

Deliverance Prayer Against Victim Mentality & Self Pity

Today what I'm going to be praying against self-pity and victim mentality. This is a problem that a lot of people have, and this is a problem that you can develop when you're going through tribulations and trials. You may start to get angry at God or start to think woe-is-me, or even complaining about yourself, or saying things to get attention or validation. There is a false way to get validation when you're going through something, like communicating in a way to get somebody's attention.

Before we begin, search your heart thoroughly for any unforgiveness you may be holding onto, and consciously make the decision to forgive anyone who may have wronged you, as well as forgiving yourself for ways you have wronged others. We want to be sure that we are not holding unforgiveness in our hearts, as this can block deliverance. You'll also renounce and repent of all sins, known and unknown, committed by you or your ancestors. To truly repent means to turn away from the sin, and when we ask for forgiveness from our Father, we should do that with the intent to not return to the sins.

Find a place where you're not going to be distracted as you listen to this prayer where you're not going to be interrupted and I'll go ahead and start praying.

Father, in Jesus Name, I thank you for my brothers and sisters. Father, today I pray for their deliverance and I come against the spirit of victim mentality. Lord, your Word says that we are more than conquerors through Jesus Christ who loves us, and your Word says that we need to believe in the goodness of God. Father God, I pray that they would not be convinced that You don't want to bless them. Father God, every demonic spirit that says God is unfair, God is unjust, God is vindictive, I break those lies.

Every demonic spirit that entered the mind through atheism, through church hurt, all demons that came in through being hurt by false Christians or even hurt by genuine children of God, Father, we break all church hurt off in the Name of the Lord Jesus. Father, we pray that all resentment and bitterness would be uprooted in the Name of Jesus Christ, by the blood of Jesus Christ.

Father God, your Word says be tenderhearted one towards another, forgiving one another just as God has forgiven us for Christ's sake. So, Father, I pray in the Name of Jesus, and I come against that deep rooted bitterness that results in a victim mentality, that results in self-pity, that results in self-loathing. Spirits of self-loathing, man-pleasing spirits, attention-seeking spirits, every demonic spirit that leads people to seek attention instead of seeking the approval of God, we command you to leave now and go to the abyss in the Name of the Lord Jesus Christ.

Father God, we break off every demonic spirit that leads people to get God's attention through complaining, through murmuring, through trying to get God to feel bad for you. Father God, every spirit of doubt that makes them operate in that way in prayer we break it off. All rebellion, we command it uprooted in the Name of the Lord Jesus Christ.

Every demonic spirit from trauma that is in the soul, demons that manipulate the emotions, every demon that came in through failed expectation get out now and go to the pit in the name of Jesus! Father, your Word says hope deferred makes the heart sick. I pray that all sickness of the heart, all hope deferred, Father God, would be broken in Jesus Name, and that they would be filled with hope, that they would be filled with peace, that they would be filled with encouragement and ambition, Father, to do Your will in the Name of Jesus. Every demon that hears the sound of my voice come out of their mind! Come out of their body gates right now in the Name of the Lord Jesus Christ!

I command all demons that steal ambition, spirits of depression that lead people to lay in bed all day to get out of God's children, in Jesus' Name! Every demonic spirit of narcissism that that makes people not want to see others succeed, self-destruction through envy, every spirit of envy that makes them self-destruct and destroy themselves, Father, we break it off in the Name of the Lord Jesus Christ. I command every demon spirit to come up and out! You demons cannot hold on in there! They are not a victim, they are a conqueror through Jesus Christ.

Every demonic spirit of rebellion, every demonic spirit of self-pity that came in through a negative response to being abused, demons that came in through physical, sexual, emotional, spiritual, financial abuse, Father, we break off every demonic spirit that came in through these methods of abuse right now. I command you spirits to release the children of God, you cannot bog them down. Every spirit of self-pity that is acting as a form of setback and delay, I break that setback and delay and I command every demon spirit to manifest. Release them, Satan, in the Name of the Lord Jesus Christ! We rebuke you wicked spirits, you will not hold down the children of God.

Every energy vampire, every spiritual leech from the marine kingdom, release them right now in the Name of the Lord Jesus Christ. Every demonic spirit that causes discouragement in marriage, wanting to give the silent treatment, Father, we break it off right now in the Name of the Lord Jesus Christ and I command you devils to come up and out! All the way up and out spirits right now, in the Name of the Lord Jesus Christ!

