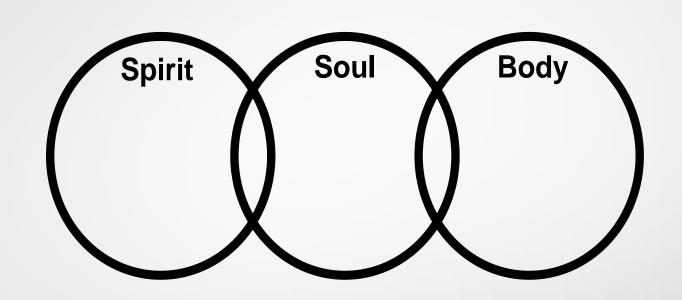
PSYCHOLOGICAL LIFE LESSON 2

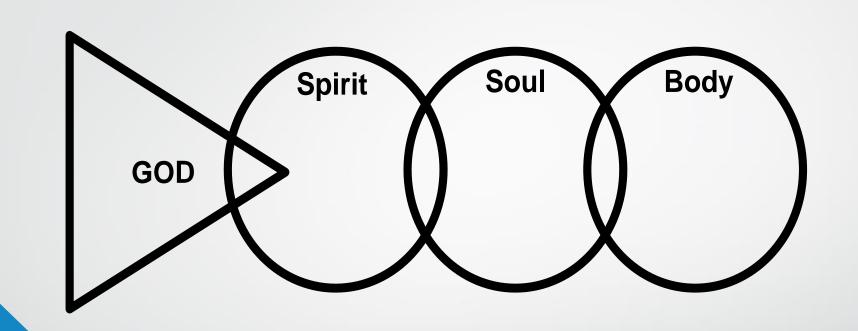
WHERE TO FOCUS

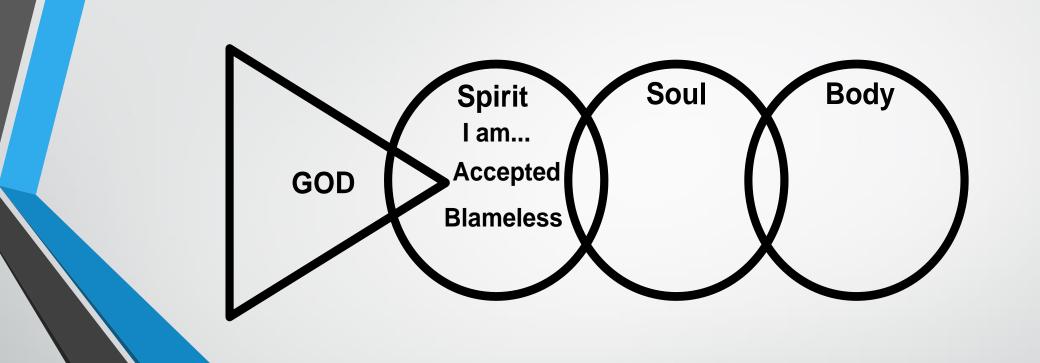


KEY VERSE

"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will know what God wants you to do, and you will know how good and pleasing and perfect his will really is." Romans 12:2 (NLT)





