

Deliverance from Shame, Embarrassment & Guilt

I hope that you're blessed by this prayer. I'm going to be praying for your deliverance today. What we're going to be praying about today is overcoming shame, overcoming embarrassment, and guilt. There's a really good verse in the Book of Peter that says that he who believes in Jesus will never be put to shame.

You don't have to carry around shame, embarrassment and internal bondage, whether it be from bullying or even sexual abuse. Lord, You know the things that they have gone through, and where they failed in life. These kinds of things can all bring about a weight of shame into our lives.

Shame spirits, embarrassment, shyness and fear don't necessarily drive you to outward sin, but they can make you avoid people and even avoid God. God created You and loves you. On the other hand, shame is from the enemy. Shame can make it hard for people to talk to others about Jesus and salvation. That's why those spirits have to go.

I'm going to be praying now in the name of Jesus. Before we begin, make sure you find a comfortable place where you're not going to be distracted, so you can listen all the way through and receive deliverance. I want to encourage you with the Lord's promise that says, "whoever trusts in Him will never be put to shame."

They will never be confounded or put to shame who trust in the Lord Jesus Christ. Please come into agreement with that promise in God's word and into agreement with the finished work of the Cross. Make the decision to begin letting go of and resisting all shameful memories and feelings, which are arrows from the enemy.

I think a lot of times, hiding from people, hiding from responsibilities, feelings of depression and hopelessness come in when people have accepted shame. When you have shame, you're predisposed to negativity, to thinking you're going to fail, and to feeling like things aren't going to work out for you. Shame is an enemy of faith in God.

I will pray that shame be broken off you today in the name of Jesus. You don't have to pray at all. You can listen to this prayer. You may experience different manifestations, like coughing, burping, yawning, sneezing or crying. If those things happen when you're listening, the majority of the time it's demonic spirits coming out.

I'll just go ahead and pray for you now. Father, I thank you for the listener of this video. I thank you from my brother, I thank you for my sister. Father God, I pray in the name of the Lord Jesus Christ that they would be completely delivered from every demonic spirit. Father God, we come against the strongman of shame. I come against any bitterness that has come in through shame, in the name of the Lord Jesus Christ.

We command you spirits to leave right now. All shame that came in through failing at goals, failing in decisions and in dreams of one's life, I command that shame to be broken off right now in Jesus Christ's mighty name. Any demonic spirits that came into the mind through bullying, public embarrassment, or manipulation from narcissistic or selfish people. Father, we pray those things will be broken off their mind.

All "victim mentality" that comes with shame, we command it to go in the name of the Lord Jesus Christ. We thank you, Father God, that Jesus Christ took our shame on the cross, so we don't have to be ashamed. Any demonic spirits that try to make people ashamed of their testimony, ashamed of God, ashamed of their Christianity, we command all shame to go. Come up and out, spirits. We command you to release them right now in the name of the Lord Jesus Christ.

Feeling ashamed about bad decisions, about your past sins, I command the shame to go right now. Being ashamed about having committed abortion, about harming people, about having done drugs or having been a prostitute, I break that shame off in Jesus's name. Your word says, Father, that You remember our sins no more, that You have thrown them into the sea of forgetfulness. We thank you, Father, that they don't have to carry the baggage of past sins, even sins committed after they were born again.

I thank you, Father, that they can let go of the shame and other baggage in the name of the Lord Jesus Christ. I command every heavy weight to lift off them right now. Shame, heaviness, guilt, false guilt, come out. I come against false guilt right now in the name of the Lord Jesus Christ. Any demons that make it impossible for people to forgive themselves, come out. Unforgiveness against yourself, I command it to come up and out right now in the name of Jesus Christ.

Any demons that block people from coming into alignment with the forgiveness the Lord has granted them, we break that blockage. We break those stumbling stones and hindrances right now in the name of Jesus. Come up and all the way out, spirits. We burn you out in Jesus's mighty name. We give you no rest, spirits. We burn you out.

I pray that every fiery dart of shame would be uprooted from them in the name of the Lord Jesus Christ. Come up and out spirits. Come up and out of the mouth in the name of the Lord Jesus Christ.

Come out, hero mentality. Feeling like you have to go back and fix your past, like you have to right every past wrong, we command that deception to be broken in the name of the Lord Jesus Christ.

Come out, false guilt, come out right now in the name of Jesus Christ. Condemnation, guilt and shame, we command it out right now in the mighty name of Jesus Christ. Come out, spirits. Go in the name of Jesus. Any evil memory recall of past failures. We command it to go.

Any demons that came in through bullying, any spirits of suicide that came through bullying, come out. We come against any word curses of inadequacy. We command those to be broken right now in the name of the Lord Jesus Christ. Come up and out, spirits. Go, go, go, go!

All demons of humiliation, demons that came through public humiliation, we bind you with a threefold cord and we command you to go to the abyss right now. We take authority over you demons. You have no right in their lives. Your legal rights were destroyed on the Cross 2000 years ago. We thank you, Father, that Jesus Christ triumphed over principalities and powers, making an open spectacle of them.