Father, we pray Holy Spirit fire against these devils. We command them to be completely uprooted right now! We pray the fire of the Lord against you spirits. Be uprooted and come up and out of them in the Name of the Lord Jesus Christ! Holy Spirit fire through the whole body right now, in Jesus Name. Father God, we pray the fire of God to burn up these spirits, in Jesus Name. Every demonic spirit come out right now in Jesus Name!

Lines of negative thinking, we break them off the mind in the Name of the Lord Jesus. Every chain around the mind that causes negative thinking, expecting failure, expecting delay, expecting to be overlooked, Father, we break it off in the Name of the Lord Jesus Christ. Every spirit of murmuring and complaining come up and out right now in Jesus Name! Father, your Word says we should not murmur and complain like the children of Israel. All generational murmuring and complaining, I command it out right now in Jesus Name! Generational murmuring and complaining come out! Complaining about your job, complaining about your family, spirit of regret, come out spirit of regret! Every demonic spirit that tries to get them to regret their life decisions, regretting getting married, regretting having children, regretting financial decisions, all guilt that is associated with regret, Father, we break that guilt right now in Jesus Name.

Every demon that keeps them constantly looking into the past but not in the light of God's grace, not in the light of what Jesus Christ has done on the cross, we command you out in the name of Jesus. We break every demonic spirit, every familiar spirit, that causes them to endlessly look into the past with all of that self-destruction, that makes them loathe and rehearse and rehash past failures, Father, we break it off right now. Your Word says that we should forget the things that are behind and press onward to the high calling in Jesus Christ. So, Father, I pray that they'd be able to press forward in the will that You have for their lives.

Father, we thank you that through Christ Jesus' power of deliverance they will be able to accomplish all that you've called them to do. Father God, I thank you that they can complete their calling, they can complete their purpose, and they are not a victim to what others do around them.

Every demonic spirit of Jezebel, every demonic spirit of control that tries to get them to put their life in bondage to fear because of what others are doing in their lives, get out and go to the abyss in the Name of the Lord Jesus Christ! Self-pity to your neighbor, self-pity to your employer, self-pity to all of these things that puts you in a subservient position, that makes you convinced that others' actions are what control your life, Father, we break that deception right now.

All codependency that leads to unhealthy dependency on relationships, that leads to being in bondage to man-pleasing spirits get up and out! Every man-pleasing spirit that came in through codependency, I break codependency off their lives right now in the Name of the Lord Jesus Christ. Every demon that says everything bad only happens to you, every spirit of isolation that makes them think they're the only ones that have a tough life, makes them think they're the only ones that have bad things happen to them, or think things like God just must not want to bless me, God just must not want to deliver me, I break you wicked liars! You wicked liars that speak those things in their mind, I command you to come up and out right now, in the Name of the Lord Jesus Christ.

Every heart hardening spirit that tries to convince them out of the goodness of God, Father, we break it off in the Name of Jesus. Every demon that has trained the mind to immediately murmur, immediately complain in the midst of adversity, every demon that blocks faith, that leads to immediate complaining, immediate negative conclusions, immediate negative assumptions, we break it off. I pray, Father, that they would have faith and foresight to see how You can redeem, You can turn around situations in the long term. Father, I pray and I come against every demon that makes them nearsighted spiritually. Every demonic spirit that blocks the ability to foresee a situation, we break it off right now in Jesus' Name. Lord, I pray that they would have patience and long suffering. Father, in the book of James your Word says take account of the Lord, that He is patient and long-suffering. The Word says that we should look at the life of Job as an example to see the mercy and the pity that God shows towards His children, so we thank you. Father, in Jesus Name, I pray that You would fill them with patience. I pray that you'd fill them with long suffering, I pray that you'd fill them with longevity and endurance.

Father God, we curse every demonic spirit that creates a cycle of giving up on projects, giving up on goals, giving up on dreams. Every demonic spirit that causes an inability to be able to complete life goals and life tasks, Father, we command these demonic spirits to release the mind and release the dopamine receptors.