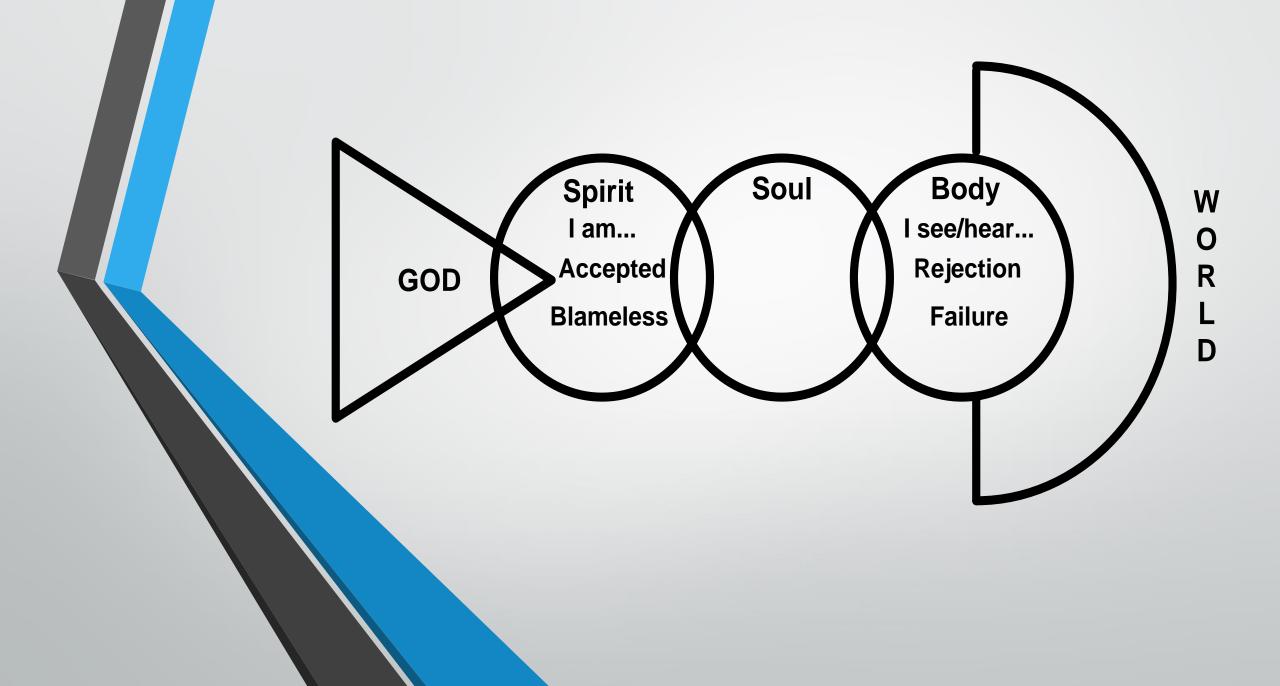


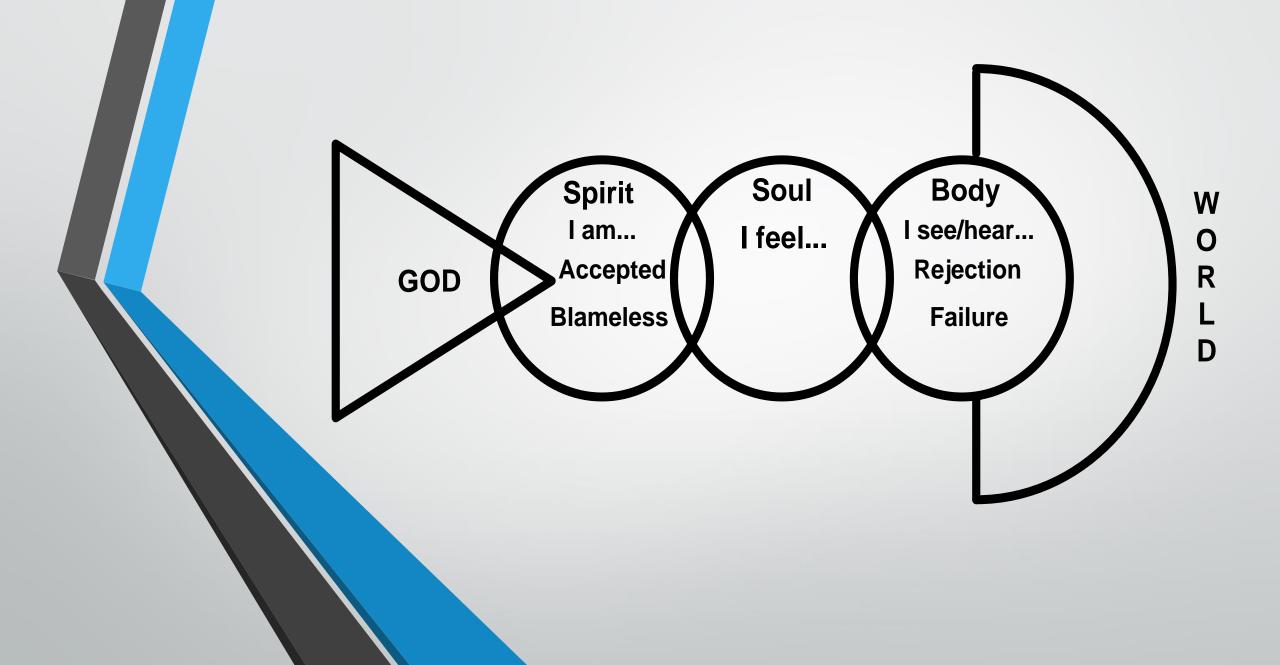


"...We have the free gift of being accepted by God, even though we are guilty of many sins." Romans 5:16 (NLT)



