

## **Deliverance from Nervous Habits and Restlessness**

I'm going to be leading and praying for your deliverance against demonic spirits that cause all forms of nervous habits and restlessness.

If there's anything that you want to mention before we go ahead and pray, you can confess it to the Lord and repent. While I pray for you, you don't have to repeat but can just participate in faith and receive it. It can actually hinder your deliverance if you are speaking while I am praying.

In the name of Jesus Christ I pray that God would set you free from this torment in Jesus' name and that you'd be able to be still and to know that God is God in Jesus' name.

Father in Jesus' name I thank You for my brothers and sisters Lord. I pray that they would be set free today in a powerful way in the name of Jesus Christ I bind every unclean spirit that hears the sound of my voice. You wicked spirits have to come up and out right now in the name of the Lord Jesus Christ.

Father I pray that the fire of God would burn up every unclean spirit in the mighty name of Jesus Christ. I know you demons are tormented by this prayer. The torment that you have been causing in their life we command it to cease in the name of the Lord Jesus. I command every demonic Spirit to come up out of there in the name of the Lord Jesus right now.

Father I pray that the fire of God would burn up every demon that causes people to be restless, that causes people to be anxious, that causes people to be socially awkward and nervous. Every Spirit of escapism that is responsible for nervous habits, we drive it out in the name of the Lord Jesus Christ. Come up out of there you wicked Spirits. We command you to dislodge in the name of Jesus Christ. Devils that cause Tourette's, devils that cause nervousness, devils that cause shaking, twitching and spasms in the body, we command you to pop loose and come out in the name of Jesus Christ. We spiritually lay hands by faith and command every demon to come out in the name of Jesus Christ.

Father, Your Word says that You are an all-consuming fire and in the name of Jesus, I pray that the all-consuming fire of God would burn up every evil spirit of torment, spirit of suffering, spirits that cause destruction, self-harm. Spirits of self-harm that are responsible for destructive habits in the name of Jesus Christ we command you to come out right now. Spirits that cause self-destruction, damage against one's own body, in Jesus Christ's name we command you spirits to come out right now.

The Bible says that our bodies are the Temple of the Holy Spirit. Every demonic spirit that causes people to sleep in an unnatural way, sleep in a way that causes damage to

the spine, damage to the hands and the arms; in the name of Jesus Christ, you come out. Spirits that cause people's bodies to be sitting in weird positions when they're sitting, sleeping or standing. You demonic spirits that are subtly causing people to damage their own bodies, in the name of Jesus Christ we command you spirits to come out. You demons in the bones, the nervous system and in the muscles come out in the name of Jesus Christ. Right now, we command every demon to flee because the children of God have submitted themselves to God and resisted you. You Spirits have to flee in the name of Jesus Christ. Right now, we bind you with chains and shackles of fire and command you demons to come out in the name of Jesus Christ. Right now, come up and out of there you wicked spirits. We command you to come out in the name of the Lord Jesus. Right now, we command you to come out.

The Word of God says be anxious for nothing but in prayer and supplication let the request be known to God with thanksgiving, and the peace of God will rule our hearts and minds in Jesus Christ. Father I pray that the peace of God would rule their hearts and minds in Jesus Christ's name.

Every demonic spirit that makes people feel tormented, that makes people feel like they're going to internally explode, like they can't sit still. Every Spirit of ADD, ADH and OCD, in the name of Jesus we command it out. You spirits that are responsible for these nervous habits and unnatural body positions and tormenting oneself, we command it out right now, in the name of Jesus Christ. Spirits of insecurity, spirits of shame and spirits of inferiority, we command you to come out in the name of the name of the Lord Jesus Christ. Come up and out of there you wicked spirits. In the mighty name of Jesus Christ, we command you to manifest and go to the abyss, right now. Come out you wicked spirits of self-harm and self-destruction. Release the people of God in the name of the Lord Jesus.

