

30 DAY CONFESSIONS CHALLENGE

*By the word of the Lord the heavens were made,
And all the host of them by the breath of His mouth. ~Psalm 33:6*

*Death and life are in the power of the tongue,
And those who love it will eat its fruit. ~Proverbs 18:21*

*For by your words you will be justified,
And by your words you will be condemned. ~Matthew 12:37*

*So then faith comes by hearing,
And hearing by the Word of God ~Romans 10:17*

Directions:

- 1) Speak the attached confessions OUT LOUD 3 TIMES PER DAY for 30 days straight.
- 2) Each time you complete a round of confessions, check off a box below.
- 3) Watch your life radically change and your faith grow as you align your words with the Word of God.

<u>Day</u>	<u>Round 1</u>	<u>Round 2</u>	<u>Round 3</u>
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Daily Confessions From God's Word

I am a member of the Body of Christ and Satan has no power over me. I overcome evil with good. (Luke 10:19, 1 Cor. 12:27, Romans 12:21)

I am of God and have overcome Satan by the blood of Jesus and the word of my testimony. Greater is He that is in me, than he that is in the world. (Rev. 12:11, 1 John 4:4)

I will fear no evil for the Lord is with me, His Word and His Holy Spirit comfort me. (Psalms 23:4)

Oppression, fear, and terror will not come near me or my family. (Isaiah 54:14)

God has promised as a part of my heritage that no weapon formed against me will prosper. (Isaiah 54:17)

I am the righteousness of God in Christ Jesus. (Romans 3:22)

I am delivered from the evils of this present world for it is the will of God. (Galatians 1:4)

No evil will befall me neither will any plague come near my dwelling. The Lord has given His angels charge over me and they will keep me in all my ways. In my pathway is life and there is no death. (Psalms 91:10-11, Proverbs 12:28)

I will live and not die to declare the works of the Lord. (Psalms 118:17)

Because I am a doer of God's Word, I am blessed in my deeds.
(James 1:22, 25)

I take the shield of faith and I quench every fiery dart that Satan and his demons bring against me. (Ephesians 6:16)

The Lord Jesus Christ has redeemed me from the curse of the law. Therefore, I forbid any sickness or disease from coming upon this body. Every disease germ and virus that touches this body dies instantly in the Name of Jesus! Every organ, tissue, and cell of this body functions in the perfection to which God created it to function, and I forbid any malfunction in this body, in the Name of Jesus!
(Galatians 3:13, Romans 8:11, Genesis 1:31, Matthew 16:19)

Because I am submitted to God and I resist the devil, he must flee from me.
(James 4:7)

Great is the peace of my children for they are taught of the Lord.
(Isaiah 54:13, Deut. 6:7)

Christ has redeemed me from the curse of the law. Christ has redeemed me from poverty. Christ has redeemed me from sickness and disease. Christ has redeemed me from spiritual death.
(Galatians 3:13, Deut. 28)

For poverty He has given me wealth, for sickness and disease He has given me perfect health and wholeness, for death He has given me eternal life. (2 Cor. 8:9, Isaiah 53:5-6, John 10:10, John 5:24)

Because I delight myself in the Lord, He gives me the desires of my heart. (Psalms 37:4)

Because I am a cheerful giver to the Lord's work, the Word says I will receive it back in good measure, pressed down, shaken together, and running over. (2 Cor. 9:7, Luke 6:38)

With what measure I give it is measured unto me. I sow bountifully, therefore I reap bountifully. I give cheerfully, and my God has made all grace abound toward me and I have all sufficiency of all things. (2 Cor. 9:6-8)

I do not lack, for my God supplies all of my needs according to His riches in glory by Christ Jesus. (Philippians 4:19)

Because the Lord is my Shepherd, I do not want. Jesus was made poor, that I through His poverty might have abundance. He came that I might have life and have it more abundantly. (Psalms 23:1, 2 Cor. 8:9, John 10:10)

I have received the gift of righteousness and I reign as a king in life by Jesus Christ. (Romans 5:17)

The Lord has pleasure in the prosperity of His servant. The blessing of Abraham is mine through Jesus Christ. (Psalms 35:27, Galatians 3:14)

The Spirit of Truth abides in me and teaches me all things, and He guides me into all Truth. Therefore, I confess I have perfect knowledge of every situation and every circumstance that I come up against. I have the mind of Christ. (John 16:13, 1 Cor. 2:16)

Because I ask the Lord for wisdom He gives it to me liberally. (James 1:5)

I trust in the Lord with all my heart and I do not lean to my own understanding. (Proverbs 3:5)

In all of my ways I do acknowledge Him and He directs my paths. (Proverbs 3:6)