We thank you, Father, that the devil has been put to an open shame. We thank You, Father that the devil's kingdom is put to an open shame. Father, your word says, he who believes in the Lord will never be put to shame. I pray, Father, that You would fill them with confidence in Your Son. I pray that you would fill them with confidence in the identity you have given them.

Father God, in the name of the Lord Jesus Christ, please fill them with confidence in the Lord Jesus Christ. Father God, please fill them with boldness. Father, Your word says the righteous are as bold as lions. Please give them boldness that flows from standing in a right relationship with you. Father God, we thank you in the name of Jesus Christ.

I command all cowardice, all timidity, and all fear spirits to come out now in the name of Jesus Christ. Come out, spirits. Go in the name of Jesus. Come out, come out, fear of isolation, fear of rejection, we command it to be broken right now in the name of the Lord Jesus Christ.

I command all disgrace to go in the name of Jesus. I command all embarrassment to come out. Come out, embarrassment that came in through being embarrassed by your parents. We command it to go right now.

Any demons that make people accustomed to being treated badly, being made fun of, accustomed to being taken advantage of, come out. Any soul wounds that came through being betrayed, Father, we pray that those soul wounds would be healed right now in the name of Jesus Christ.

Any spirits that are draining their life, draining their joy, draining their happiness, draining their energy, that came in through trauma, disgrace, embarrassment or humiliation, we

break them all off right now in the name of the Lord Jesus Christ. Keep coming up and out right now, spirits. I command you to release them in the name of the Lord Jesus.

Come all the way out right now. Release them in the name of the Lord Jesus Christ. We burn you spirits out. You have to go. Father, we pray the fire of God, seven times hotter, in Jesus's name. We pray an even hotter fire of the Holy Ghost, in the name of Jesus through their whole body. Lord, I pray that they would feel Your fire and Your presence burning up all these demonic spirits in the name of the Lord Jesus Christ.

Any shame that came in through being insecure about your appearance, any demon that torments you about your appearance, tells you you're ugly, tells you that you're fat, says you're unattractive, tells you that there's nothing desirable inside of you, we command it out right now in the name of Jesus. I break those lies.

All man pleasing spirits, come out of the mind. I command all man-pleasing spirits to come out of the mind in the name of the Lord Jesus . The word of God says that we are fearfully and wonderfully made. We thank you Father God that they can accept who you've made them to be.

All self-rejection, come out in the name of the Lord Jesus Christ. Double personality, double mindedness that has come in as a result of rejecting one's own self. We command it out right now. Depression spirits and heaviness spirits that have come in through self-rejection and shame, we command it out right now in the name of Jesus Christ. Come out spirits. Any demons still manifesting, that are tormenting them about their past sins, we command it to go right now.

The bible says God works all things together for the good of those who love Him. The bible says that we should count it all joy we when you fall into various trials, because we grow end up perfect, lacking nothing. We thank you, Father God, that you are using everything in the child of God's life for Your glory and for their growth. In the name of Jesus, I come against all evil memory recall, past sin, all evil memory recall of past bullying, past trauma, past abuse, we command it out right now in the name of the Lord Jesus Christ.

Any spirits of bitterness that came through people rendering evil unto you, we command that bitterness to come out in the name of Jesus. Any anger, rage, frustration, irritability that is triggered when they feel rejected, I command it out. All of those irritable spirits that have come in as a result of shame and humiliation, we command it to go.

Any demons that lie about God's character, any demons that discourage people from trusting God, that try to distort God's character, all demons that try to break trust in God's character and the promises of God, we command them all to go in Jesus's name.

Doubt and unbelief, we command them out of their mind right now. Come out spirits. Go, in the name of the Lord Jesus Christ. Feeling like God will not come through for you, feeling like God will not avenge you, come out. The bible says that God will speedily avenge those who cry out to him day and night.

We thank you, Father God, that you vindicate the children of God, that they are not put to a shame, even in the midst of turmoil, even in the midst of tribulation and trials. Father, please give them peace to be able to endure trials without hastily concluding that something is not going to work out. All anxiety that makes people think negatively, or assume they will not succeed, we command it to go right now in the name of Jesus.

The bible says that Jesus did not revile when He was reviled against, but committed Himself unto him who judges righteously. Father God, we thank you for that example of patience and trusting God exhibited by the Lord Jesus Christ. I thank you, Father, God that you will vindicate my brothers and sisters as well, in Jesus mighty name.

I command all gloominess and heaviness, to come out, come out of the body members right now, spirits. Come out of the chest, come out of the stomach, the shoulders, release off the body. Every heavy burden, I command to be released off the body in the name of the Lord Jesus Christ.

We command you spirits to come out of the eyes, the nasal passage, the mouth, the ears, and all of the body gates. Come out of the body gates right now in the mighty name of Jesus Christ. Come all the way out, spirits. We command you to release them now and come out in Jesus's name.

Come out, you wicked spirits. We command you to flee in the mighty name of Jesus. We burn you up. Hotter fire against you devils right now in Jesus's name. All the way out, all the way up, and out all the way up and out, spirits. I command you to flee right now in Jesus name you can't stay in there.

