

SOCIAL LIFE LESSON #1

Rejection

KEY VERSE

“Don’t repay evil for evil. Don’t retaliate when people say unkind things about you. Instead, pay them back with a blessing. That is what God wants you to do, and he will bless you for it.” **1 Peter 3:9 (NLT)**

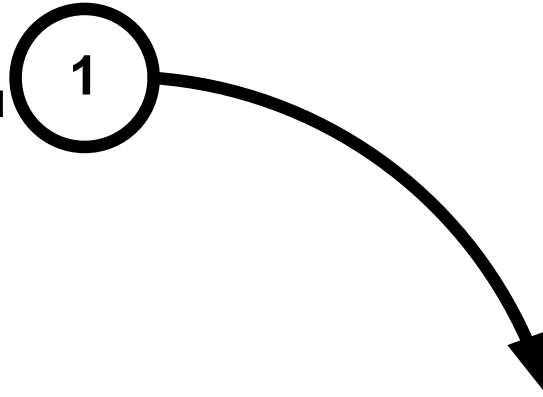


REJECTION

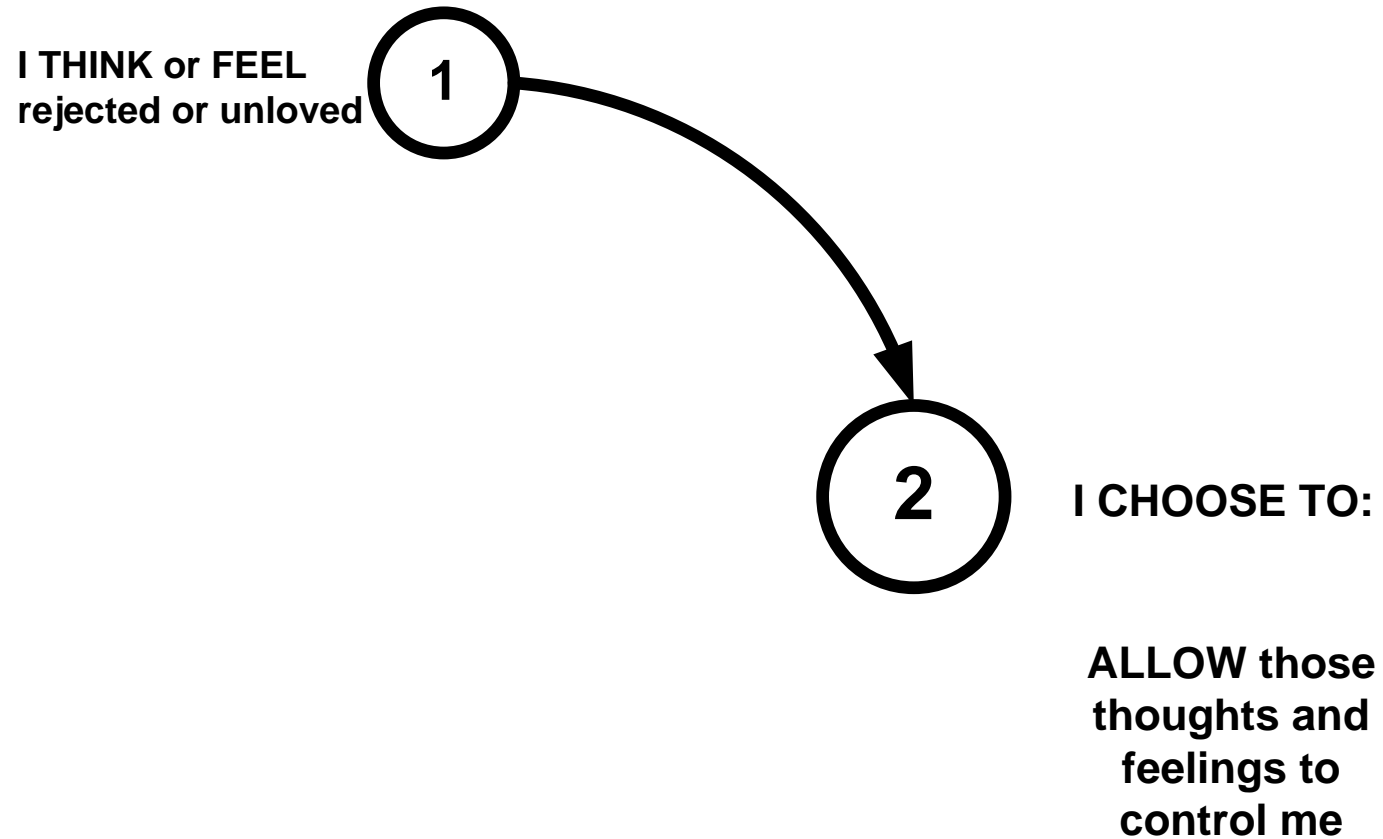
**Knowingly or Unknowingly
Withholding LOVE.**