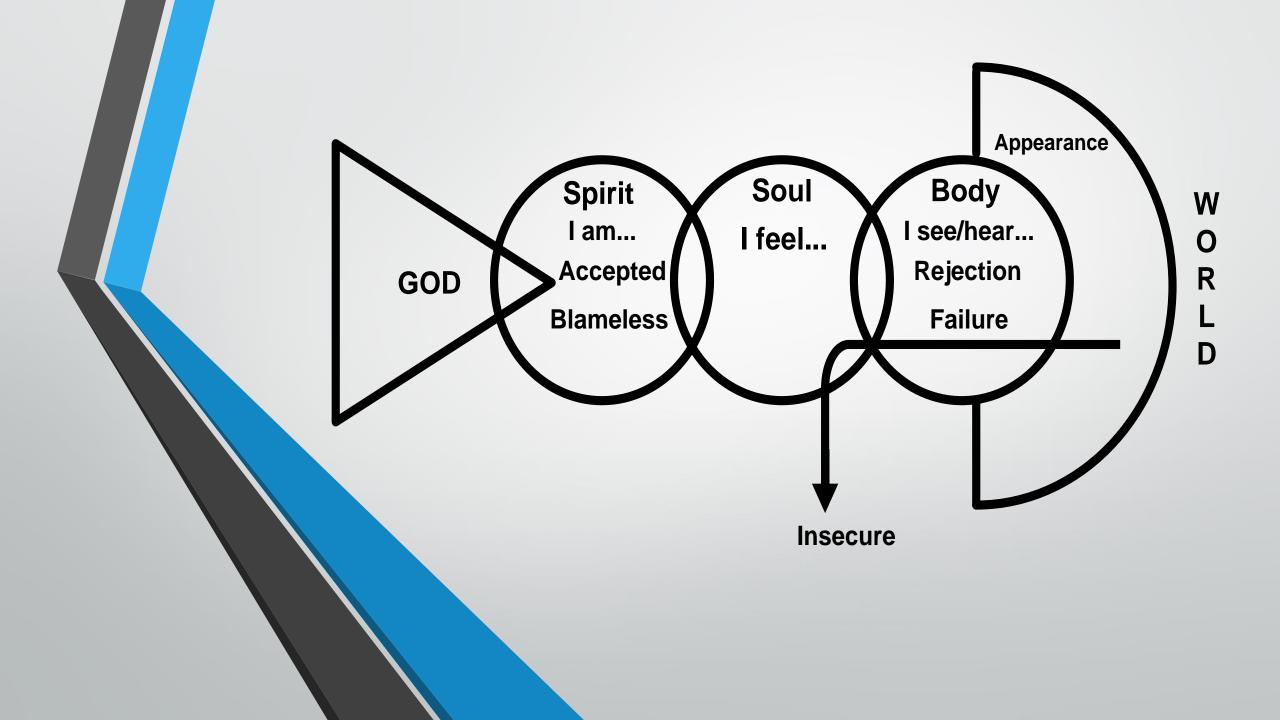
"...Just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love." Ephesians 1:4 (NKJ)

