

The background of the slide features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the right side of the slide, creating a modern, dynamic feel.

## **Psychological Life Lesson**

### **Chapter 3**

# **HOW TO DECIDE**

## KEY VERSE

*“Today I have given you the **CHOICE** between **LIFE** and **DEATH**, between blessings and curses. I call on heaven and earth to witness the **CHOICE** you make. Oh, that you would **CHOOSE LIFE**, that you and your descendants might **LIVE!**”*

**Deuteronomy 30:19 (NLT)**

# 7 AREAS OF LIFE

**Spiritual area:** your relationship with God.

**Psychological area:** your mind, will, and emotions.

**Social area:** your relationships with others.

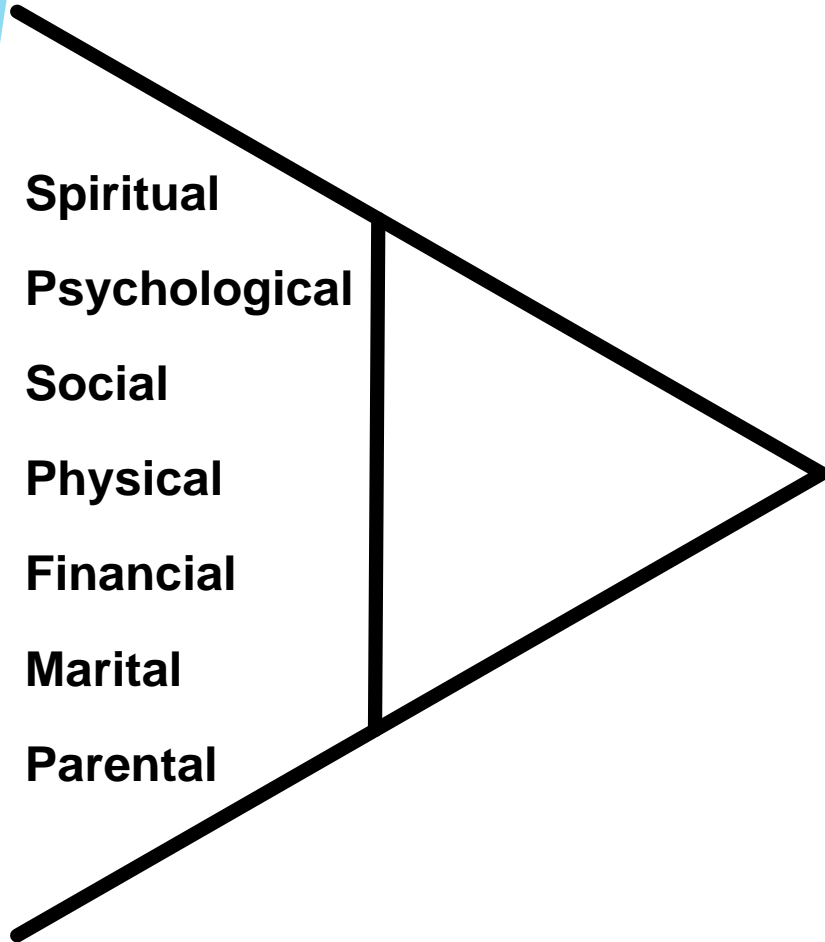
**Physical area:** your body.

**Financial area:** your money.

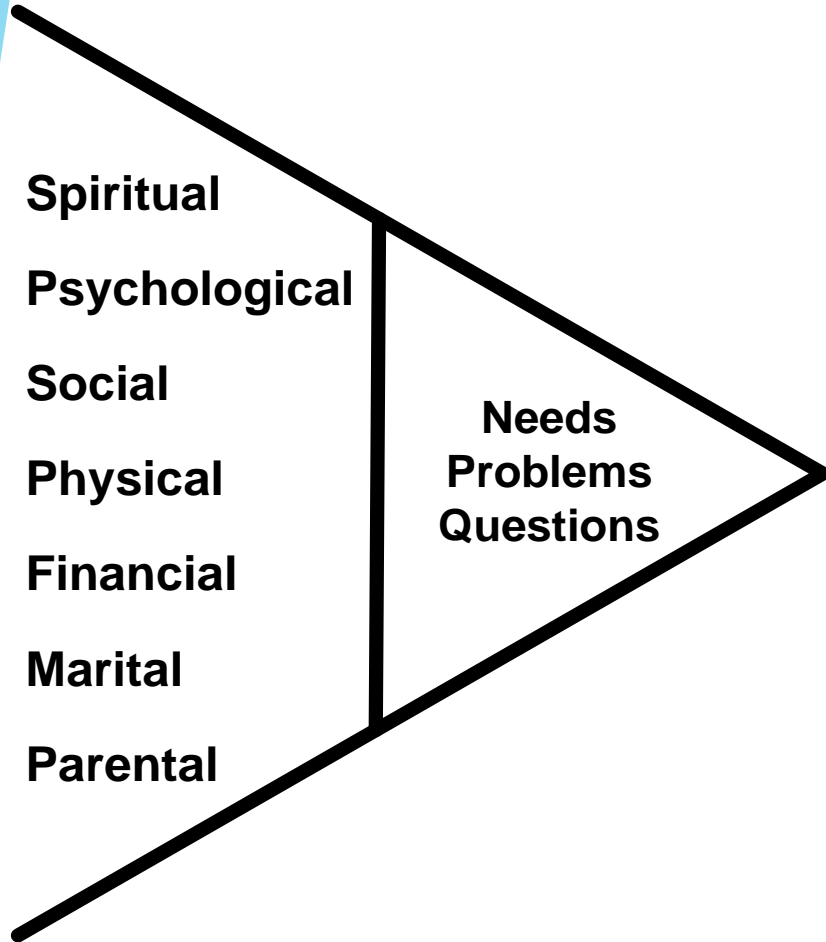
**Marital area:** your relationship with your spouse (if you are married).