#1 Get Rejected

I THINK or FEEL
rejected or unloved

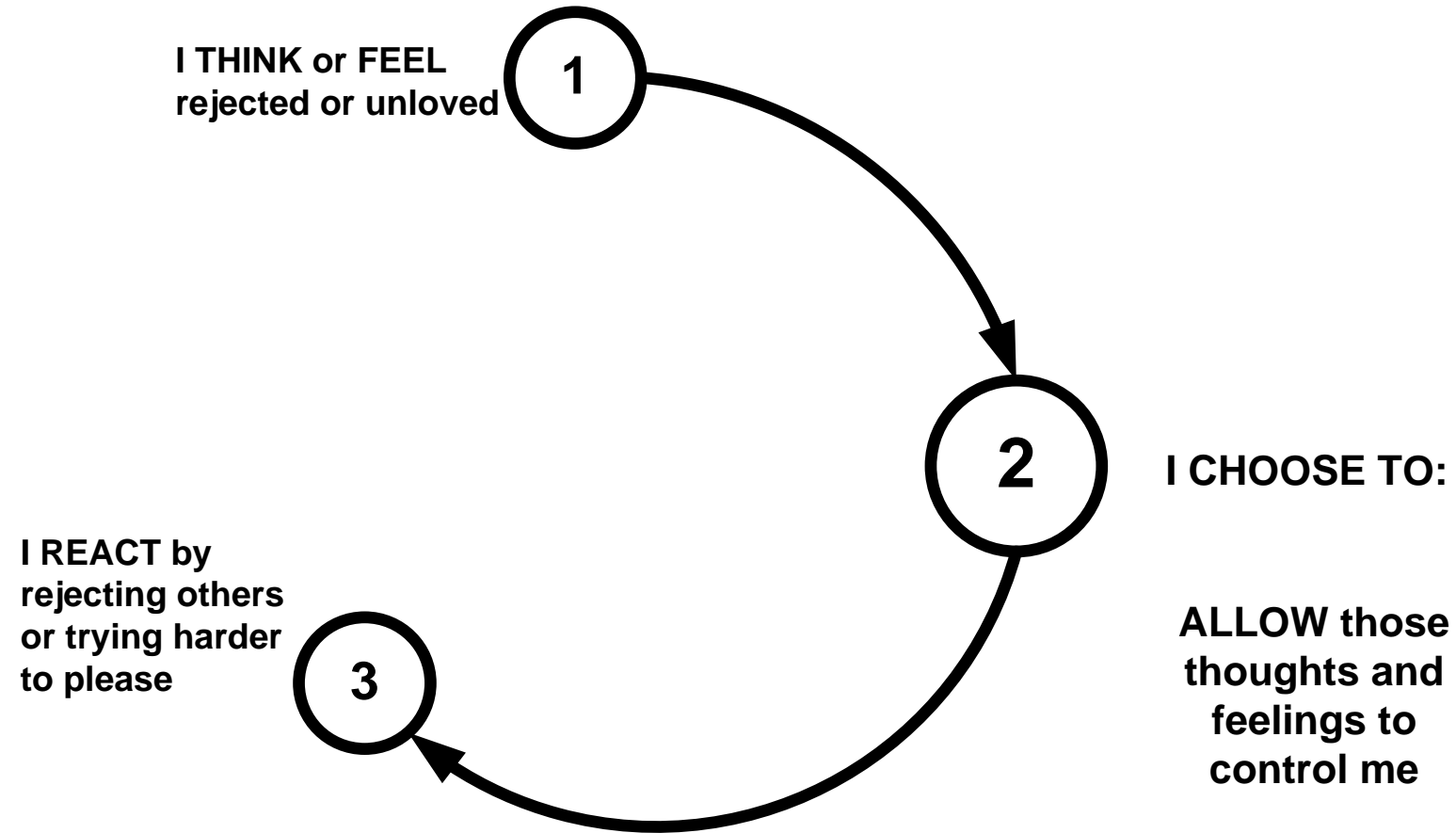


#2 Choose to Focus on the Rejection



“Don’t repay evil for evil. Don’t retaliate when people say unkind things about you...” 1 Peter 3:9 (NLT)

#3 Reject Back or Try Harder to Please



HOW DO YOU REACT TO YOUR REJECTERS?

