## Deliverance Prayer for Depression, Anxiety, Sorrow & Sadness

I'm going to be praying against depression, anxiety, sorrow and sadness.

Before we begin the prayer, it is very important that you renounce and sincerely repent of all sin that you or your ancestors have committed, whether known or unknown. To repent of your sin means to turn away from it, not just to say you're sorry and go right back to the sin. Come out of agreement with your sin by renouncing it and then turn away from it by repenting. Also, bring to mind anyone, including yourself, against whom you may be holding unforgiveness against and truly forgive that person or yourself. Jesus has told us that we must give forgiveness to receive forgiveness from our Heavenly Father. We must forgive one another as God in Christ has forgiven us. Holding onto unforgiveness, bitterness, and anger prevents us from receiving full deliverance.

I'm going to be praying against depression and I'm going to be praying against anxiety. I know oftentimes, anxiety spirits are linked to depression so I'm going to be praying against those as well. I'm also going to be praying against heaviness and negative thinking. I'm going to be casting out many different kinds of spirits that trouble people.

Make sure you can really hone in and listen to the video and as you're receiving deliverance. You don't have to pray at all but I will go ahead and pray. I'll lead you through a prayer to renounce all demonic spirits. Repeat this prayer after me: Father, I come before You, in the Name of Jesus Christ. I ask You, Lord, to deliver me. I renounce all of my sins and I renounce every demonic spirit. I renounce depression, I renounce anxiety and I renounce heaviness (Renounce anything else that is applicable to your situation). I renounce Satan and all of his demons, in Jesus' name, amen. I ask You, Lord, to forgive me and cleanse me of all unrighteousness in Jesus' Name, amen.

I'm going to go ahead and pray for you guys now. Father, in the name of Jesus Christ, I thank You for my brothers and sisters. Lord God, I pray right now for their deliverance, in the mighty Name of the Lord Jesus Christ. Father God, I thank You that we can receive deliverance through the Name of Your Son. We come before You Father God, in the mighty Name of Jesus Christ. I come against every demonic spirit, right now. Every demon that hears the sound of my voice I bind and I lock in fire, in the Name of Jesus Christ.

All spirits of heaviness, all spirits of depression, negative thinking, sadness, loneliness and rejection, I come against you demons, in the Name of Jesus Christ. I cancel your mission, right now, Satan, in the Name of Jesus Christ. You demons have failed your mission and it's time to leave. You demons have no authority inside of their flesh so you have to come out, right now, in the Name of Jesus. Every depression spirit that came down the bloodline, every spirit of heaviness that came down the bloodline and every spirit of anxiety that came down the bloodline, Father, in the Name of Jesus Christ I pray that it would be burnt out, right now, in Jesus' Name. Father God, we pray that the fire of God will touch everyone from the top of their head to the soles of their feet. Every demon that hears me, I loose weeping and gnashing of teeth unto you.

Every spirit of grief, every spirit of ungodly sorrow, we command you to leave in the Name of the Lord Jesus. I uproot you devils from the roots, in the name of Jesus Christ. Every spirit of depression and heaviness that came in through repetitive failure, Father God, I pray that it would be broken in the Name of Jesus Christ. I thank You Lord, that Your word says that You have plans to prosper us, to do good unto us and not to harm us. I know that my brothers and sisters have a future in You Lord. That You have plans to prosper them, and I pray that those plans would come to pass, in the Name of Jesus Christ. All setback and delay Father God, I pray that it would be broken, in the mighty Name of Jesus Christ.

Any heaviness spirits and depression spirits that are in the chest, I command you to come up and out right now, in the Name of the Lord Jesus Christ. All depression, anxiety, fear, heaviness and fear of the future; come up and out in the mighty Name of Jesus Christ. I command you spirits to expel out of the eyes, the nasal passages and the mouth. We command you spirits to come out right now, in the Name of Jesus. You demons cannot hide in there.

Every demon that is trying to stay embedded in people's personalities and trick them into thinking that that is who they are, we command you to leave, in the mighty Name of the Lord Jesus Christ. Every depression and fear spirit that has embedded itself in the soul, in the personality and the emotions, I command up and out, in the mighty Name of the Lord Jesus Christ. Father, I pray that Your fire would go through their body right now and burn up every stronghold.

Every spirit of heaviness and negative thinking that came in through failure, that came in through drug use and that came in through rejection; I command it up and out of the mouth, right now, in the Name of the Lord Jesus Christ. Every demon that hears me, I lock you in fire. You devils have to leave in the Name of Jesus Christ. You're defeated by the blood of Jesus Christ. You demons cannot withstand the power of God, so, we command you to be uprooted right now. Lord I pray that Your angels would pull these devils out from the root, pull them out of the belly and pull them out of the chest.

Every depression spirit that came in through childhood problems and childhood trauma. Father, I pray that it would be driven out in the mighty Name of the Lord Jesus Christ. I pray fire against you devils and I command you to leave, right now, in Jesus' Name. All heaviness and depression come up and out, in the Name of the Lord Jesus Christ. Seasonal sadness, sadness over your situation, depression over your circumstances and depression over your environment, come up and out, in the mighty Name of the Lord Jesus Christ. Every depression spirit that is stealing hope and every depression spirit that is stealing joy, I command you to come up and out right now, in the mighty Name of the Lord Jesus.