**Parental area:** your relationship with your children (if you have children).

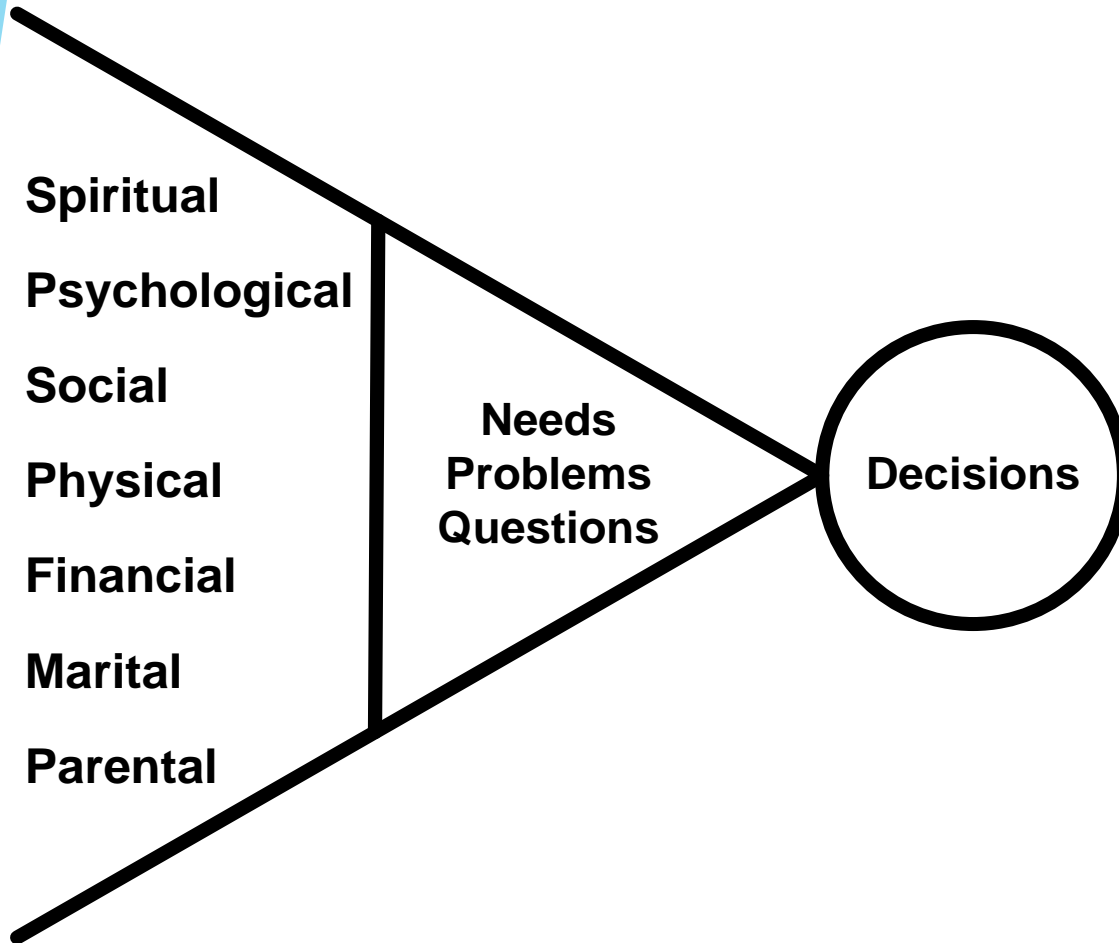
# 7 AREAS OF LIFE



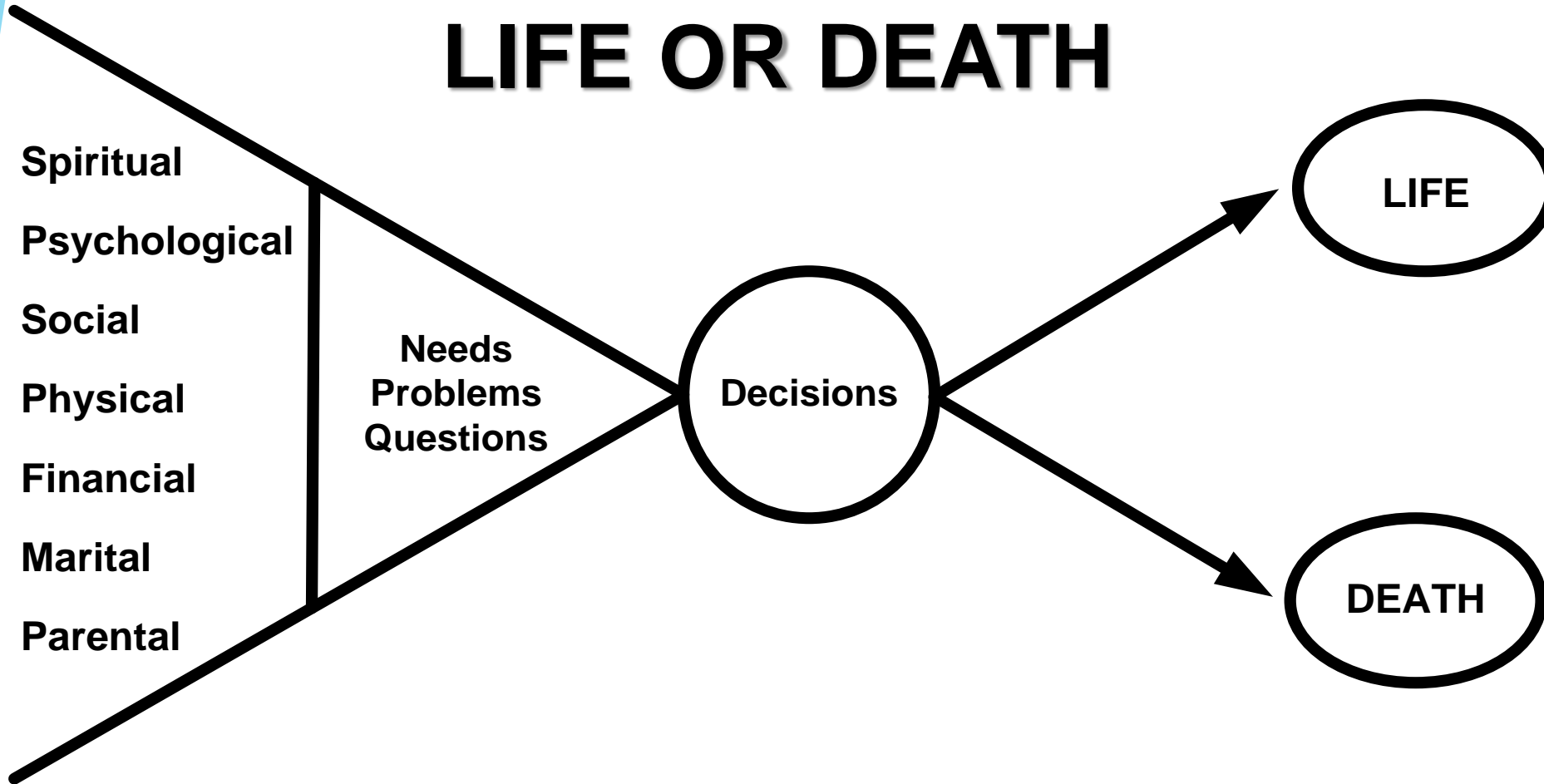
# NEEDS – PROBLEMS - QUESTIONS