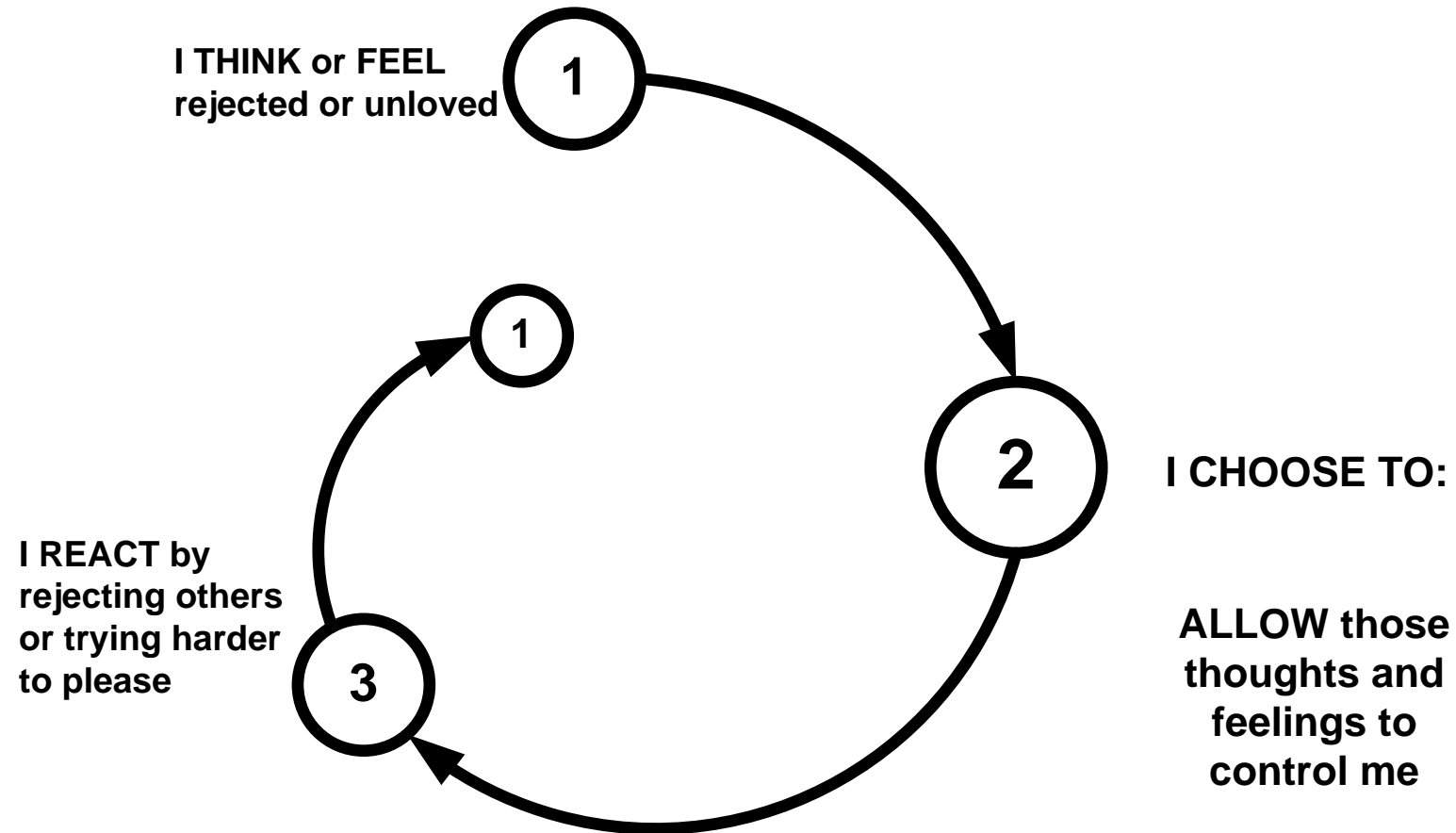
- ✓ I refuse to communicate with them.
- I have difficulty tolerating them.
- I say only what I think they want to hear.
- I am critical and judgmental of them.
- I spend little time with them.
- I build emotional walls for self-protection.
- I don't trust them.
- I abuse them physically.
- I say hurtful things to them.
- I reject anyone who reminds me of them.
- I try harder to get people to accept me.

“When you follow the desires of your flesh, your lives will produce these evil results...hostility, quarreling, jealousy, outbursts of anger....”