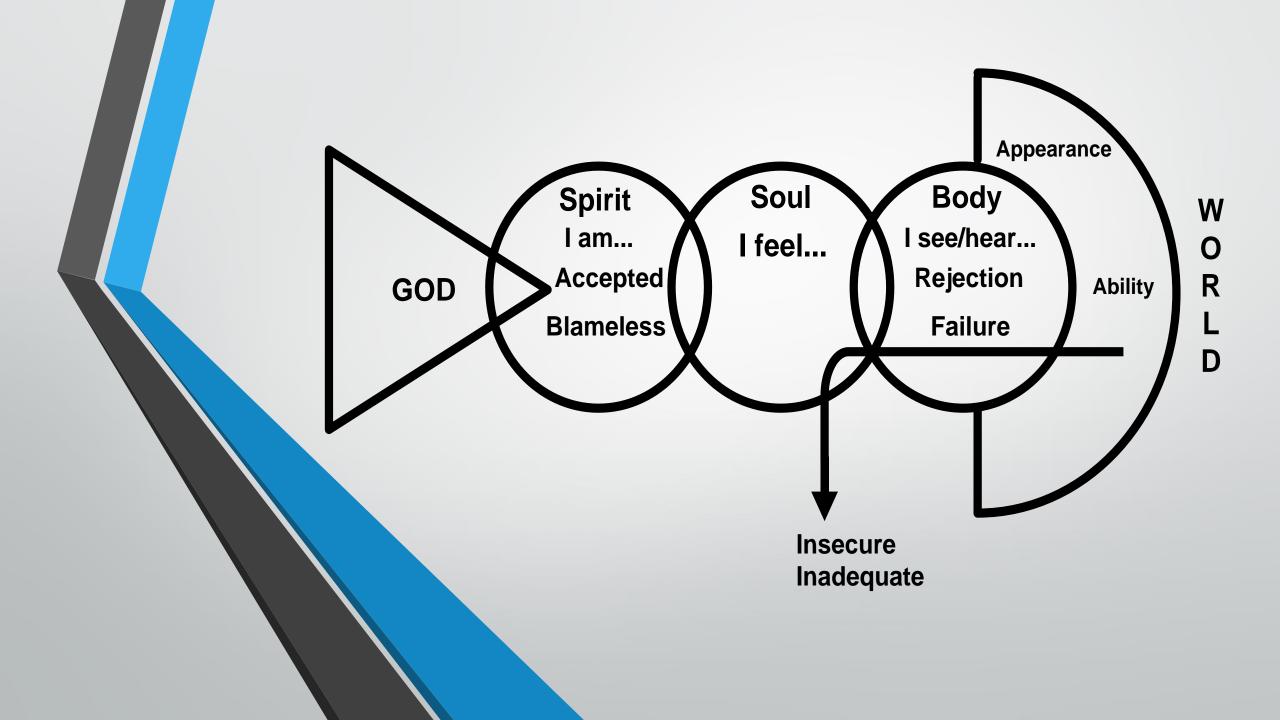


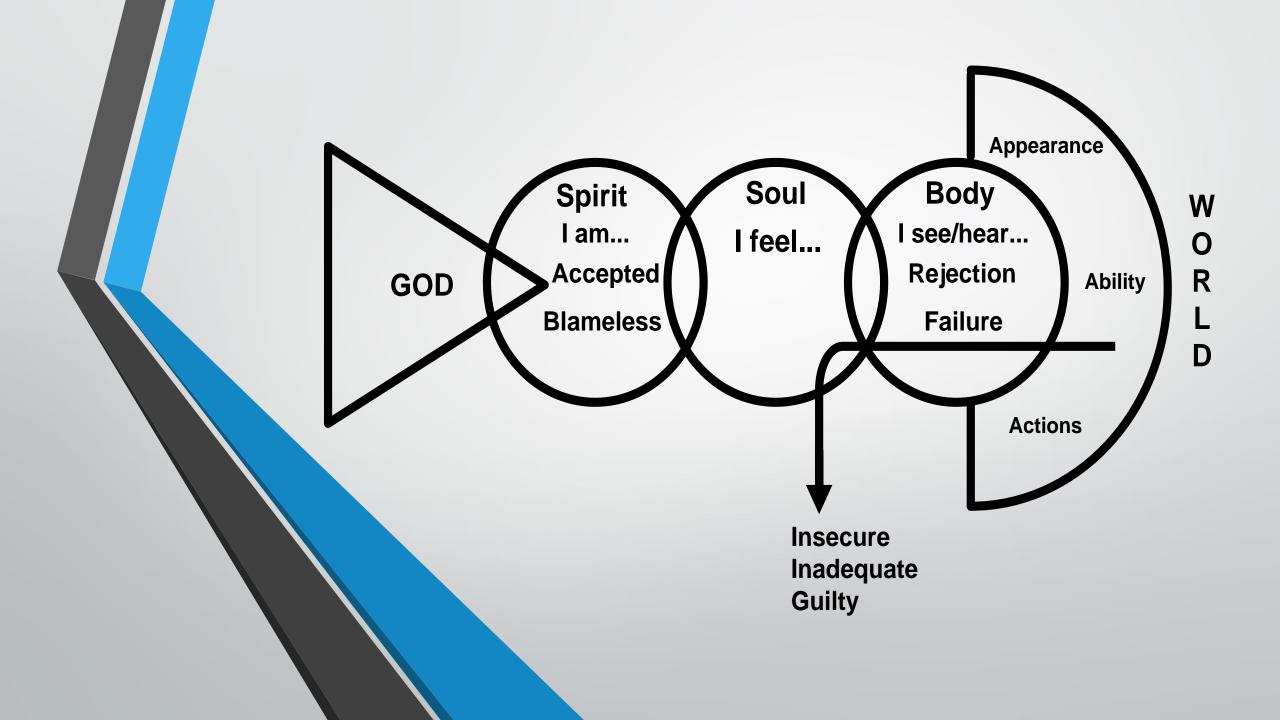




"The thief's [Satan's] purpose is to steal and kill and destroy. My purpose is to give life in all its fullness." John 10:10 (NLT)









"For the mind set on the flesh is death..." Romans 8:6 (NASB)



"...He is a double-minded man, unstable in all his ways." James 1:8 (NKJ)



FEARS

Fear occurs when you focus on the unknown or things outside of your control.