# DECISIONS NEED TO BE MADE



# YOUR DECISIONS LEAD TO LIFE OR DEATH



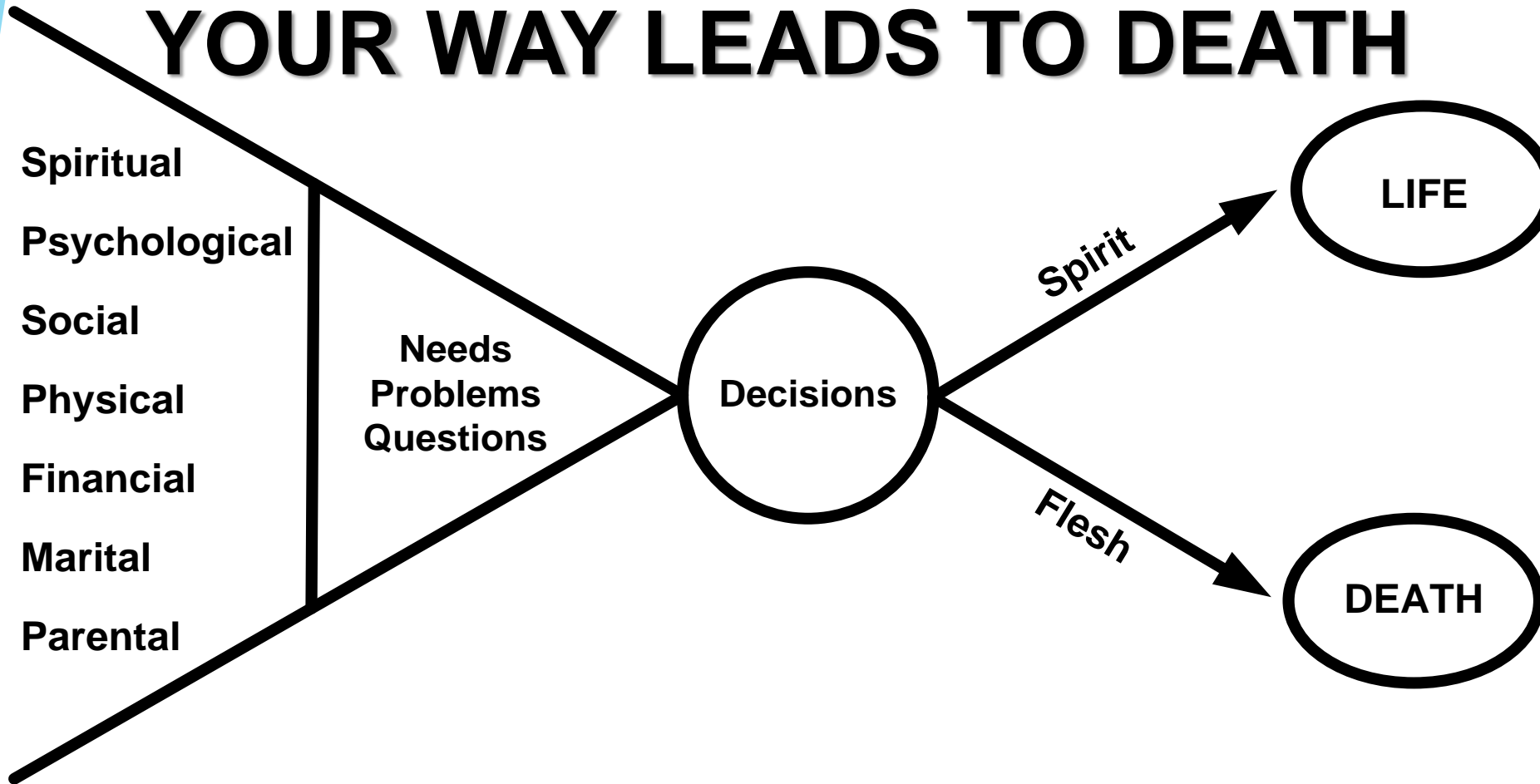
*“Today I have given you the CHOICE  
between **LIFE** and **DEATH**...Oh, that  
you would CHOOSE **LIFE**...”*