The Lord will perfect that which concerns me. (Psalms 138:8)

I let the Word of Christ dwell in me richly in all wisdom. (Colossians

3:16)

I do follow the Good Shepherd and I know His voice. I will not listen to the voice of a stranger. (John 10:4-5)

Jesus is made unto me wisdom, righteousness, sanctification, and redemption. Therefore I confess I have the wisdom of God, and I am the righteousness of God in Christ Jesus. (1 Cor. 1:30, 2 Cor. 5:21)

I am filled with the knowledge of the Lord's will in all wisdom and spiritual understanding. (Colossians 1:9)

I am a new creation in Christ Jesus. My old nature is taken away, behold all things have become new! (2 Cor. 5:17)

I have put off the old man and have put on the new man, which is renewed in the knowledge after the image of Him that created me. (Colossians 3:10)

I received the Spirit of wisdom and revelation in the knowledge of Him, the eyes of my understanding are being enlightened. (Ephesians 1:17-18)

I am not conformed to this world but am transformed by the renewing of my mind. My mind is renewed by the Word of God. (Romans 12:2)

I am fruitful in every good work and I am increasing in the knowledge of God. I am strengthened with all might according to His glorious power. (Colossians 1:10-11)

I am delivered from the power (authority) of darkness and I have been translated into the kingdom of God's Dear Son. Therefore, sin, Satan, demons, sickness, disease, bondages, strongholds, and poverty has no authority over me! (Colossians 1:13)

I am born of God and I have world overcoming faith residing on the

inside of me. Greater is He that is in me, than he that is in the world.
(1 John 5:4-5, 1 John 4:4)

I can do all things through Christ, which strengthens me.
(Philippians 4:13)

The joy of the Lord is my strength. The Lord is the strength of my
life. (Nehemiah 8:10, Psalms 27:1)

Because I petition the Lord by prayer and supplication with
thanksgiving, the peace of God which passes all understanding
keeps my heart and mind through Christ Jesus. Things which are
good, pure, perfect, lovely, and of good report, I do and will think on
these things. (Philippians 4:6-8)

I let no corrupt communication proceed out of my mouth, but that
which is good to edifying, that it may minister grace to the hearer. I
will not grieve the Holy Spirit of God, whereby I am sealed unto the
day of redemption. (Ephesians 4:29)

I speak the Truth of God's Word in love and I grow up into the Lord
Jesus Christ in all things. (Ephesians 4:15)

No man will take me out of God's hand for I have eternal life. (John
10:29)

I let the peace of God rule in my heart and I refuse to worry about
anything. (Colossians 3:15)

I will not let the Word of God depart from before my eyes. The
Word is life to me and It is health and healing to all of my flesh.
(Proverbs 4:21-22)

God is for me! God is in me now, who can be against me? He has
given to me all things that pertain unto life and godliness.
Therefore, I am a partaker of His divine nature. (2 Cor. 6:16, John
10:10, 2 Peter 1:3-4, Romans 8:31)

I am a believer and these signs do and will follow me. In the Name of Jesus I cast out demons, I speak with new tongues, I lay hands on the sick and they do and will recover. (Mark 16:17-18)

Jesus gave me the authority to use His Name. That which I bind on earth is bound in the Heavens. That which I loose on earth is loosed in the Heavens. Therefore, in the Name of the Lord Jesus Christ I bind the principalities, the powers, the rulers of the darkness of this world. I bind and cast down spiritual wickedness in high places and render them harmless and ineffective against me and my family in the Name of Jesus! (Matthew 16:19, John 16:23-24, Ephesians 6:12)

I am complete in Christ who is the Head of all principality and power. I am God's workmanship, created in Christ Jesus unto good works which God has before ordained that I should walk therein. (Colossians 2:10, Ephesians 2:10)

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WHO I AM IN CHRIST CONFESSION

I am complete in Him Who is the Head of all principality and power
(Colossians 2:10).

I am alive with Christ (Ephesians 2:5).

I am free from the law of sin and death (Romans 8:2).

I am far from oppression, and fear does not come near me (Isaiah
54:14).

I am born of God, and the evil one does not touch me (1 John 5:18).

I am holy and without blame before Him in love (Ephesians 1:4; 1
Peter 1:16).

I have the mind of Christ (1 Corinthians 2:16; Philippians 2:5).

I have the peace of God that passes all understanding (Philippians
4:7).

I have the Greater One living in me; greater is He Who is in me than
he who is in the world (1 John 4:4).

I have received the gift of righteousness and reign as a king in life by
Jesus Christ (Romans 5:17).

I have received the spirit of wisdom and revelation in the knowledge of Jesus, the eyes of my understanding being enlightened (Ephesians 1:17,18).