FANTASIES

Fantasies are a way of dealing with problems by escaping from reality.

OBSESSIVE THOUGHTS

These are thoughts that haunt or trouble the mind on a continual basis.



WRONG DECISIONS

Decisions based on what you see and hear, not what God says.

DEPRESSION

Depression occurs when you focus on the negative experiences of the *past*. You have lost hope.

ANXIETY

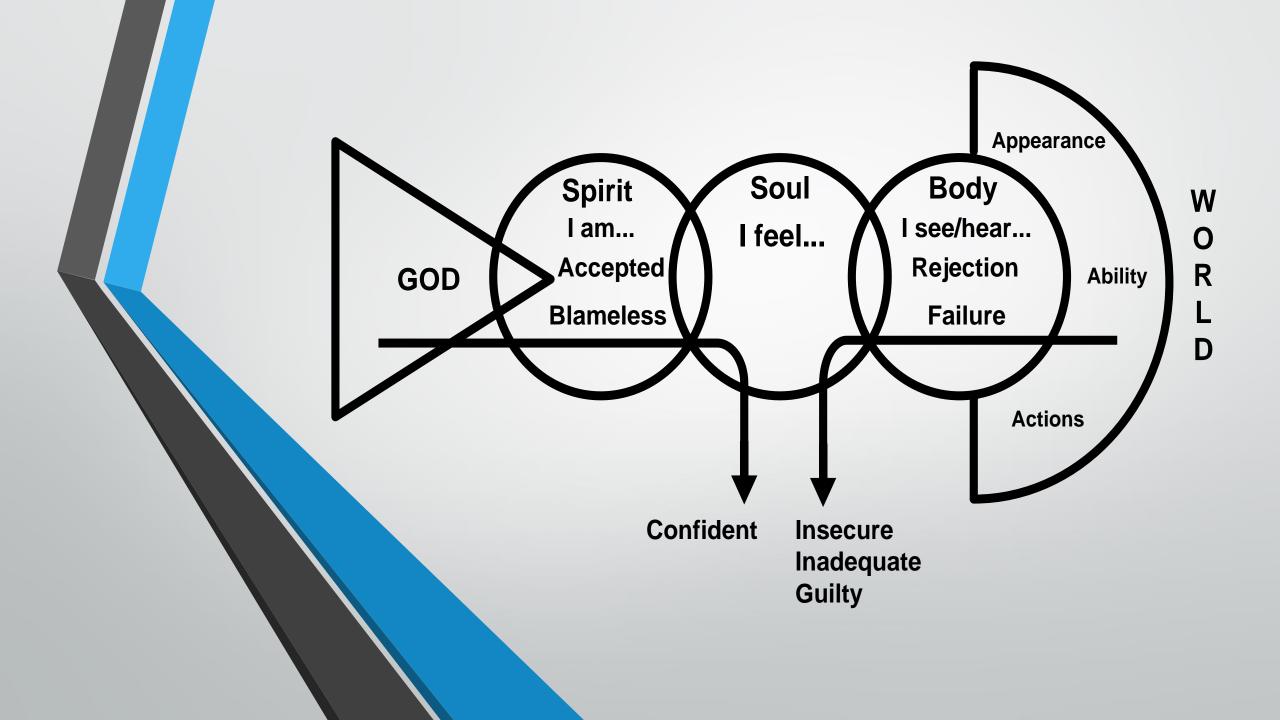
Anxiety occurs when you focus on the uncertainty of the *future*. God is not being trusted.

