

## **Deliverance from Parental Wounds/Childhood Trauma**

I pray that you are blessed in the mighty name of our Lord Jesus, and I'm so glad to be able to pray for you today. I believe that many of you are going to be blessed, and I know that many of the strongholds we deal with stem from issues related to parental wounds and childhood trauma, particularly trauma related to parents.

Today, I will focus on praying about these wounds, especially with regards to fathers. Many people experience rejection, fear, and related strongholds when they face rejection from a fatherly figure or even their biological dad. These issues can open the door to rejection, fear, resentment, and abandonment, which often leads to a downward spiral. The devil often uses parental figures to create strongholds, but today, we are going to break these strongholds in the mighty name of Jesus Christ.

As you listen to this prayer, I encourage you to completely forgive your parents. There might be resistance in your heart as you hear this, but I urge you, in Jesus' name, if you clicked on this video to receive deliverance from parental wounds and childhood trauma, do not just say you forgive them in your heart. Confess out loud to God that you forgive them in the name of Jesus Christ. Pray about it, and even say a prayer for them afterwards. Thank God for your parents, even if they were not perfect or present.

Before we start praying, make sure to repent and let go of any unforgiveness or bitterness. Position yourself so you won't be distracted or interrupted as you listen to this prayer. I hope you find blessing through it. Amen.

You don't have to pray aloud unless you want to, but I encourage you to forgive your parents and even be willing to be reconciled with them if possible. I recall a story where someone had a vision on the day of judgment, and they were told that their treatment of others showed they had not truly forgiven them. You might not need to reconcile with everyone you forgive, but make sure to consider this.

Father, in Jesus' name, I pray that they would be blessed and set free. May they begin to feel the presence of your Holy Spirit, addressing those deep-seated strongholds and wounds. We come against all childhood wounds related to the dad and their earthly father.

Father God, any feelings of abandonment, shame, guilt, abuse, violence, aggression, or neglect any demonic spirits that came in through neglect or lack of attention, affection, and purpose; please break them off now. Any spirits of abandonment, rejection, and depression that entered through parental neglect and lack of purpose, I command them to be broken in Jesus' name.

I specifically address any demonic spirits that misrepresent God the father due to rejection from their earthly dad. Any spirits blocking intimacy with you because of these father wounds, we command them to be broken. All lies misrepresenting your character through the lens of their parents' shortcomings, especially the father, be uprooted in Jesus' name.

We take authority over these spirits and command them to release the listener. All spirits of rebellion, stubbornness, resentment, and bitterness manifesting now are to be uprooted. We command all demons from parental neglect dad being in jail, always working, or absent to release in the name of Jesus Christ.

All deep-seated narcissism, emotional pain, and suffering are to be uprooted. I command all fantasy spirits and those turning to video games, worldly movies, or lust as escapism due to fractured relationships with parents to be broken off in Jesus' name.

Any word curses spoken over their lives by their parents being told they are not good enough, smart enough, or strong enough are broken. Release them now. All generational curses of rejection and abandonment are commanded to go. Demons from violence, abuse, or incest in the family are to be broken off.

We address all demons blocking intimacy with spouses, God, or in fellowship settings. Fear spirits that came through fractured parental relationships, trauma from physical hurt or disbelief by parents, are to be released.

Fill them with your spirit, Lord. Arrest any development issues from parental neglect. Any effeminate spirits in men or jezebel spirits in women from rejection by their dads are to be released.

All spirits of inadequacy from childhood wounds are to come out. Demons from being bullied or rejected at school, intimidation, PTSD from childhood trauma release them in Jesus' name. We cut through these demons with the sword of the spirit.

Your word says *God sent His word to heal and deliver*. We thank you that no weapon formed against us shall prevail. All extreme fears of disappointing parents, man-pleasing spirits, and legalism from continual disapproval are to be broken off.

Father, fill them with joy, as your word says *the joy of the Lord is our strength*. May they be filled with the joy of the Holy Spirit and your presence.

Any remaining demons are bound and commanded to keep expelling. We cancel all plans to reorganize against them. We pray they would believe truth in their minds and not the lies of the enemy.

May they be completely whole, even if I haven't called out every stronghold or spirit. By faith, as they cry out to you, I pray for their complete freedom and healing from

childhood and parental wounds. May they fulfill your will for their lives without being hindered by generational hurt.

In the mighty name of Jesus Christ, we pray. Amen.

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