Spirit of fear, fear of man that causes nervous habits, we command you to leave in the name of Jesus. Every demon that makes people uncomfortable to sit through long periods of time, to listen to long sermons, to listen to long messages or study things for a long period of time. You demonic spirits that manipulate people's attention span and distract them, come out in the name of Jesus. Manipulation and destruction of the attention span, we command it out in the name of the Lord Jesus Christ. Come up out of there right now, you wicked spirits. We burn you out in the name of the Lord Jesus Christ. We burn you out. I know that you demons hear the sound of my voice and we loose the judgment of God. We loose the bow of God's wrath on every evil spirit in the name of Jesus Christ. Come up out of there you wicked spirits.

In the name of Jesus, out spirit of restlessness. Demons that cause people to not be able to rest or to feel that you always have to be doing something, in Jesus Christ's name we break that bondage. Every demon that torments people when they sit in silence and that torments people when they sit still, we command these demons to come out in the name of Jesus Christ. Come out of there you wicked spirits. We burn

you up in Jesus Christ's name and we command you to flee right now. Come out hyperactivity, demons that make adults hyperactive when they shouldn't be, we command it to leave in the name of Jesus.

Inability to look at somebody in the eyes, inability to hold a conversation, inability to be able to be comfortable when speaking with others and fear of public speaking come out in the name of Jesus Christ. You wicked spirits come out in Jesus Christ's mighty name.

Come out in Jesus Christ's mighty name, you wicked spirits of fear that came in through childhood trauma. Nervous habit spirits that came in through childhood trauma we command them out in the name of Jesus Christ. Out of there you wicked spirits. Leviathan, spirit that is responsible for this torment, come out, come out. I command you to come out in the name of the Lord Jesus Christ right now up and out of there. You wicked spirits, by the blood of Jesus Christ you demons cannot stay in there. Out in the powerful name of the Lord Jesus. Every demon that causes an inability to sit through a deliverance or to sit through doing a deliverance.

You demonic spirits that make people fear the opinion of man, fear of man, fear of the opinion of man, people pleasing. Spirits that cause people to have short attention span, always distracted thinking about what's going on in the house, thinking about what's going on with your phone. Every demonic spirit that causes distraction of the mind, diverting away from that which is important we command it out. Come out of their spirits in the name of the Lord Jesus Christ. You have to flee, right now, you can't stay in there. Demons, out in the name of Jesus Christ.

Father I pray that they'd so be filled with peace, meekness and self-control. Give them awareness Father God when the devil's trying to torment them. Give them awareness Father God, when the devil's trying to manipulate their members. Lord, Your Word says that we should yield our members as instruments of righteousness. To lay our lives down, our bodies down as living sacrifices, holy and acceptable unto God.

Father, I believe that even not being anxious or nervous can fall into this category. So, in the name of Jesus every demonic spirit in the body has to come out. Demons manifesting through coughing, twitching, spasms, crying, yawning, burping, sneezing or vomiting; in the name of Jesus, come out of there. Any devil saying, "I don't have to leave because they're listening to a pre-recorded prayer." Any devils trying to hide in Jesus' name, we loose the power of God to uproot you in Jesus' name. We pray that the power of God would expose the hiding place of any unclean spirits. In the name of Jesus Christ, come up all the way out of their spirits.

Devils that cause bouncy leg syndrome, we command you to come out in the name of the Lord Jesus. Demons that make people have nervous habits, specifically when sitting in a congregation of the righteous, when sitting amongst the assembling of the

Saints, when listening to a sermon, when listening to a prayer, when preaching the Word of God or when evangelizing, etc. We break that religious, nervous habit. Demon, in the name of Jesus Christ, come up all the way out of there. In the name of the Lord Jesus come out, come out come out in Jesus' name. Come out in Jesus' name you wicked spirits of destruction. Come out in the mighty name of the Lord Jesus Christ right now.