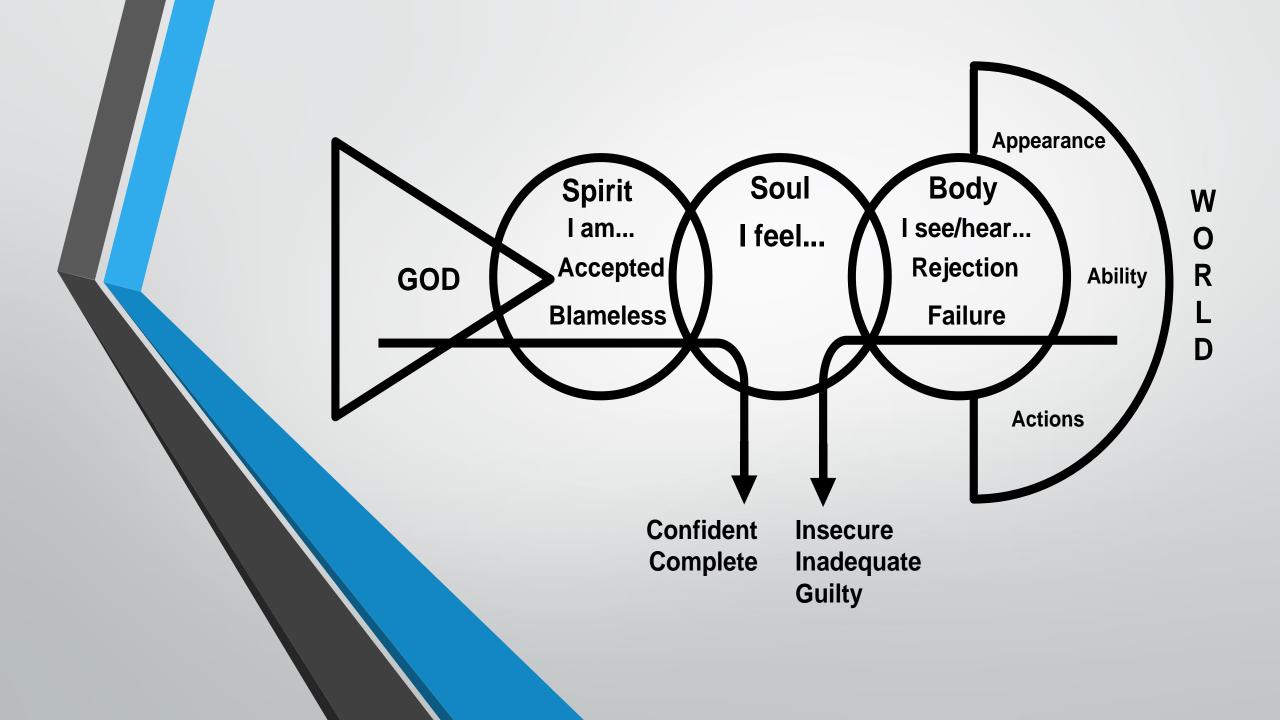


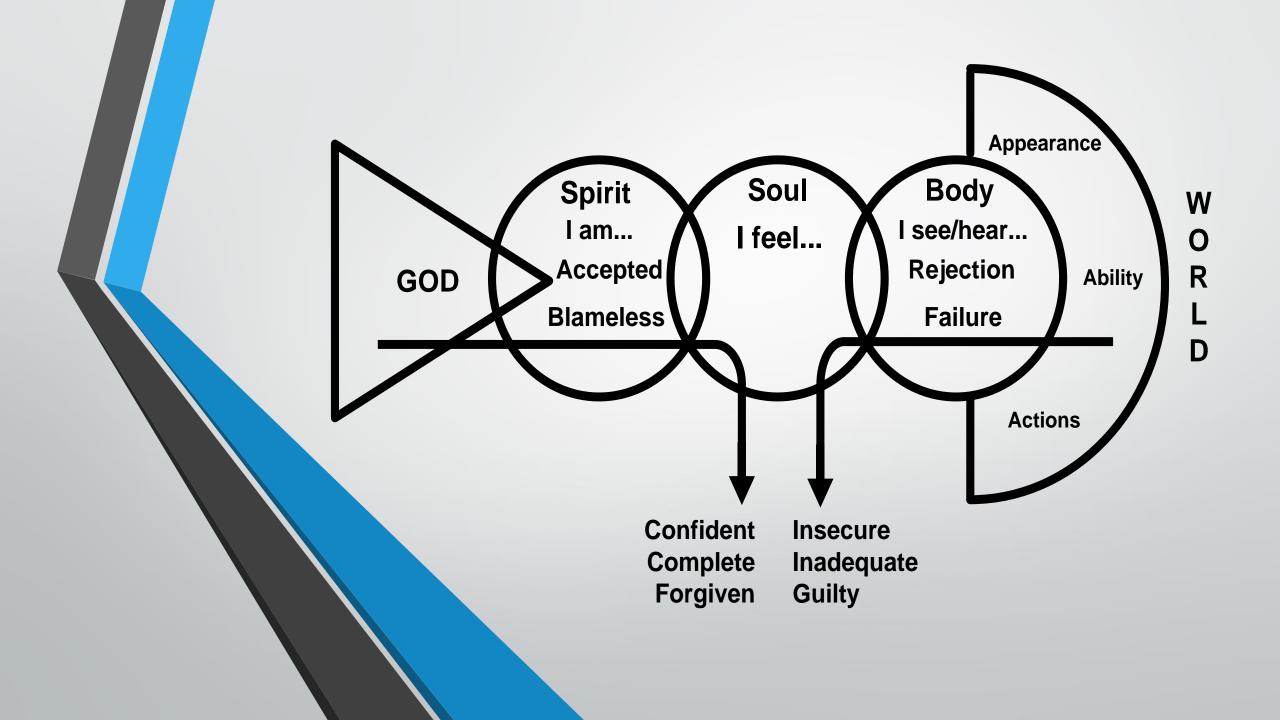
"My sheep hear My voice, and I know them and they follow Me." John 10:27 (NKJ)