I have received the power of the Holy Spirit to lay hands on the sick and see them recover, to cast out demons, to speak with new tongues.

I have power over all the power of the enemy, and nothing shall by any means harm me (Mark 16:17,18; Luke 10:17,19).

I have put off the old man and have put on the new man, which is renewed in the knowledge after the image of Him Who created me (Colossians 3:9,10).

I have given, and it is given to me; good measure, pressed down, shaken together, and running over, men give into my bosom (Luke 6:38).

I have no lack for my God supplies all of my need according to His riches in glory by Christ Jesus (Philippians 4:19).

I can quench all the fiery darts of the wicked one with my shield of faith (Ephesians 6:16).

I can do all things through Christ Jesus (Philippians 4:13).

I show forth the praises of God Who has called me out of darkness into His marvelous light (1 Peter 2:9).

I am God's child—for I am born again of the incorruptible seed of the Word of God, which lives and abides forever (1 Peter 1:23).

I am God's workmanship, created in Christ unto good works (Ephesians 2:10).

I am a new creature in Christ (2 Corinthians 5:17).

I am a spirit being—alive to God (Romans 6:11; 1 Thessalonians 5:23).

I am a believer, and the light of the Gospel shines in my mind (2 Corinthians 4:4).

I am a doer of the Word and blessed in my actions (James 1:22, 25).

I am a joint-heir with Christ (Romans 8:17).

I am more than a conqueror through Him Who loves me (Romans 8:37).

I am an overcomer by the blood of the Lamb and the word of my testimony (Revelation 12:11).

I am a partaker of His divine nature (2 Peter 1:3,4).

I am an ambassador for Christ (2 Corinthians 5:20).

I am part of a chosen generation, a royal priesthood, a holy nation, a purchased people (1 Peter 2:9).

I am the righteousness of God in Jesus Christ (2 Corinthians 5:21).

I am the temple of the Holy Spirit; I am not my own (1 Corinthians 6:19).

I am the head and not the tail; I am above only and not beneath (Deuteronomy 28:13).

I am the light of the world (Matthew 5:14).

I am His elect, full of mercy, kindness, humility, and longsuffering (Romans 8:33; Colossians 3:12).

I am forgiven of all my sins and washed in the Blood (Ephesians 1:7).

I am delivered from the power of darkness and translated into God's kingdom (Colossians 1:13).

I am redeemed from the curse of sin, sickness, and poverty (Deuteronomy 28:15-68; Galatians 3:13).

I am firmly rooted, built up, established in my faith and overflowing with gratitude (Colossians 2:7).

I am called of God to be the voice of His praise (Psalm 66:8; 2 Timothy 1:9).

I am healed by the stripes of Jesus (Isaiah 53:5; 1 Peter 2:24).

I am raised up with Christ and seated in heavenly places (Ephesians 2:6;

Colossians 2:12;).

I am greatly loved by God (Romans 1:7; Ephesians 2:4; Colossians 3:12;
1 Thessalonians 1:4).

I am strengthened with all might according to His glorious power
(Colossians 1:11).

I am submitted to God, and the devil flees from me because I resist him
in the Name of Jesus (James 4:7).

I press on toward the goal to win the prize to which God in Christ Jesus
is calling us upward (Philippians 3:14).

For God has not given us a spirit of fear; but of power, love, and a sound
mind (2 Timothy 1:7).

It is not I who live, but Christ lives in me (Galatians 2:20).

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Declarations to Ignite Your Faith

1. I set the course of my life with my words (James 3:2-5; Proverbs 18:21).
2. God is on my side; therefore, I declare that I cannot be defeated (Romans 8:37; Psalm 91; Philippians 4:13).
3. I am the head, not the tail. I have insight. I have wisdom. I have ideas and divine strategies. I have authority (Deuteronomy 8:18; Deuteronomy 28:13; James 1:5-8; Luke 10:19).
4. My family and those connected to us are protected from disasters, disease, divorce, adultery, poverty, false accusation, foolish decisions and all accidents (Psalm 91).
5. As Abraham did, I speak God's promises over my life so that my faith is strengthened to possess all of God's promises (Romans 4:17-23).
6. I have a sound mind. I think the right thoughts, say the right words, and make the right decisions in every situation I face (2 Timothy 1:7).
7. I expect to have powerful, divine appointments today to heal the sick, raise the dead, prophesy life, lead people to Christ, bring deliverance, release signs and wonders, and bless every place I go (the book of Acts).
8. I expect that today will be the best day of my life spiritually, emotionally, relationally, and financially in Jesus' name (Romans 15:13).

Confession of Faith in the Blood of Jesus!

