault the mind with degrading and demoralizing thoughts. I break off those lies in the name of the Lord Jesus Christ. Every demon that came in through trauma, defeat, divorce, abuse, adultery, and theft, you will release the people of God right now in Jesus' name.

Every demon that gives people a poverty mindset, be uprooted in the name of the Lord Jesus Christ. Come up and out, all self-sabotage spirits. Come up and out all self-destruction spirits. Go right now in the name of Jesus. Every demon that uses people's good intentions against them and makes them operate in destructive patterns, I uproot you in Jesus' mighty name. I break the deception off their mind. Every demon that tries to make people gullible to demonic attacks against them and succumb to the lies of the enemy, I break it off in the name of Jesus.

Father, I pray that Your people will be able to totally come into agreement with who You say they are. Your Word says that they are favored and highly blessed. Your Word says that they are fearfully and wonderfully made and that they've been accepted. So, in the name of Jesus Christ of Nazareth, every demon that tells lies about a child of God's identity, I command you to go to the pit right now in Jesus' name. Every demon that tries to embed into the personality and the subconscious mind, be uprooted right now in the name of the Lord Jesus Christ.

I break off every word curse of failure, immaturity, arrested development, and rejection off the people of God right now in the name of the Lord Jesus Christ. I overturn every word curse that has been holding them back. Every demon of setback and delay, release

them now in Jesus' name. Come up and out all spirits of self-sabotage, selfishness, self-centeredness, and self-defeat. Every demon that makes them blame their problems on other people, flee now in Jesus' name.

All demonic spirits injecting suicidal thoughts into the mind, I uproot you now in the name of the Lord Jesus Christ. Leave now all feelings of hopelessness, despair, and desperation in Jesus' name. I call Holy Spirit fire down on all witchcraft in the mind and emotions. Every demonic spirit that is still manifesting, come up and out. Go now in Jesus' name. Up out of the mouth, nose, eyes, ears, hands, neck, back, feet, and hands. Come out of anywhere you are hiding. Expel now in the name of Jesus.

Father, I thank You for setting Your children free through Your precious Son, Jesus. We thank You Father and we give You all the glory and honor. Please help Your children to walk in Your ways and not fall back into the trap of the evil one. Thank You for protecting them. In Jesus' name. Amen.

**Pastor Nate Thompson**

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