"For God is working in you, giving you the desire to obey Him and the power to do what pleases Him." Philippians 2:13 (NLT)









"This confidence is like a strong and trustworthy anchor for our souls..."

Hebrews 6:19 (NLT)



"What can we say about such wonderful things as these? If God is for us, who can ever be against us?" Romans 8:31 (NLT)



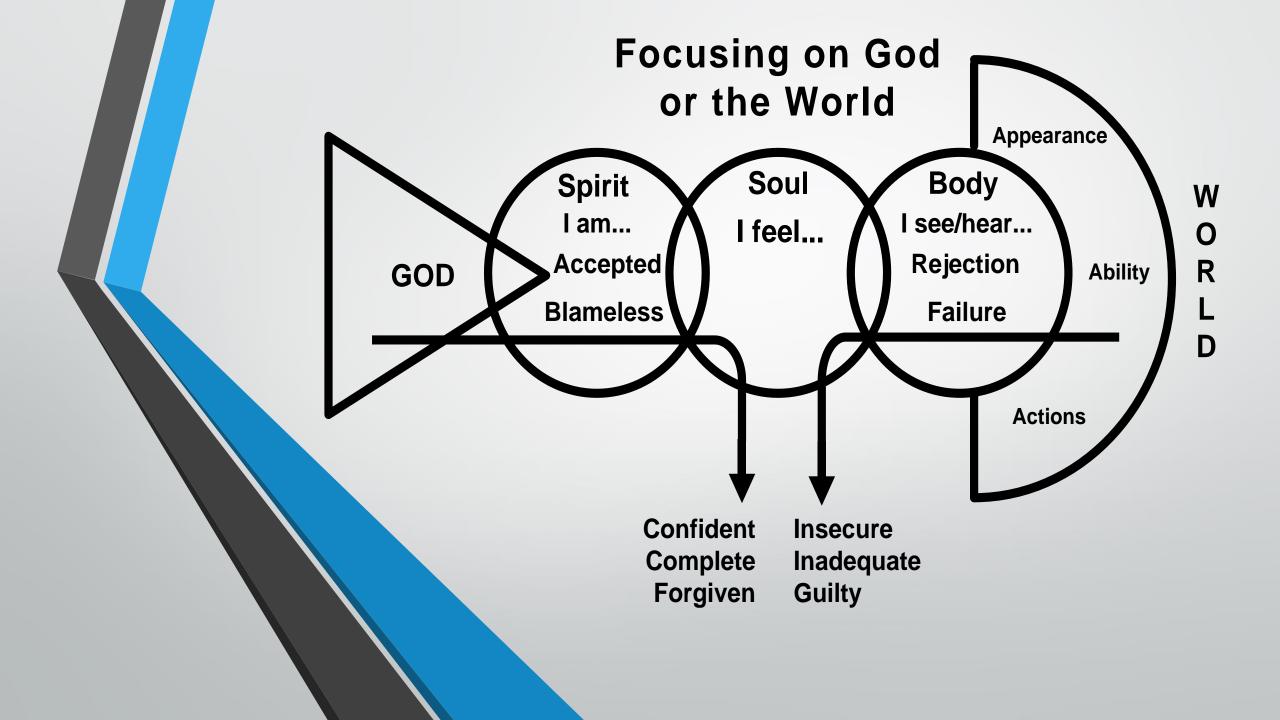
"...You are complete through your union with Christ..." Colossians 2:10 (NLT)



"Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is from God." 2 Corinthians 3:5 (NASB)



"I am writing to you, my dear children, because your sins have been forgiven because of Jesus." 1 John 2:12 (NLT)





"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God." Romans 12:2 (NKJ)