Every demonic spirit that has people addicted to short-term pleasure instead of long-term goals and long-term tasks, we break it off right now in Jesus' Name. Every spirit of the fear of rejection that makes them feel like people don't like what they're doing, people don't like their ministry, people don't like their business, their work if it's not immediately recognized, we break you off and command you out now in Jesus' Name. Father, your Word says that if we do things in secret our Heavenly Father who sees in secret shall reward us openly. Every demonic spirit that is contrary to that scripture, release their mind and come out! We cut you demons with the Sword of the Spirit!

Father, your Word says is My Word not like a fire, is My Word not like a hammer that breaks the rocks? Father, your Word breaks the stronghold, so every stronghold that we've called out today, I command it to release them right now in the Name of the Lord Jesus Christ. Every demon that says it's too difficult to follow God, oh that's for other people but it's not for me, God's making it too hard for me, I break that lie right now in the Name of Jesus. Father your Word says the things that are impossible with man are possible with God. Father, I pray that they would rely upon Your grace, rely upon Your strength, and they would not beat themselves up.

Every demon of self-induced affliction, every demon of self-induced torment, we break it off right now in the Name of the Lord Jesus! I thank you, Father, that even if they've fallen flat on their face and they have failed at what they need to do in life, that You, Father God, are giving them grace, that You are strengthening those who are weary. Father, your Word says You give strength to the weary, so we thank You.

Every demonic spirit that says you're too old, you're too physically unfit, you've failed too many times, every spirit of disqualification, release them and come out right now in Jesus Name! Every demon that says you are disqualified because of this, that, or another thing, we break it off right now in the Name of the Lord Jesus Christ. Come out spirits right now in the mighty Name of Jesus! Fire against you devils! We command you to burn up and release them! We pray the fire of God against you devils. We command you to release their mind! They have the mind of Christ, they can learn from bad things that have happened.

Father God, we thank You, in Jesus Name, that as the children of God we can learn from our mistakes. The children of God can learn from their mistakes, they can learn from their errors, and it can be a steppingstone to their victory, a steppingstone to their success. In the Name of Jesus, I command every demon of discouragement to release them right now. I pray, Father, that they would be encouraged in spirit, that they be filled with the Holy Spirit from the top of their heads to the soles of their feet and every demon spirit that is still manifesting, release them and come out right now, in Jesus' Name!

Every demonic spirit in the mind, mind binding spirits, mind tormenting spirits, release them! Out of the mouth! Release them! Out of the eyes, out of the nasal passage. Come out demons! Come out demons, right now, in the Name of the Lord Jesus Christ! Jesus Christ is the King of kings, the Lord of lords, He is ruling and reigning for all of eternity. We thank You, Father God, that these demons have no legal rights, they have no right to stay in the children of God. Father God, we thank you, in Jesus' Name, for complete victory.

Father God, may they be filled with the spirit of an overcomer. I pray, Father, that You would encourage and strengthen them by Your Spirit. I pray that they would pick themselves up, and regardless of what they have faced in life, regardless of the cards they've been dealt, so to speak, Father God, that You will give grace according to the measure of difficulty, and that which we've endured.

Father, your Word says he who is forgiven little, loves little, but he who is forgiven much, loves much. Every demon that says your past is too complex, every demon that says your past is too broken to be used by God, I break that lie in Jesus Name. Father, your Word says you use the despised, You've chosen the broken, you've chosen those who are not born of a noble birth, You've chosen those who are rejected by this world. We thank you, Father God, in the Name of Jesus Christ, that You don't necessarily call the qualified, but You qualify the called. We thank You, Father God.

I thank you, Father, that they can minister, they can have a successful marriage, they can have a successful shot at life. In Jesus' Name we pray that all that victim mentality, that self-loathing be broken off. It is a sin to self-loathe, to hate yourself. God doesn't hate you, God doesn't want you to self-loathe, He wants you to prosper. He

wants you to have an adequate proper view of yourself and not a despising view of yourself. I thank You, Father God, that they're coming into agreement with what Your Word says about who they are, that they are children of God, that they've been given the Spirit of God, whereby they can cry out to Abba Father, and not the spirit of fear.

Father God, may they be filled with the Spirit of God from the top of their heads to the soles of their feet. May they walk in the breakthrough that You've given them. Father, please fill them with wisdom right now. Lord, please pour wisdom out unto their mind throughout the rest of this day as they go about this day or this night. Father God, I pray that you would give them wisdom and revelation, that they'd be able to walk in the knowledge that you have sanctified them with.

We thank you, Father God, we pray all of these things in Jesus' mighty Name.