**Deuteronomy 30:19 (NLT)**



# **GOD'S WAY LEADS TO LIFE**

## **YOUR WAY LEADS TO DEATH**



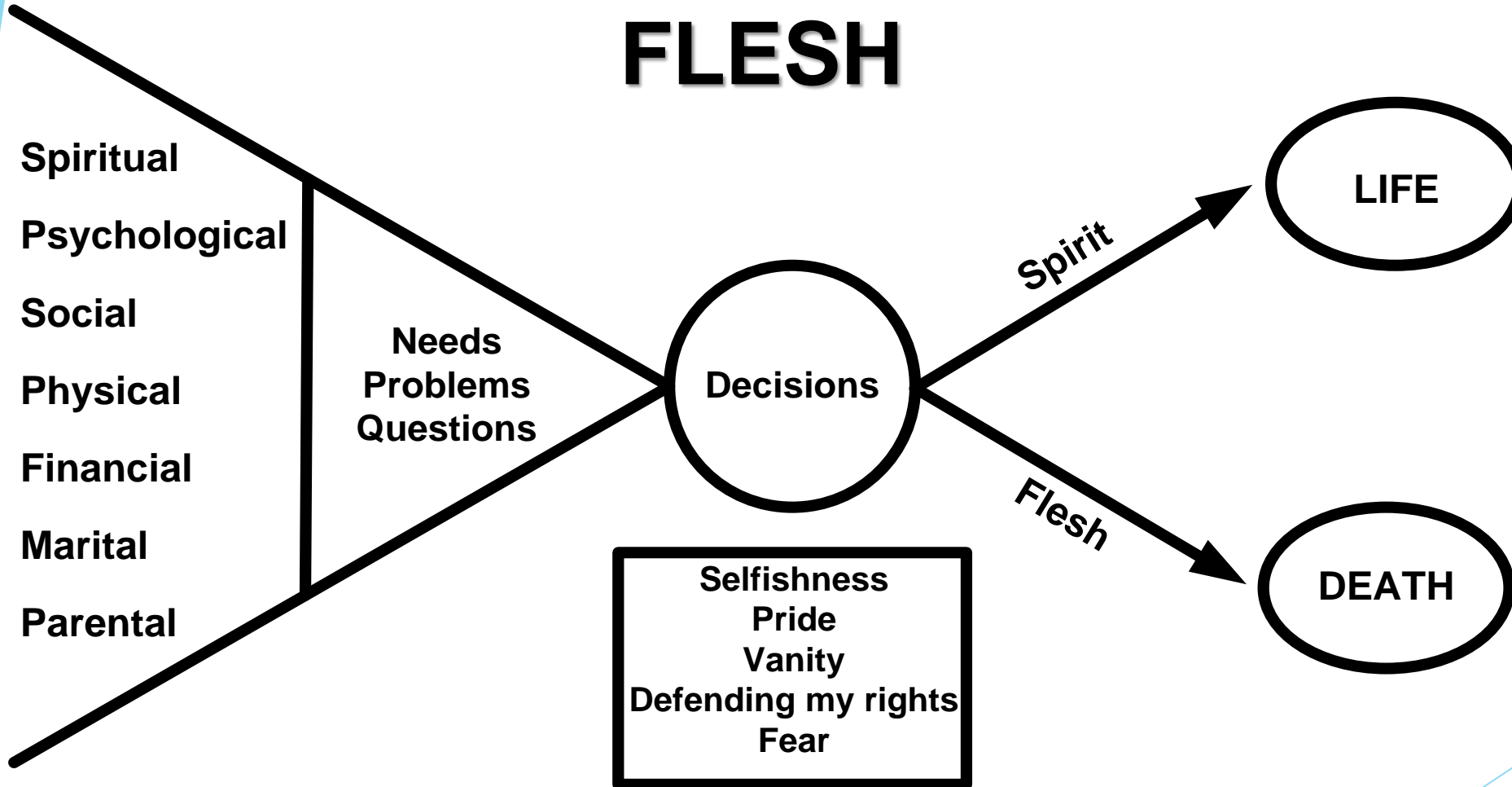
*“For the mind set on the **FLESH** is **DEATH**, but the mind set on the **SPIRIT** is **LIFE** and peace.”*

**Romans 8:6 (NASB)**

*“There is a way which SEEMS RIGHT  
to a person, But its end is the way of  
**DEATH.**” Proverbs 16:25 (NASB)*