Every spirit of procrastination that is hindering people from taking care of their responsibilities that they need to take care of, come up and out right now, in the Name of Jesus Christ. Satan, I break your hold Satan. I command you spirits to uncoil off of the shoulders, the mind, the chest and all the way out of the body. Spirits, you have to flee right now, in Jesus Christ's mighty Name. I command you devils up and out, all the way out of their body. Every depression spirit and negative thinking spirit that is sitting in the mind, that is feeding lies about their future, that is feeding lies about their circumstances, come up and out, in the Name of the Lord Jesus Christ.

Every demon that is making people have a fear of the future, fear of failure in the future and fear of rejection, I command you out, in the Name of Jesus Christ. Lord, Your Word says that there is no fear in love but that perfect love casts out all fear. Lord, I pray that Your love would break all fear and would break all anxiety. Lord, Your Word says that we can cast our cares upon You because You care for us. Lord God, I pray that the truth of Your Word would resound in their Spirit man right now, in the Name of Jesus.

Every demon that is hindering them from believing in the truth of Your Scripture leaves, in Jesus' Name. Father, I pray that these devils would be broken and that their missions would be canceled. My God has given me authority to cancel your mission, Satan. You devils are defeated and you cannot hide in there. I burn you with Holy Spirit fire, in the mighty Name of the Lord Jesus Christ. Father God, I pray that fire would go from the top of their heads to the soles of their feet. Father, I pray that Your angels would expose and uproot any devils that are trying to hide.

Any demons that are trying to hide in the emotions, every demon that manipulates the emotions, I command you up and out right now, in the mighty Name of the Lord Jesus Christ. We command you spirits to flee. Lord, I pray that Your angels would wage war against the demonic kingdom right now, in Jesus' Name. I pray that a legion of angels would be loosed in the Name of Jesus Christ, unto my brothers and sisters wherever and whenever they are listening to this prayer.

Father God, in the Name of Jesus, I thank You Lord God that they have a bright future ahead of them. I thank You Father God, that You will take care of them. You will take care of their finances. You will take care of their family and You will take care of all the worries and anxieties that they have. Father, Your Word says to be anxious for nothing but in prayer and supplication let our requests be known to You. Father, in the Name of Jesus Christ, I pray that they would have the peace that surpasses all understanding. I pray that You would anoint them with the oil of gladness.

Father God, in the mighty Name of Jesus Christ every, spirit of heaviness come up and out. In the mighty Name of the Lord Jesus Christ, every demon that gives you repetitive negative thinking, I break it, in Jesus' Name. Father, I pray that the lines of negative thinking would be broken in Jesus' Name. Spirits of expecting the worst, expecting loss and expecting failure, come up and out, in the Name of Jesus. Every negative thinking spirit that is hindering people from believing in You Lord, from having faith in Your promises. I command these devils to leave, in the Name of Jesus Christ. For it is written: All of the promises of God are yes and amen, to the glory of God.

Father. I thank You that they will be able to believe in the truth and the promises of Your Scriptures. Father God, in the mighty Name of Jesus, every demon that is hindering faith in the Scriptures and faith in the promises of God, come up and out, in the mighty Name of the Lord Jesus Christ. I command you spirits to flee; we pray fire against you spirits and we give you no rest, Satan. I tear down your strongholds in Jesus' Name.

I tear down every stronghold of negative thinking. Negative thinking spirits that came in through dysfunctional family members, come up and out, in the mighty Name of the Lord Jesus Christ. The Bible says that we are not as those without hope. The Bible says that Jesus Christ is the hope of glory. We have hope; we have faith and we have love, so you, devils have to flee in the Name of Jesus Christ. The Bible says to submit yourselves to God, resist the devil and he will flee from you, so, we command you spirits to flee right now in the Name of Jesus Christ.

Every demon that puts brain fog in the mind; every spirit that puts confusion in the mind and every spirit that puts heaviness in the mind, come up and out, in the mighty Name of the Lord Jesus Christ. We command you spirits to flee. Lord, Your Word says whatever is pure, whatever is righteous and holy, to think on these things. I pray that my brothers and sisters will be able to think on these things, in the name of Jesus.

Every spirit of death, every spirit of sorrow and grief, we command you to leave right now, in the Name of Jesus. Every spirit of death that entered in through the death of a family member, every spirit of death that entered in through people dying around you, I command to leave, in Jesus Christ's mighty Name.

Spirits that make you feel like your future will never get better and every evil memory recall spirit I command you out, in the Name of Jesus Christ. Lord, Your word says that we should not inquire about the quote-unquote "good old days," for this is not a wise inquiring, so Father, in the Name of Jesus I pray that they would not be dwelling on the memories of the past and that they be able to forget the things which are behind and press onward to the high calling which is in Christ Jesus. Father, help them to put on the full armor of God so that they might press forward in their faith and that they might press forward in their calling.