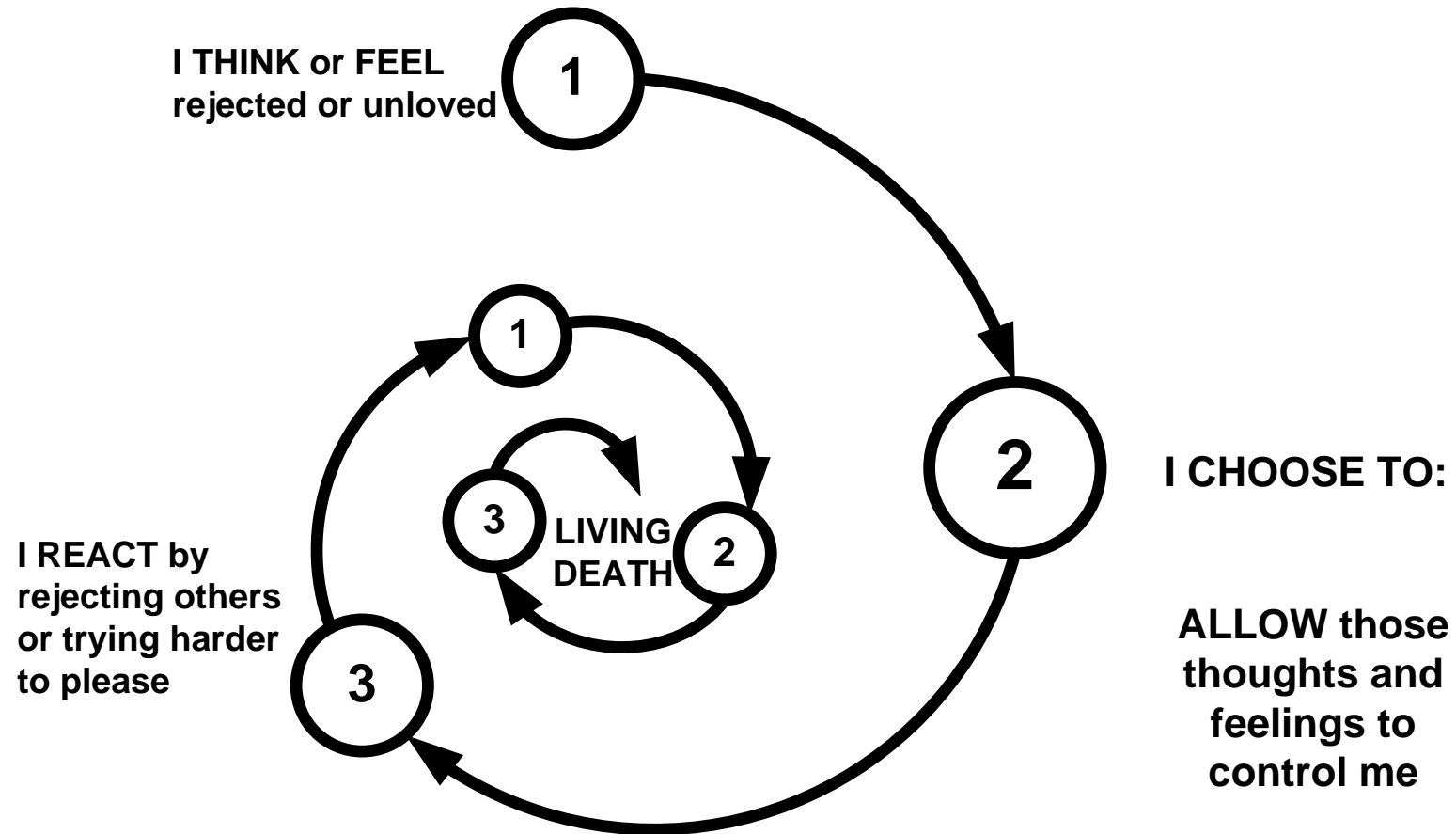
Galatians 5:19–20 (NLT)

*“For where envy and **self-seeking** exist,
confusion and every evil thing are there.”*
James 3:16 (NKJ)

#1 Reaction Leads to More Rejection



Cycle Leads to Living Death



“But if instead of showing love among yourselves you are always biting and devouring [rejecting] one another, watch out! Beware of destroying one another.” **Galatians 5:15 (NLT)**

ARE YOU STUCK IN THE REJECTION CYCLE AND EXPERIENCING LIVING DEATH?



I take personally everything people do or say.

I cling to people who accept me.

I am filled with worries, doubts, and fears.

I feel guilty.

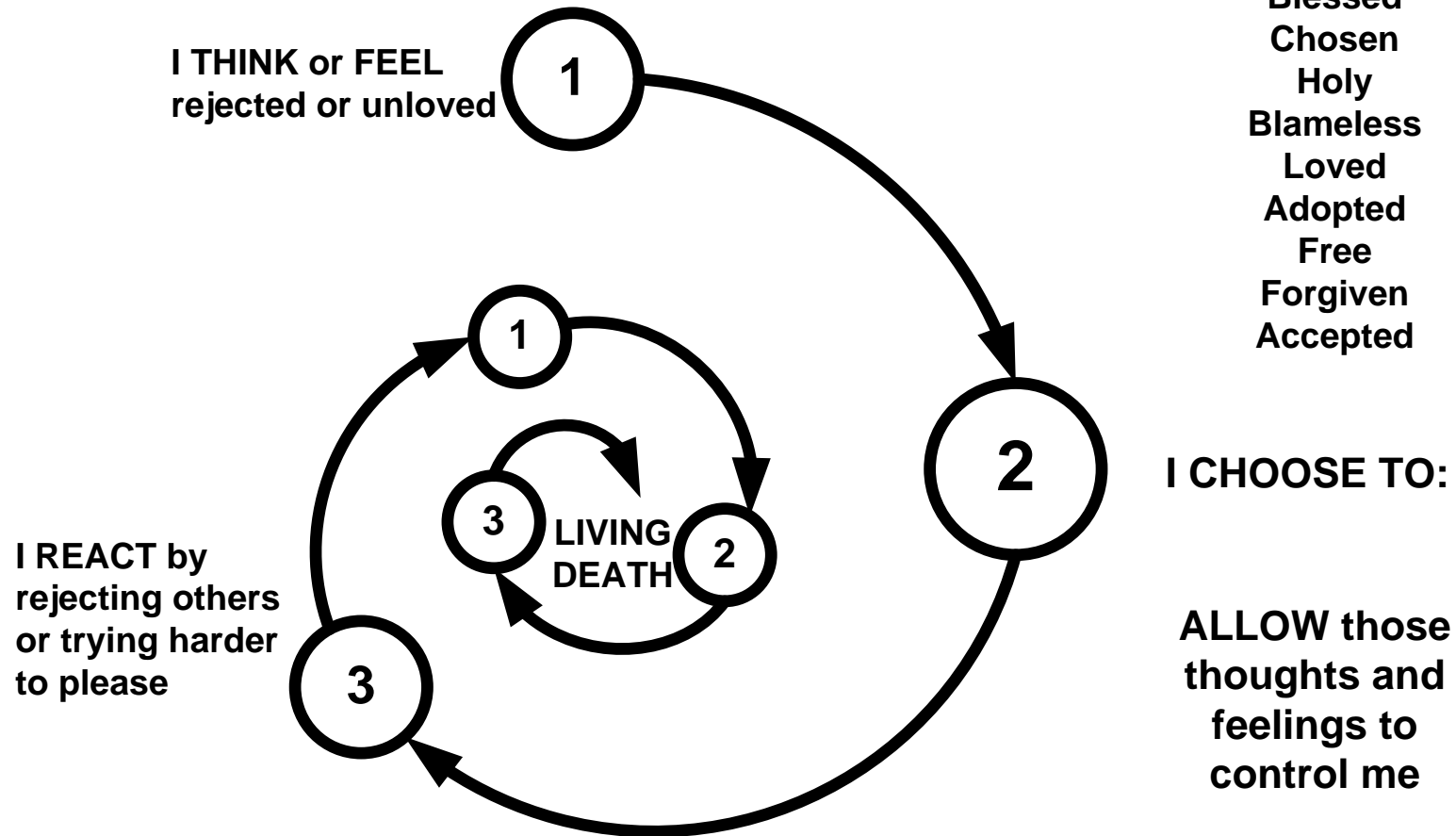
I try too hard to please.