*“Those who live only to satisfy their **FLESH** will harvest the consequences of decay and **DEATH**. But those who live to please the **SPIRIT** will harvest everlasting **LIFE**.” Galatians 6:8 (NLT)*

# DECISIONS MOTIVATED BY THE FLESH



# POSSIBLE MOTIVES BEHIND PAST DECISIONS

**SELFISHNESS.** Wanting everything for yourself or thinking your life (body, money, and time) is your own.

**PRIDE.** Being independent or thinking you are superior to others.

**VANITY.** Seeking praise, wanting to appear important or look good.

**DEFENDING YOUR RIGHTS.**

**FEAR.**

*“Don’t be **SELFISH**; don’t live to make a good impression on others. Be humble, thinking of others as better than yourself.” **Philippians 2:3** (NLT)*

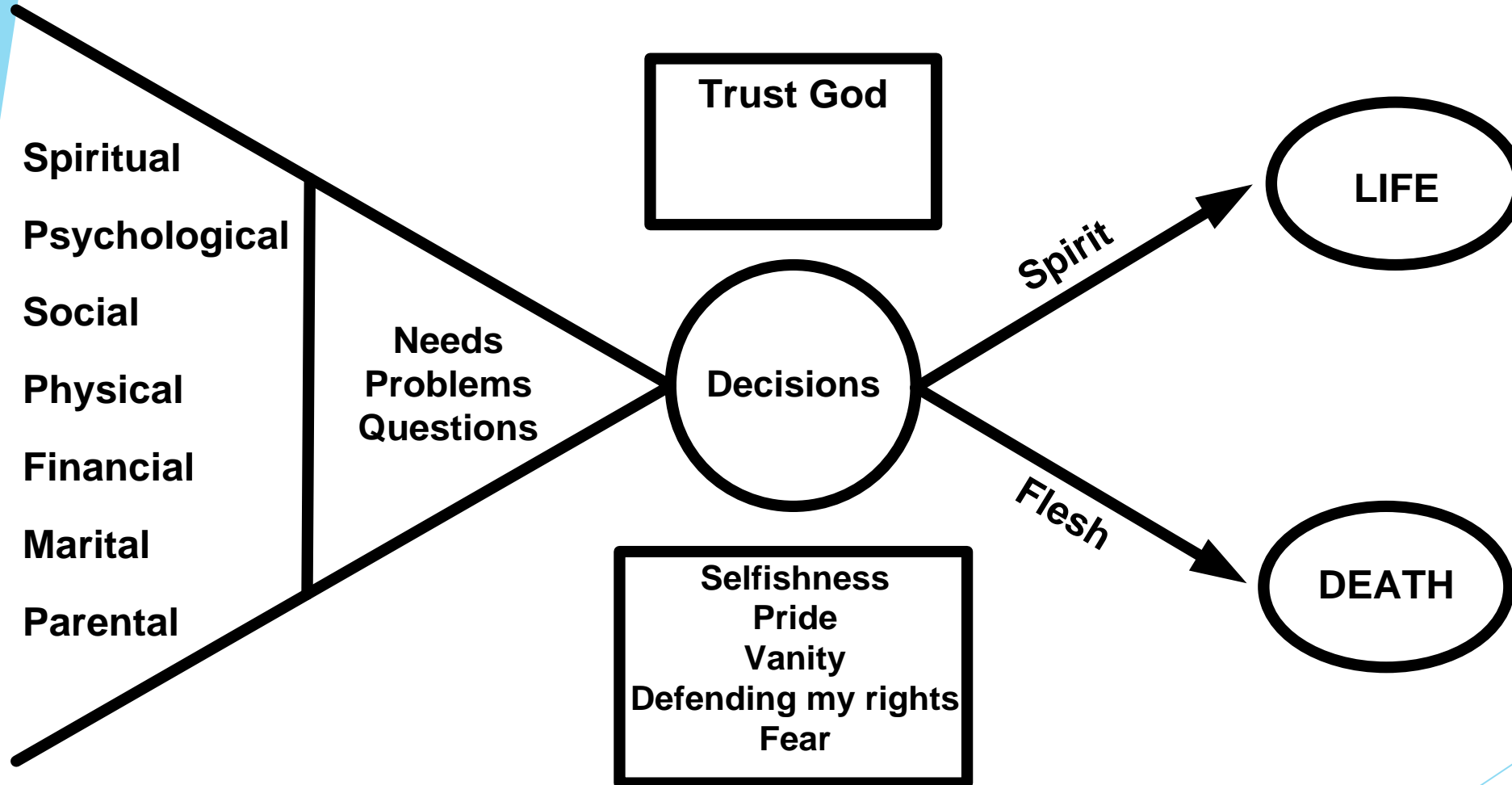
*“Your attitude should be the same that Christ Jesus had. Though He was God, **HE DID NOT DEMAND** and cling to **HIS RIGHTS** as God. He made Himself nothing; He took the humble position of a slave and appeared in human form.”*

**Philippians 2:5–7 (NLT)**



*“For God has not given us a spirit  
of **FEAR...**” 2 Timothy 1:7 (NKJ)*

# TRUST GOD WITH YOUR NEEDS



*“And my God shall supply all your  
**NEEDS** according to His riches in  
glory by Christ Jesus.”*