Every spirit of depression that keeps people stuck in their bed all day and every spirit of depression that tries to make people lazy and over sleep and be lethargic; I command you out, in the Name of Jesus. Lethargic spirits, sleeplessness and restlessness; come out, in the Name of Jesus Christ.

Every demon that steals ambition, every demon that steals zeal, spirits of depression and heaviness that steal ambition for the kingdom of God; I command you out, in the Name of Jesus Christ. Lord, I pray that You would anoint them with a fresh zeal. In the Name of Jesus Christ, we command every demonic spirit that is manifesting to leave, right now. In Jesus' name, every demon that hinders you from having faith; come up and out in the name of Jesus Christ.

Lord, Your Word says: "Lord, help my unbelief." I pray that all unbelief and doubt spirits that entered in through depression, heaviness and negative thinking to leave now, in the mighty Name of Jesus Christ. Doubt spirits that feed negative thoughts; come up and out, in the mighty Name of the Lord Jesus.

Spirits that cause you into being deceived into complaining, deceived into murmuring and deceived into grumbling; come up and out, in the mighty Name of the Lord Jesus Christ. Every demon that hinders you from understanding that all things work out to the good of those who love God and are called according to His purpose. Every demon that hinders you from receiving that understanding, Father, I pray that it would be broken, in the mighty Name of the Lord Jesus Christ. Lord, I pray that they would be able to see the good results, even when bad things happen and that You, Father God, work all things out for the good of those who love You. I thank You Father, that You are working those things out in their lives, even right now as I speak.

I command every demonic spirit to leave right now, in the mighty Name of Jesus. Any demons that are stuck in the esophagus, the throat and any demons that are stuck in the mind and the frontal lobe; come out, in the Name of Jesus. We command you spirits to come out of the eyes, the nasal passage in the mouth right now, in Jesus Christ's Name. Lord, I pray that Your fire would go through their bodies and burn these spirits out. Every legion of negative thinking; come up and out of the mouth. Every demon trying to hold on in the flesh, I pull you loose in Jesus Christ's mighty Name. I pull you spirits and I shake you loose from their flesh. Come out of their emotions come, out of their minds, come out of their soul right now, in Jesus Christ's mighty Name.

Any pharmakeia and any sorcery in the blood, Father, I pray that it will be burnt out of their blood right now, in the mighty Name of the Lord Jesus Christ. Father God, I pray that their bodies would be free from all witchcraft and all sorcery that came into them through drug use. Father, I pray that it would be broken, in the mighty Name of the Lord Jesus Christ. All demonic poison that came in through drug use and all demonic poison that came in through ungodly drugs, I pray that it'll be burnt out. Come up and out, in the mighty Name of Jesus Christ. I command you spirits to flee; up and out of the mouth.

All the way out devils; you cannot stay in there. Up and out of the mouth; loose your hold and go right now. Devils, loose your hold and come out of them, in the mighty Name of the Lord Jesus Christ. I command you spirits to flee and I burn you with the fire of God. I command you out of their bodies; this is not your house.

Father God, I pray that You would sanctify these temples, in the Name of Jesus Christ. I pray Father God, that You would give them breakthrough, give them the breakthrough Father God, that they've been seeking. Every demon that's trying to hold on to every stronghold, I command it to collapse right now and come out, in the Name of Jesus. Come up and out of the body. Spirits come out of them right now, in Jesus' name. Out of them right now in the mighty Name of Jesus Christ. You spirits have to go. I pull you ruthlessly from their flesh, I pull you ruthlessly from their emotions and from their mind. All mental blockage, causing heaviness and negative thinking come up and out, in the mighty Name of Jesus. Father God, I pray that their flesh would not be anxious but Father, that You would give them peace and rest, in the mighty Name of the Lord Jesus Christ.

Every spirit of fear, every spirit of anxiety, anxiety spirits in the belly and the heart, I command you up and out, in the mighty Name of the Lord Jesus Christ. Father God, I thank You. Right now, in Jesus' name, I pray that they would be able to continue to receive deliverance. Any demons that are still manifesting, I command you to leave. I command you to be evicted in the Name of Jesus. Come up, all the way out of the body.

Father God, in the Name of Jesus Christ, I pray that You would fill them with the Holy Spirit. I pray Father God, that You would fill the empty voids in their soul with Your goodness. Father God, we thank You right now for breakthrough, in the Name of Jesus Christ. I pray Father, God that even as they finish listening that they would be able to receive from You, Father. That You would fill them with Your Holy Spirit. Father, please fill them with joy. Father, please fill them with peace and please fill them with the fruit of the spirit. Father God, in Jesus Christ's Name, I pray that You would give them the wisdom to retain their deliverance and to walk in their deliverance, in the Name of the Lord Jesus Christ. Father God, we thank You and give You praise and honor.

If you guys are still receiving deliverance, go back to the beginning of this video and start listening and you can continue to receive deliverance until you're feeling internally relieved, feeling a sound mind and peace and the demons are not coming out anymore. May the Lord bless you and keep you.

## Pastor Nate Thompson

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