

## **Cast Out Grief and Bitterness**

ALMIGHTY GOD,

I stand in the gap for [Name], and I ask You to forgive the bitterness and grief that took root in their heart through the loss of loved ones or painful life events. I repent on their behalf for allowing natural grief to turn into demonic grief. I break every demonic soul tie connected to grief and bitterness — with both the living and the dead. I now speak to every spirit that entered them through grief, trauma, and bitterness, and I command these unclean spirits to leave them NOW, in the name of Jesus Christ.

Spirit of Unforgiveness — come out in Jesus' name

Spirit of Rejection — come out in Jesus' name

Spirit of Rebellion — come out in Jesus' name

Spirit of Fear of Rejection — come out in Jesus' name

Spirit of Self-Will — come out in Jesus' name

Spirit of Self-Rejection — come out in Jesus' name

Spirit of Stubbornness — come out in Jesus' name

Spirit of Rejection of Others — come out in Jesus' name

Spirit of Disobedience — come out in Jesus' name

Spirit of Anti-Submissiveness — come out in Jesus' name

Spirit of Root of Bitterness — come out in Jesus' name

Spirit of Depression — come out in Jesus' name

Spirit of Resentment — come out in Jesus' name

Spirit of Despair — come out in Jesus' name

Spirit of Hatred — come out in Jesus' name

Spirit of Disgust — come out in Jesus' name

Spirit of Despondency — come out in Jesus' name

Spirit of Violence Toward Self — come out in Jesus' name

Spirit of Discouragement — come out in Jesus' name

Spirit of Violence Toward Others — come out in Jesus' name

Spirit of Defeatism — come out in Jesus' name

Spirit of Temper — come out in Jesus' name

Spirit of Dejection — come out in Jesus' name

Spirit of Anger — come out in Jesus' name

Spirit of Hopelessness — come out in Jesus' name

Spirit of Rage — come out in Jesus' name

Spirit of Envy — come out in Jesus' name

Spirit of Murder — come out in Jesus' name

Spirit of Distrust — come out in Jesus' name

Spirit of Grief — come out in Jesus' name

Spirit of Selfishness — come out in Jesus' name

Spirit of Suicide Fantasy — come out in Jesus' name

Spirit of Death — come out in Jesus' name

Spirit of Unreality — come out in Jesus' name

Spirit of Insomnia — come out in Jesus' name

Spirit of Spite — come out in Jesus' name

Spirit of Wrath — come out in Jesus' name

Spirit of Hatred — come out in Jesus' name

Spirit of Malice — come out in Jesus' name

Spirit of Bitter Wailing — come out in Jesus' name

Spirit of Deceit — come out in Jesus' name

Spirit of Bitterness of Death — come out in Jesus' name

Spirit of Escape — come out in Jesus' name

Spirit of Confusion — come out in Jesus' name

Spirit of Indifference — come out in Jesus' name

Spirit of Frustration — come out in Jesus' name

Spirit of Stoicism — come out in Jesus' name

Spirit of Incoherence — come out in Jesus' name

Spirit of Passivity — come out in Jesus' name

Spirit of Lying — come out in Jesus' name

Spirit of Sleepiness (demonic slumber) — come out in Jesus' name

Spirit of Guilt — come out in Jesus' name

Spirit of Alcohol Addiction — come out in Jesus' name

Spirit of Self-Hatred — come out in Jesus' name

Spirit of Drug Addiction — come out in Jesus' name

Spirit of Condemnation — come out in Jesus' name

Spirit of Shame — come out in Jesus' name

Spirit of Listlessness — come out in Jesus' name

Spirit of Unworthiness — come out in Jesus' name

Spirit of Lethargy — come out in Jesus' name

Spirit of Embarrassment — come out in Jesus' name

Spirit of Weariness — come out in Jesus' name

Spirit of Pressure — come out in Jesus' name

Spirit of Tiredness — come out in Jesus' name

Spirit of Railing — come out in Jesus' name

Spirit of Laziness — come out in Jesus' name

Spirit of Confrontation — come out in Jesus' name

Spirit of Doubt — come out in Jesus' name

Spirit of Disease — come out in Jesus' name

Spirit of Doubting God's Word — come out in Jesus' name

Spirit of Cancer — come out in Jesus' name

Spirit of Indecision — come out in Jesus' name

Spirit of Ulcers — come out in Jesus' name

Spirit of Arthritis — come out in Jesus' name

Spirit of Self-Deception — come out in Jesus' name

Spirit of Worry — come out in Jesus' name

Spirit of Sorrow — come out in Jesus' name

Spirit of Anxiety — come out in Jesus' name

Spirit of Heartache — come out in Jesus' name

Spirit of Fear — come out in Jesus' name

Spirit of Crying — come out in Jesus' name

Spirit of Dread — come out in Jesus' name

Spirit of Sadness — come out in Jesus' name

Spirit of Apprehension — come out in Jesus' name

Spirit of Cruelty — come out in Jesus' name

Spirit of Restlessness — come out in Jesus' name

Spirit of Heavy Burdens — come out in Jesus' name

Spirit of Roving and Wandering — come out in Jesus' name

Spirit of Oppressive Grief — come out in Jesus' name

Spirit of Pain of Mind — come out in Jesus' name

Spirit of Pain of Emotions — come out in Jesus' name



Spirit of Regret — come out in Jesus' name

Spirit of Suffering Spirits — come out in Jesus' name

Spirit of Distress — come out in Jesus' name

Now, in the Name of Jesus Christ, I loose upon [Name] the peace of God, the joy of the Holy Ghost, the comfort of the Comforter, the oil of gladness instead of mourning, and the garment of praise instead of the spirit of heaviness. Holy Spirit, flood their soul, mind, emotions, and body with Your resurrection power. I seal this deliverance in the Blood of Jesus and declare that no spirit of grief or bitterness will return — ever again — in Jesus' name. Amen!

**Pastor Nate Thompson Deliverance Revolution Ministries**

**DeliveranceRevolution.org Contact us If you need deliverance:**

**<https://deliverancerevolution.org/contact-us/>**

🔥 Are You Ready to Be Set Free and Step Into Your Calling? 🔥

Here at Deliverance Revolution Ministry, we're not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God! ✨

Join us every day at 11 AM and 7 PM Eastern (except Sunday mornings) for our powerful Zoom sessions. These aren't just meetings—they're encounters with the

living God! We minister deliverance, provide discipleship training, and empower you to walk in freedom, boldness, and purpose.

📺 Whether you're battling oppression, possession, depression, or suicidal thoughts, we've seen Jesus transform lives. Our YouTube channel is filled with real testimonies—people who walked in broken but came out victorious.

Our website, [DeliveranceRevolution.org](http://DeliveranceRevolution.org), is loaded with life-changing prayers, training, and tools to help you grow into everything God has called you to be.

☐ But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

➡☐ Don't wait. Get connected. Get trained. Get free. Full-On Jesus is the only way.