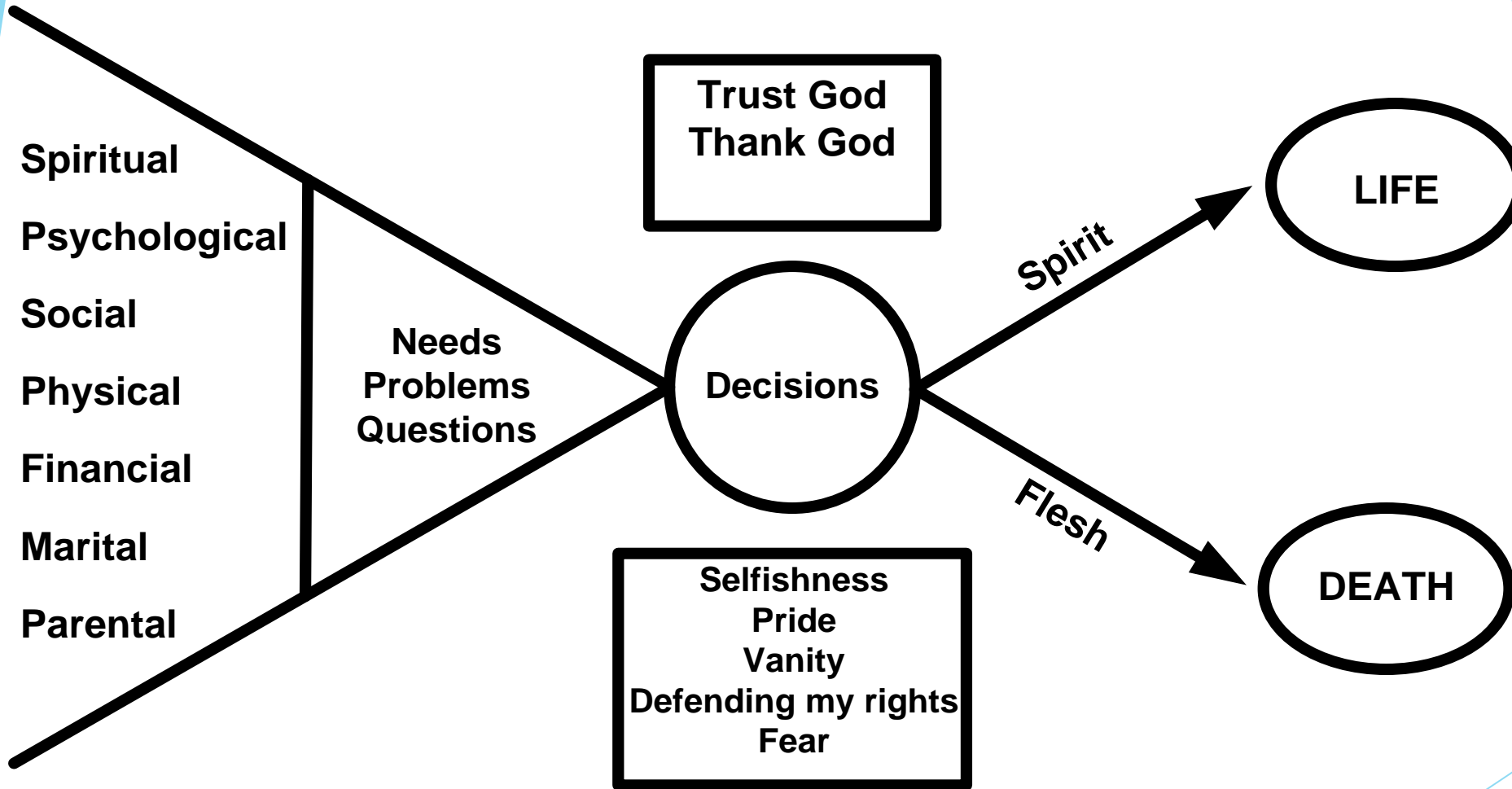
**Philippians 4:19 (NKJ)**

*“But the LORD still **WAITS FOR YOU** to come to Him so He can show you His love and compassion. For the LORD is a faithful God. Blessed are those who **WAIT FOR HIM** to help them.” Isaiah 30:18 (NLT)*

*“...He [God] is able to accomplish infinitely more than we would ever dare to **ASK** or hope.”*

**Ephesians 3:20 (NLT)**

# THANK GOD FOR YOUR PROBLEMS



# THANK GOD NO MATTER WHAT

***“THANK GOD no matter what happens. This is the way God wants you who belong to Christ Jesus to live.”*** 1 Thessalonians 5:18 (MSG)

*“God causes everything to work together for the **GOOD** of those who love God and are called according to His purpose for them.”*