According to the Bible, living the overcoming, victorious Christian life involves testifying (confessing) to what the Word of God and the Blood of Jesus has done and is doing for me now.

The Blood of Jesus is the Blood of the new covenant which has been shed for me. *(Luke 22:20)*

The Blood of Jesus is the Blood of the everlasting covenant which is in force for me for all eternity. *(Hebrews 13:20)*

The life is in the Blood of Jesus, therefore the very life of God lives in my spirit and flows into my soul (mind, will and emotions) and into my physical body. *(Genesis 9:4; Leviticus 17:11)*

Through faith in the Blood of Jesus I have been redeemed, bought from the hand of the enemy. Therefore I am no longer in the kingdom of darkness but through the Blood I have been translated into the Kingdom of God's dear Son. *(Colossians 1:13-14; Ephesians 1:7; I Peter 1:18-19; Acts 20:28; Hebrews 9:12)*

The Blood of Jesus is very precious to me because of its cleansing power from all sin and unrighteousness, which includes all the consequences and effects of sin. *(I John 1:7, 9; Hebrews 10:10-25; Revelation 19:7-9)*

Through the precious Blood of Jesus I have been made unto God a king and a priest and have been given authority to reign with him on the earth now and for all eternity. (*Revelation 5:9-10; Romans 5:17 The Amplified Bible*)

Through the Blood of Jesus all my sins have been remitted, therefore I am now washed, sanctified and justified, as though sin never existed. (*I Corinthians 6:11*)

I have been bought for a price, purchased with a preciousness (the Blood of Jesus), paid for, made His own. I now honour and bring glory to Him in my body and in my spirit, which are God's. (*I Corinthians 6:20 The Amplified Bible*)

Not only is my spirit made new - recreated - by the Blood of Jesus, but my conscience has been cleansed. I am now free from ALL guilt, unworthiness, condemnation and sin-consciousness. (*Hebrews 9:14*)

Through the Blood of the everlasting covenant God makes me perfect, that is He strengthens, completes, makes me what I ought to be, equips me with everything good that I may carry out His will. (*Hebrews 13:20-21 The Amplified Bible*)

Through the Blood of Jesus I have boldness now to enter into the holy of holies in heaven into the presence of God with a true heart in full assurance of faith. I am now free from all fear and timidity. (*Hebrews 10:19-22; Ephesians 2:13*)

Through the Blood of Jesus I have been sanctified, set apart for Him. (*Hebrews 10:10*)

Through the shedding of Blood of Jesus I now have healing and health in my body because Jesus bore my griefs, sicknesses, diseases, weaknesses, distresses and pains. By His stripes I am healed. (*Isaiah 53:4-5; I Peter 2:24; Matthew 8:16-17; Galatians 3:13-14*)

Through the Blood of Jesus I have been redeemed from the curse of lack and poverty for Jesus Himself bore the chastisement needful to obtain peace, prosperity and total well-being* for me. Though Jesus was so very rich, yet for my sake he became so very poor on the cross, in order that by His poverty I might become abundantly supplied. (*Isaiah 53:4-5; II Corinthians 8:9*)

*The Hebrew word "shalom" means peace, prosperity and total well-being.

I have faith in the power of the Blood of Jesus and the Word of God to provide protection for my spirit, soul, body, family, home, and everything that concerns me. When I submit myself to the Word of God, resist the devil, and exercise faith in the power of the Blood, the wicked one cannot touch me. (*I John 5:18; Luke 10:19; Psalm 91*)

Because of what the Blood and the Word has done for me I am continually overcoming the world, the flesh and the devil. I refuse to be defeated! (*Revelation 12:11; I John 5:4-5*)

On the basis of the Blood of Jesus I have a standing of eternal sonship with all of it's rights and privileges. (*Romans 8:15-17; I John 3:1-2*)

On the ground of Jesus' Blood I have a legal right to use the Name of Jesus. (*Philippians 2:7-11; John 16:23; Mark 16:17-18*)

I have authority to Plead The Blood Of Jesus. Jesus' Blood is alive and speaks on our behalf today. (*Hebrews 12:24-25*) Many examples from the Bible show the relationship between the Blood of Jesus and a particular benefit such as redemption, forgiveness of sins, cleansing, sanctification, healing and prosperity. When I plead the Blood, it is a valid, scriptural expression of my faith in that Blood. I will testify to the power of the Blood and the Word of God, thereby robbing Satan of his power to defeat me. I will say boldly and confidently: "Satan, the blood of Jesus is against you. I hold the blood against you and declare on the authority of God's Word that Jesus' Blood does now overcome you, sin, every sickness, disease, pain, lack, poverty and every evil work. Flee Now in Jesus' Name!"

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