We turn up the fire hotter in the name of the Lord Jesus Christ. Father God, I pray that they would feel your fire burning up these spirits. I pray that they'd be able to let go in Jesus's name, Father, and give control and trust of their lives of their lives over to you.

Father God, Your word says that You sent Your word and You healed Your people and You delivered them from their distresses. We thank you, Father God, that You always hear our prayers in the midst of distress. Father, in the name of Jesus, I come against every demon that makes people feel God is not hearing them, God doesn't care for them, I break those lies and those deceptions.

I command demonic spirits to be uprooted in the name of the Lord Jesus Christ. Come out of the soul, out of the mind, come out of the body right now, spirits. Wherever you're, hiding, whatever trauma, whatever open door you came through, even if you came down

generationally, I don't care. Be uprooted and leave now in Jesus's mighty name. Come out of the mouth right now as they breathe.

You have to go in Jesus's name. Father, I pray for the destruction of all roots of guilt that produced bad fruit. I command all false piety, false humility, feeling like you're humble for beating yourself up, self-torment, self-destruction, come out now in the name of the Lord Jesus Christ.

Feeling like it's humble to accept defeat, that it's humble to accept negative thoughts about yourself, we command those deceptions to be broken. Father, I pray that all lines of negative thinking about oneself would be broken. Demons that tell them that when things go wrong, they are being punished by God for the things they are ashamed of, we uproot those lies. The Bible says that we are not appointed to wrath, but to obtain salvation through our Lord Jesus Christ.

Come up and out, spirits, right now in the name of the Lord Jesus Christ. We burn you out. We pray the fire of the Lord against you spirits. You have to go in Jesus's name. Come out right now. Shame in your family, feeling like you could never measure up to your spouse's requirements, or to your parents' expectations, we command it to go.

Fear of not measuring up to people's expectations, we command it broken. I command the fear the man to come out now in the name of the Lord Jesus Christ. Come out spirits. Out, in the name of Jesus. Spirit of inadequacy that came from either disappointing others, or just being afraid you had, come out now. Hypersensitivity, come out in the name of the Lord Jesus Christ. Putting too much stock in the opinion of others, we command that deception to be broken in Jesus's name.

Father, I pray that they would strive, Father, to only please You. I pray they would desire to please You and You alone, Father God in the name of the Lord Jesus Christ. Come out, spirits of striving for acceptance. Every demon that makes people work for acceptance, work for approval, all performance-oriented spirits, come out now in the name of the Lord Jesus Christ.

Feeling the need to alter your personality or the way you conduct your life to please others, we command it out right now in the name of Jesus. Come out, spirits. Go in the name of the Lord Jesus Christ. Every heavy burden that came from unnecessarily high expectations from others or themselves, let those burdens to come off them now.

In the name of Jesus, we command fear and anxiety to come out. We command it out right now. We cut you devils with the sword of the spirit. We command you to release them and go out in Jesus's name. We call Holy Spirit fire on you, spirits. Come up and out of the mouth, out of the eyes, out of the nasal passages. Any demons creating pressure or tension in the forehead, I command you to come out right now.

Control spirits, release their mind, release their head, in the mighty name of Jesus Christ. We burn you spirits up right now out in Jesus's name. Come out in the name of Jesus. Come all the way out, spirits. We burn you out and call the fire of the Lord against you. You have to go right now in Jesus's name. Come up and out, come up and out in the mighty, powerful name of the Lord Jesus Christ.

Come out right now, you wicked spirits. We command you all to go in Jesus's mighty name. Release them, release them, release them. Come all the way out in the name of Jesus Christ. Father God, we pray that the spirit of shame, embarrassment, disgrace, disappointment and hopelessness would all be uprooted.

Every tree that does not bear good fruit, we cut it down and throw it into the fire in the name of the Lord Jesus Christ. We destroy the works of Satan in their life. You can no longer work these works in their life. We renounce them, we break them and we command those demons to come out in the name of Jesus Christ right now.

Release out of the chest, release out of the stomach, out of the lower torso release and go in the name of Jesus. Come all the way out, spirits, in Jesus Christ's mighty name. We thank you, Father God. Father, please fill them with the Holy Spirit in the name of the Lord Jesus. Please fill them with joy and peace and boldness, Father. Boldness that comes from knowing Your Son. boldness comes from trusting Your Son.

We thank you, Jesus. We thank You, Father God. I pray that You would fill every empty place with the Holy Spirit. We seal this deliverance in the powerful name of Jesus Christ. Amen and amen.

God bless you all. If you're still receiving deliverance, you can go back to the beginning of this video and rewatch it many, many times. I want to encourage you all to walk in holiness, to trust God with your life and trust God with your thoughts.

You can find more prayers like this on YouTube from Deliverance Revolution. Visit the Deliverance Revolution website for written prayers and renunciation. We have live prayer meetings twice a day on Zoom at 11 AM and 7 PM eastern time. They are held every day but Sunday. We cast out demons, but also focus on closing our sin doors, renewing our minds with the Word of God, and seeking the Lord. Those are the real keys.

Pastor Nate Thompson

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