

RENEWING MY MIND

To Believe Truth

	I Feel or Think about Myself	According to the Scripture	Scripture
1	I am unworthy and unacceptable.	I am accepted and worthy.	Romans 15:7
2	I am alone.	I am never alone.	Hebrews 13:5b
3	I feel like a failure. I'm inadequate.	I am adequate.	2 Corinthians 3:5-6
4	I have no confidence.	I have all the boldness and confidence I need.	Proverbs 3:26
5	I feel responsible for my life.	God is responsible and faithful to me.	Philippians 1:6
6	I am confused and might be crazy.	I have the mind of Christ.	1 Corinthians 2:16
7	I am depressed and hopeless.	I have all the hope I need.	Romans 15:13
8	I am not good enough. I'm imperfect.	I am perfect in Christ.	Hebrews 10:14
9	There is nothing special about me.	I have been chosen and set apart by God.	Psalms 139
10	I don't have enough.	I have no lack.	Philippians 4:19
11	I am a fearful and anxious person.	I am free from fear.	1 John 4:18
12	I lack faith.	I have all the faith I need.	Romans 12:3
13	I am a weak person.	I am strong in Christ.	Philippians 4:13
14	I am defeated.	I am victorious.	Romans 8:37
15	I am not very smart.	I have God's wisdom.	1 Corinthians 1:30
16	I am in bondage.	I am free in Christ.	2 Corinthians 3:17
17	I am miserable.	I have God's comfort.	2 Corinthians 1:3-4
18	I have no one to take care of me.	I am protected and safe.	Psalms 32:7
19	I am unloved.	I am much loved.	Romans 8:38-29
20	I am unwanted. I don't belong.	I have been adopted by God. I am His child.	Romans 8:16-17
21	I feel guilty.	I am totally forgiven and redeemed.	Ephesians 1:7
22	I am a sinner and a bad person.	I have been declared holy, righteous and justified. I am a saint.	2 Corinthians 5:21
23	I have no strength.	I have God's power. I am indwelt with the Holy Spirit.	Ephesians 3:16
24	I can't reach God.	I have direct access to God as a believer-priest.	1 Peter 2:5,9
25	I feel condemned.	I am blameless and not condemned.	Romans 8:1
26	There is no direction, purpose or plan for my life.	I have been created for good works. God knows my way.	Ephesians 2:10 Jeremiah 29:11
27	I feel like nothing will ever change.	I've been given a brand new life.	2 Corinthians 5:17
28	I am afraid of Satan.	I have authority over Satan.	1 John 4:4
29	Sin overpowers me.	I am dead to sin.	Romans 6:11