I am a perfectionist. "If I'm perfect I won't be rejected."

I am irresponsible and undisciplined. "I don't care anymore."

I think my life or this relationship "isn't worth it."

#2 You Make a New Choice



“...If God is for us, who can be against us?” **Romans 8:31 (NLT)**

Decide to Focus on What God Says About You



*“How we praise God, the Father of our Lord Jesus Christ, who has **blessed** us with every spiritual blessing in the heavenly realms because we belong to Christ. Long ago, even before He made the world, God **loved** us and **chose** us in Christ to be **holy** and [**blameless**] without fault in His eyes. His unchanging plan has always been to **adopt** us into His own family by bringing us to Himself through Jesus Christ....*

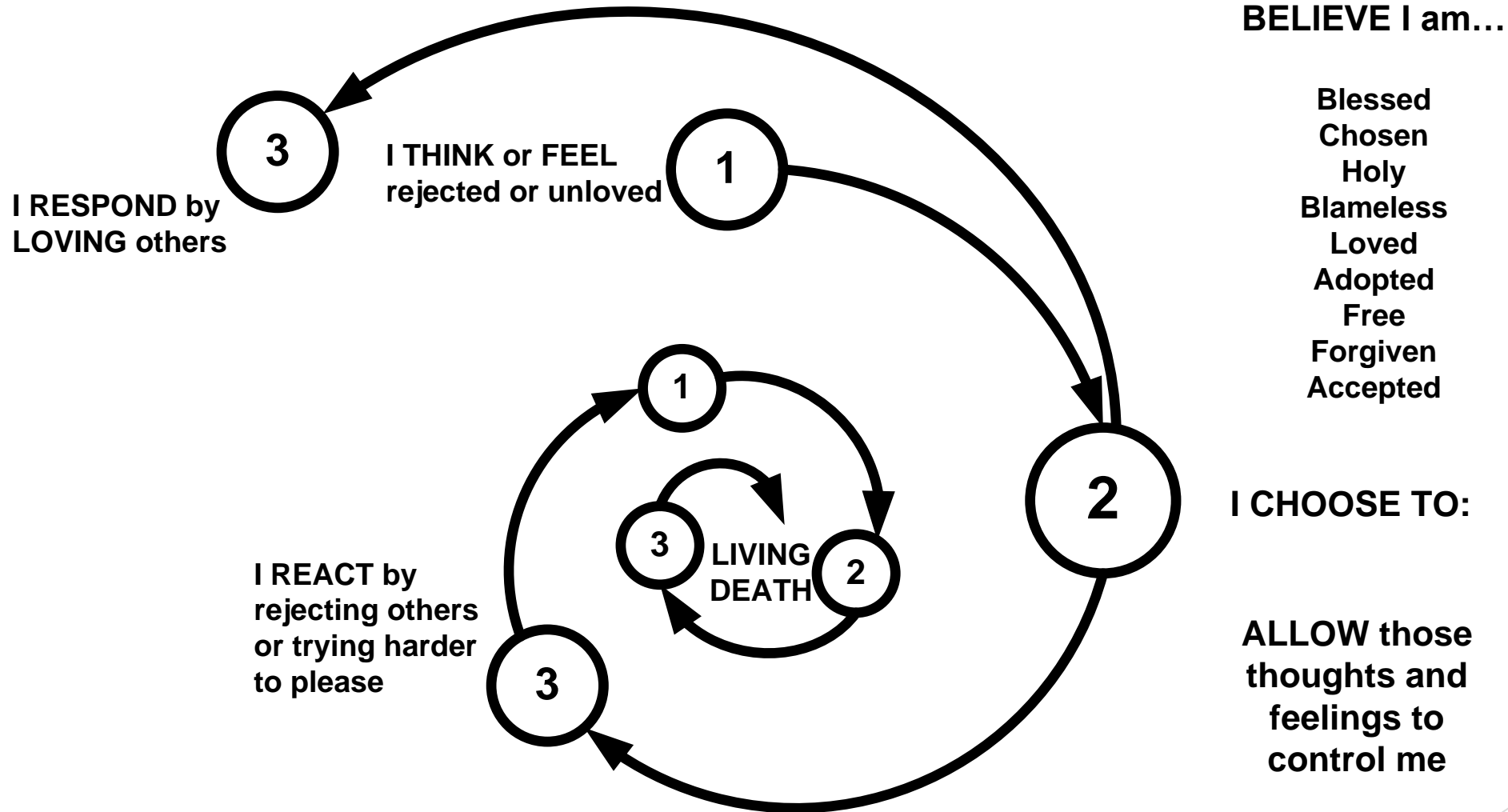
*“...And this gave Him great pleasure. So we praise God for the wonderful kindness He has poured out on us because we belong to His dearly loved Son. He is so rich in kindness that He purchased our **freedom** through the blood of His Son, and our sins are **forgiven**. He has showered His kindness on us, along with all wisdom and understanding.”* **Ephesians 1:3–8 (NLT)**