**Romans 8:28 (NLT)**



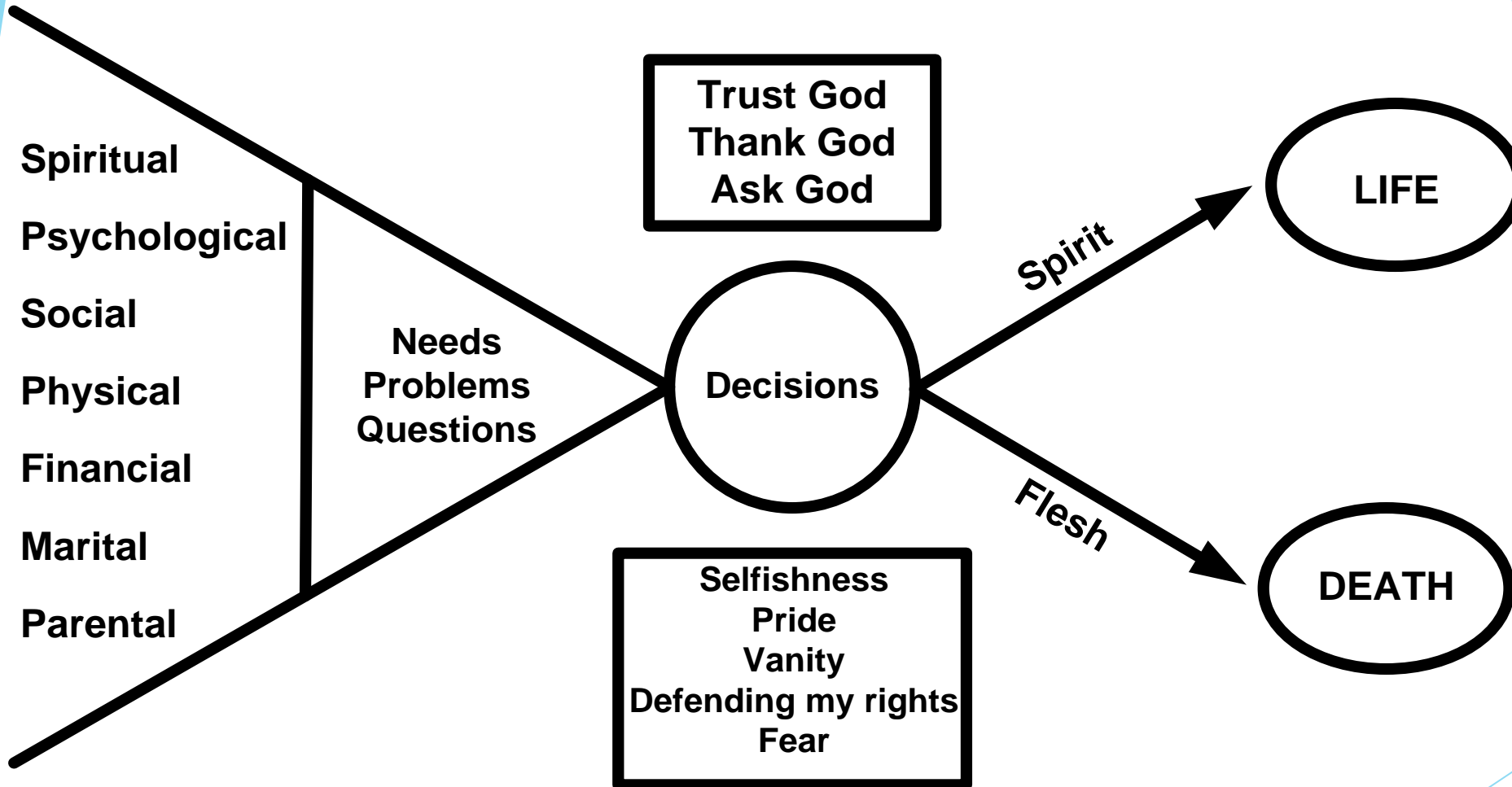
*“Yes, they knew God, but they wouldn’t worship Him as God or even **GIVE HIM THANKS**. And they began to think up foolish ideas of what God was like. The result was that their minds became **dark and confused**.” Romans 1:21 (NLT)*

# THANK GOD FOR ALL THINGS

*“Giving **THANKS** always for **ALL** things to God the Father in the name of our Lord Jesus Christ.”*