Spirit of escapism, come out in the mighty name of the Lord Jesus Christ, right now. We've thoroughly called you spirits out and we command you to leave in the name of the Lord Jesus Christ, right now. Demons that cause procrastination, demons that cause delay, demons that cause them to be unfruitful in the usage of their time, we command it out. The Word of God says: "Redeem the time for the days are evil." In the name of Jesus Christ, every wasting away spirit and every time-wasting spirit we command it out. Come out of their spirits in the name of Jesus. Dislodge from their bodies and be utterly uprooted in the name of Jesus Christ.

All restlessness and nervousness that is rooted in shame, that is rooted in panic, anxiety and anxiety disorder. Spirits come at out of there right now in the name of the Lord Jesus Christ. Come out spirits, come out in the name of Jesus Christ. We command you to flee. Come out come out every demon that makes people joke and jest because of nervousness and causes them to be class clown or feel like you constantly have to joke.

Demons that make people talk when it's not appropriate, demons that make people hasty to speak, in the name of Jesus Christ, we command you spirits to come out of there right now. Come out of the people of God in the name of the Lord Jesus Christ. Come out, come out hasty speech, come out in the name of the Lord Jesus Christ. Demons that block self-control with one's speech, we command it out in the mighty name of Jesus Christ.

Any demonic spirits that cause damage, scratching, squeezing, pinching, poking, probing of one's own body in order to re relieve anxiety, we command it out in the name of Jesus Christ. You spirits that Inspire these destructive habits; we command you to come out in the name of Jesus Christ right now. All the way up and out Satan in the name of the Lord Jesus. Thank You Father. We command out the strong man of anxiety, we command out the strong man of fear. The word of God says God has not given us a spirit of fear but of power love and sound mind. In the name of Jesus Christ, I command you demonic spirits of fear to come out. Father, I ask that they would rather be filled with power, love and a sound mind.

In the name of Jesus, all demons that make people man-centered and that block people from acknowledging the sovereignty of God. Spirits that block people from trusting in God and instead doubting God, which causes anxiety. Doubting the will of God, doubting the goodness of God and the character of God, which causes anxiety. We

command it out. Come out of their spirits, come up all the way out, in the name of the Lord Jesus Christ right now. Come up all the way out in the name of the Lord Jesus Christ right now.

Father, I pray that total body autonomy would be restored, Lord, unto them in the name of Jesus. That even the finite movements of their fingers, their legs, their head, their neck and all areas of their body would be restored in the name of Jesus Christ, right now.

Any spirits that cause OCD, a Superstition to believe that something bad will happen, hypochondria, demonic spirits that cause paranoia, yes, paranoia. Spirits that that lead to nervous habits, we command them out right now, in the name of Jesus Christ.

Thank You Heavenly Father for freedom in the name of the Lord Jesus. Father, Your Word said that where the Spirit of the Lord is there is Liberty. In Jesus' name, may they be filled with this Liberty may they be filled with the Spirit of the Living God, in the name of Jesus Christ. Thank you Heavenly Father for Your Holy Spirit. Father, may Your Holy Spirit fill them and give them the fruit of self-control in the name of Jesus Christ. Help them Father to be comfortable in their own bodies. Help them to be confident in who they are as a son or daughter of God in the name of Jesus. Father, please fill them with a strong confidence. The Word of God says: "In the fear of the Lord there is strong Confidence." and God's children shall have a place of Refuge. So, in the name of Jesus Father, may they be totally set free in in Jesus Christ's Holy Name. We give You praise and thanks Father, God. May there be a shift in their mind, body and soul from now on going forward in Jesus Christ's holy name we pray. Amen

God bless you guys and continue to walk in holiness, to endure in Jesus Christ and to love God with your whole heart. That is the point of the deliverance, it's to follow Jesus Christ. So don't be a hearer of the Word only but be a doer of the Word. In Jesus Christ's name. Amen

**Pastor Nate Thompson**

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