*“...We have the free gift of being
accepted by God, even though
we are guilty of many sins...”*

Romans 5:16 (NLT)

The truest things about you are what God says about you, not what others say about you or even what you may say about yourself.

New #3 Respond by Loving

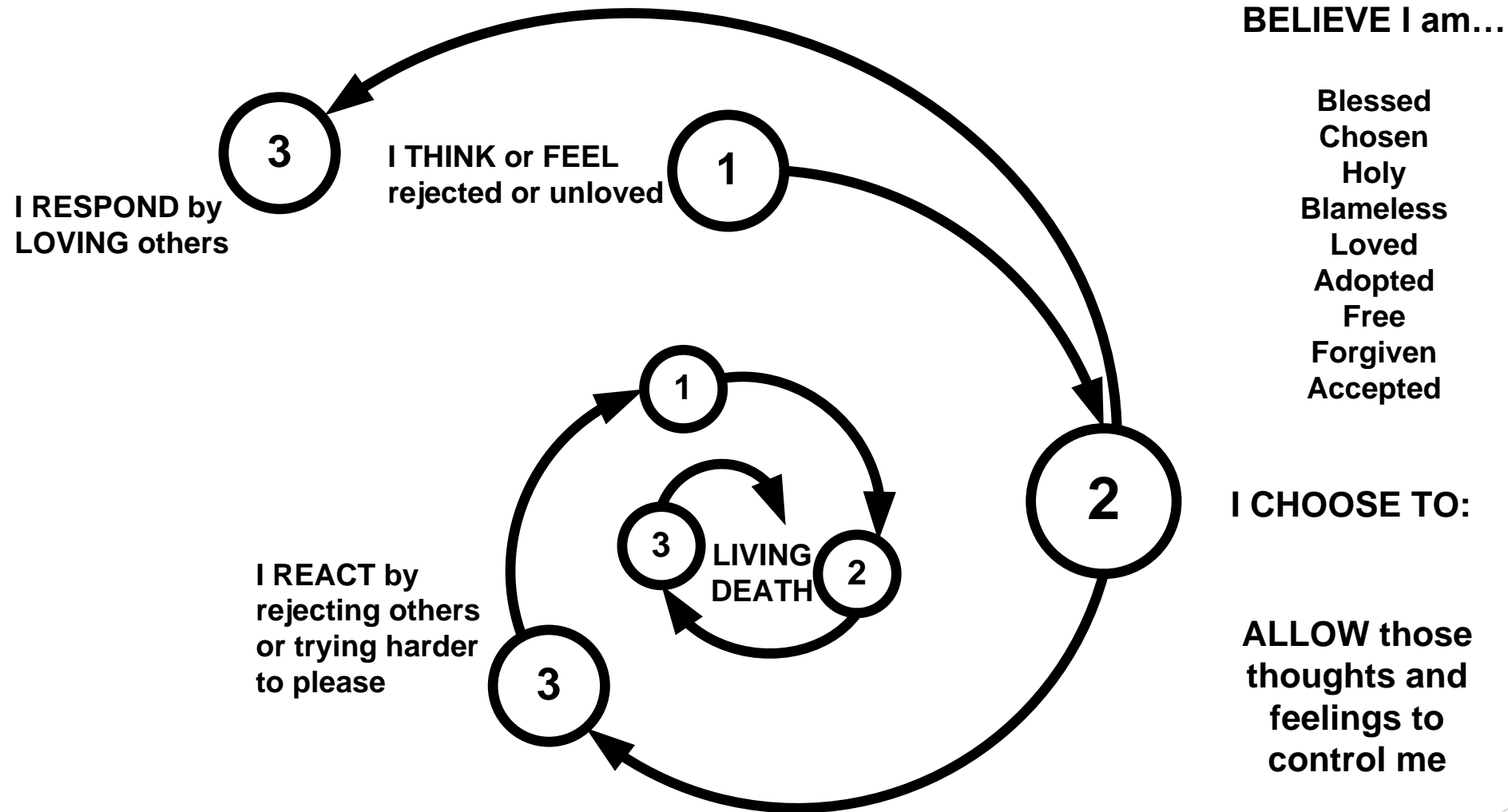


*“If you love only those who love you,
what reward is there for that? Even
corrupt tax collectors do that much.”*

Matthew 5:46 (NLT)

“And we know that God causes EVERYTHING to work together for the GOOD of those who love God and are called according to His purpose for them.” **Romans 8:28 (NLT)**

Reversing the Rejection Cycle