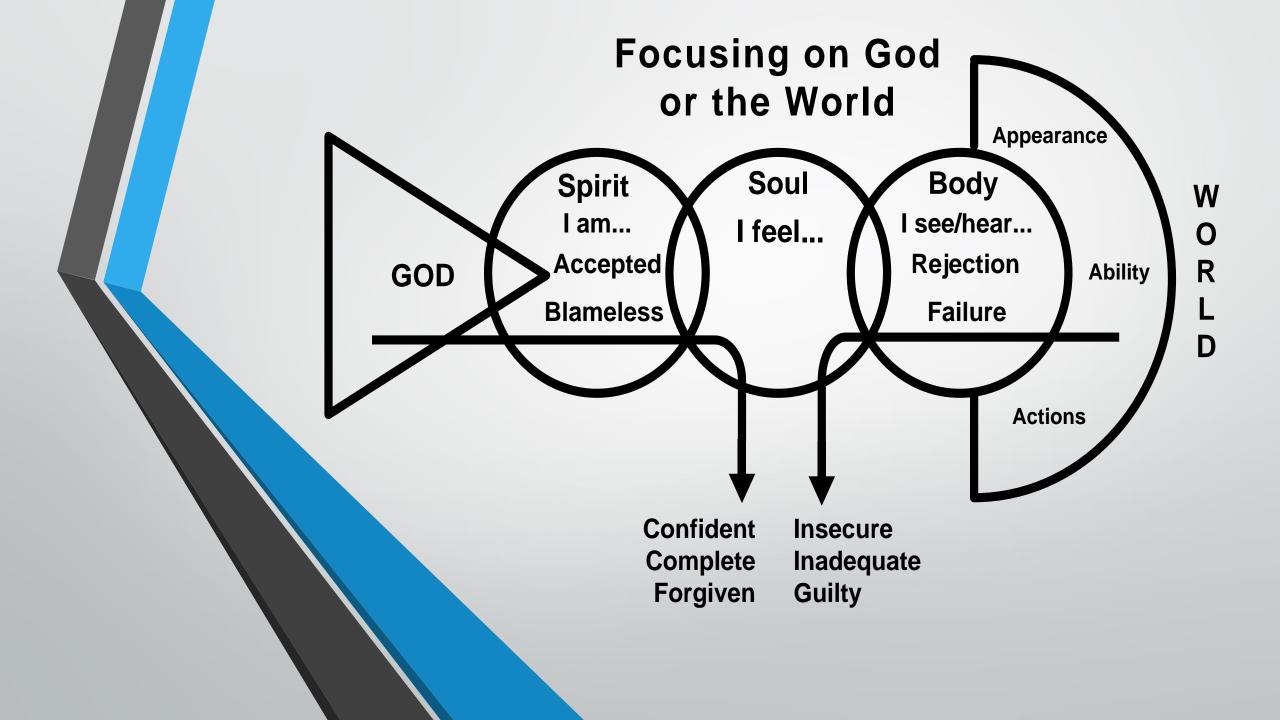


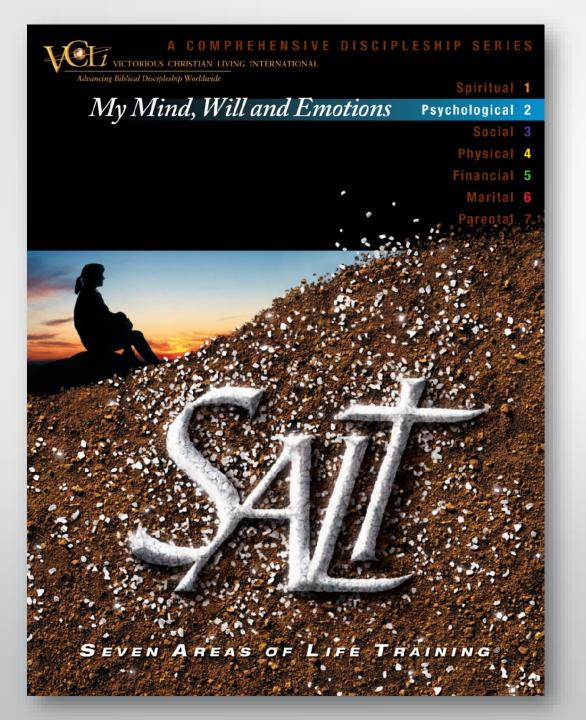
"You will keep in perfect peace all who trust in you, whose thoughts are fixed on You!" Isaiah 26:3 (NLT)

PERSONAL APPLICATION

Repent of the ways you have looked for approval from the world through your appearance, abilities, and actions.

Accept the truth about who God says you are and begin focusing on Him instead of the world.







VICTORIOUS CHRISTIAN LIVING INTERNATIONAL

Advancing Biblical Discipleship Worldwide