**Ephesians 5:20 (NKJ)**

# ASK GOD YOUR QUESTIONS



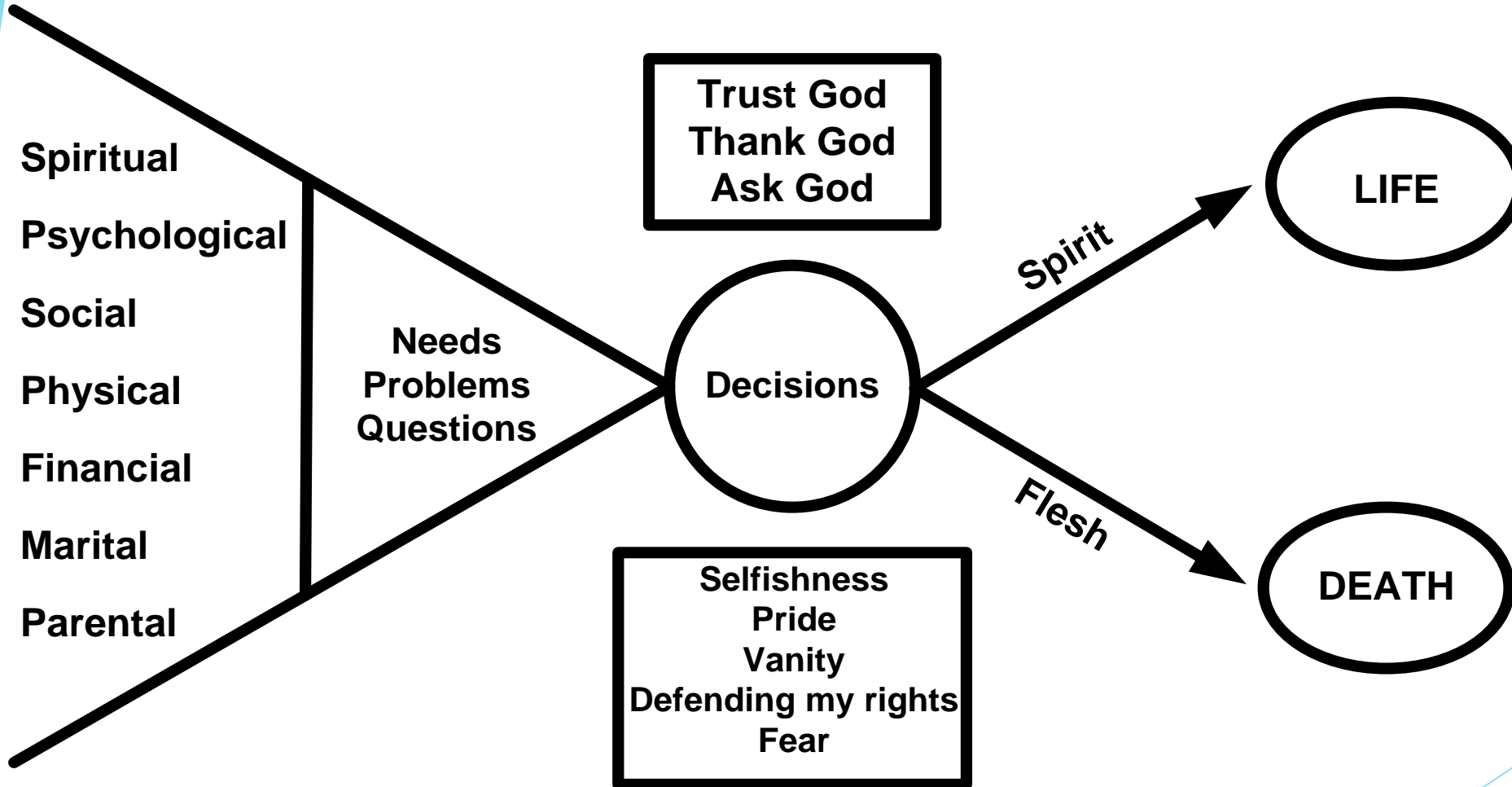
# YOU HAVE QUESTIONS, ASK HIM

*“If you need wisdom – if you want to know what God wants you to do – **ASK HIM**, and He will gladly tell you. He will not resent your asking.”*

**James 1:5 (NLT)**

*“TRUST in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.”* **Proverbs 3:5–6 (NKJ)**

# LIFE OR DEATH DECISIONS



# START MAKING DECISIONS BY:

**TRUSTING GOD** for your  
NEEDS.

**THANKING GOD** for your  
PROBLEMS and everything  
else.

**ASKING GOD** for wisdom  
concerning your QUESTIONS.

*“Don’t worry about anything; instead, pray about everything. TELL GOD what you need, and THANK HIM for all He has done. If you do this, you will experience God's peace...”*

**Philippians 4:6–7 (NLT)**





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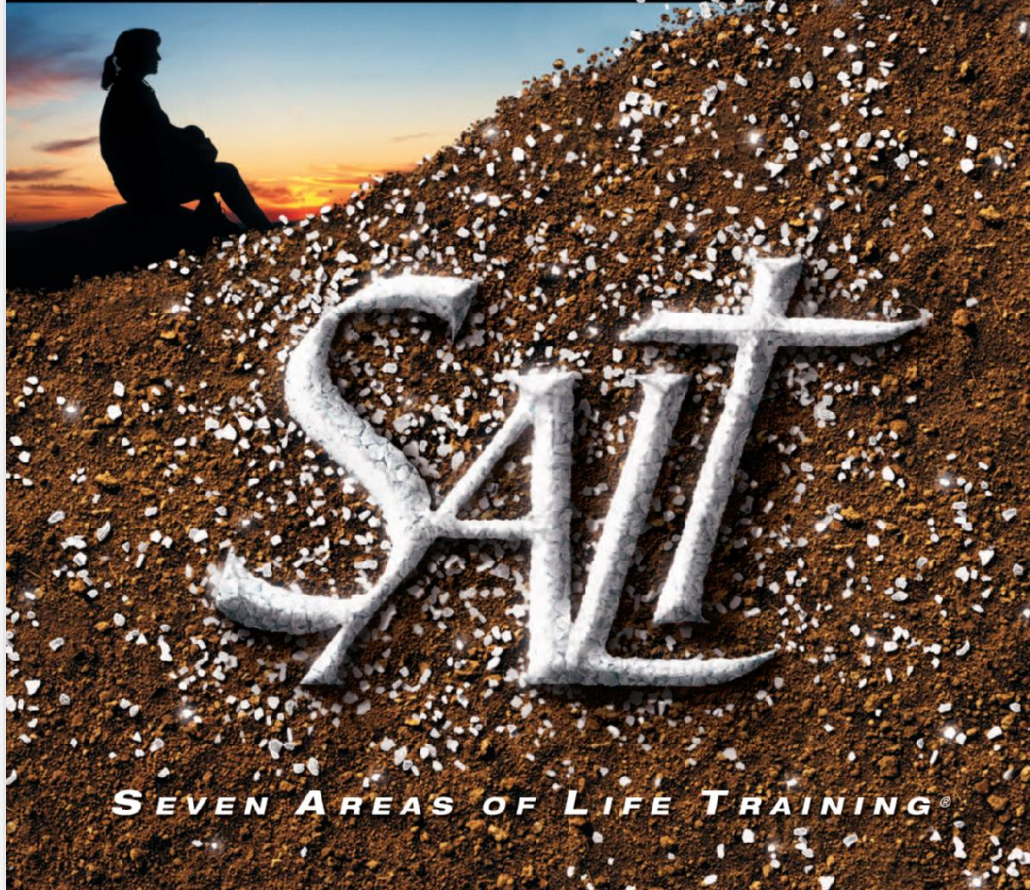
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