“...Christ, who suffered for you, is your example. Follow in His steps. He did not retaliate [reject] when He was insulted. When He suffered, He did not threaten to get even. He left his case in the hands of God, who always judges fairly.” **1 Peter 2:21, 23 (NLT)**

Tell God How You Have Been Feeling Unloved and Rejected.



*“O my people, trust in Him at all times.
Pour out your heart to Him, for God is
our refuge...”* **Psalm 62:8 (NLT)**

Renew Your Mind Daily: You Are Totally Accepted by God

“Instead, there must be a spiritual renewal of your thoughts and attitudes. You must display a new nature because you are a new person, created in God's likeness – righteous, holy, and true.”

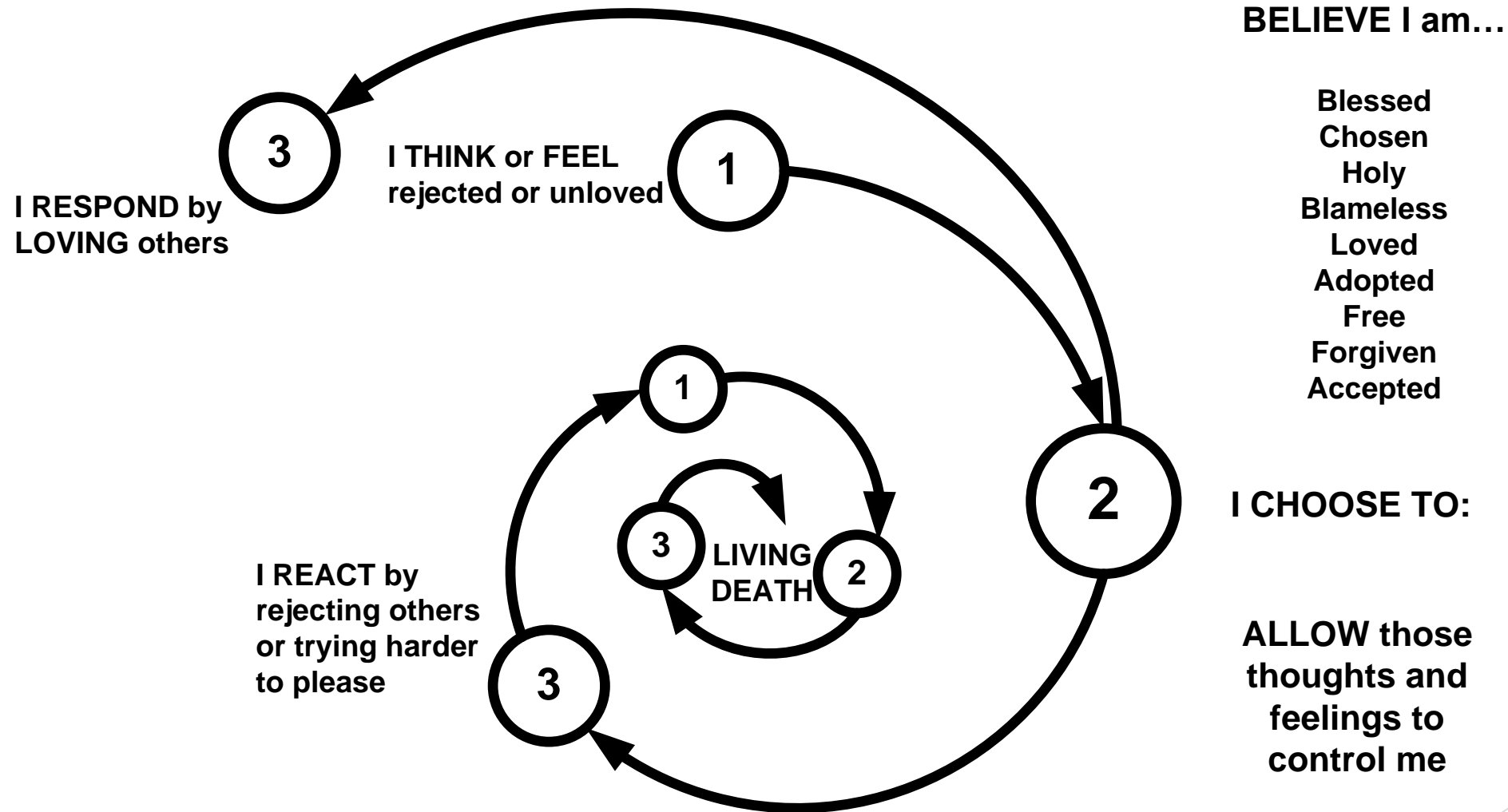
Ephesians 4:23–24 (NLT)

Start Treating the People Who Reject You the Way God Wants You to Treat Them

“Don’t repay evil for evil. Don’t retaliate when people say unkind things about you. Instead, pay them back with a blessing. That is what God wants you to do, and He will bless you for it.” **1 Peter 3:9 (NLT)**

*“When a man’s ways please the Lord,
He makes even his enemies to be at
peace with him.”* **Proverbs 16:7 (NKJ)**

Reversing the Rejection Cycle



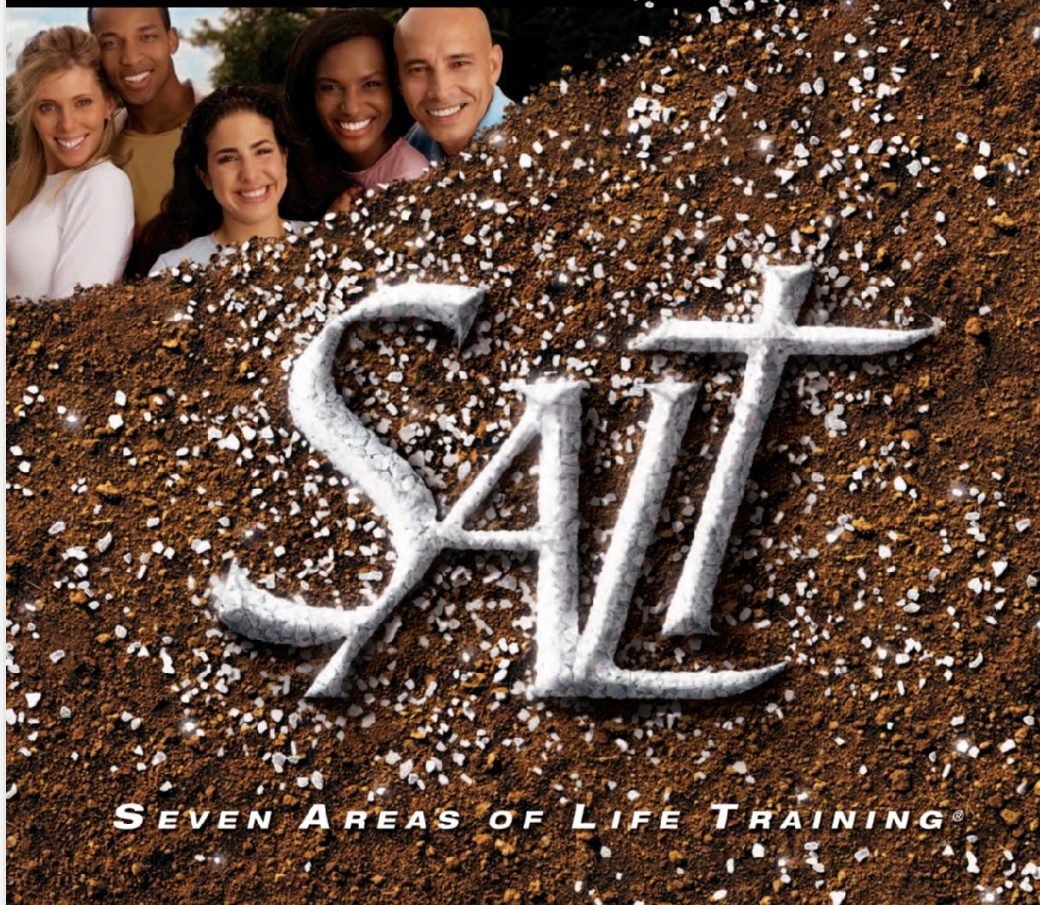


VICTORIOUS CHRISTIAN LIVING INTERNATIONAL
Advancing Biblical Discipleship Worldwide

A COMPREHENSIVE DISCIPLESHIP SERIES

My Relationship With Others

- Spiritual 1
- Psychological 2
- Social 3
- Physical 4
- Financial 5
- Marital 6
- Parental 7





VICTORIOUS CHRISTIAN LIVING INTERNATIONAL

Advancing Biblical Discipleship Worldwide