

## **Prayer for Sexual Restoration and Freedom in Jesus' Name**

Heavenly Father,

I come before You today in the mighty name of Jesus Christ, my Savior and Lord. I humble myself before Your throne of grace, where mercy and help flow abundantly in my time of need. I thank You that You are a God who heals, who restores, and who redeems every broken place in our lives—including the deeply personal and often hidden places of our sexuality.

Father, Your Word declares in John 1:3 (NKJV), “All things were made through Him, and without Him nothing was made that was made.” This means that my body, my soul, and my sexuality were made through You and by You. You are my Creator, and I acknowledge that my sexuality was not a mistake or a random feature, but a part of Your divine design.

Lord Jesus Christ, You purchased me with Your blood. You gave Your life on the cross that I might be set free, not just spiritually, but in every area—emotionally, physically, mentally, and sexually. Your Word in 1 Corinthians 6:19-20 (NKJV) says, “Or do you not know that your body is the temple of the Holy Spirit who is in you... and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God’s.” I surrender my sexuality to You now. I consecrate it to You, Lord. Cleanse it, purify it, sanctify it, and bring it under Your Lordship and protection.

### **Confession and Renunciation of Sexual Sin**

Holy Spirit, I ask You now to bring to my mind every instance, every memory, and every act where I misused or defiled the gift of my sexuality. I want to bring every sin into the light of Jesus Christ.

[Pause to reflect and let the Lord bring specific memories.]

Father, I confess my sins to You. I repent of sexual intimacy outside of marriage, whether intercourse, mutual stimulation, oral sex, or emotional connections I entertained outside of Your will. I confess and renounce the sin of pornography, masturbation, lustful fantasies, inappropriate relationships, and adultery. I repent of using sex to cope with loneliness, pain, or rejection. I renounce all sexual immorality, impurity, and lust that has taken root in my life. Your Word in 1 John 1:9 (NKJV) promises, “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” I receive that forgiveness now, in the name of Jesus.

By the authority of Your Word, I now renounce every right and every claim Satan has gained in my life through these sexual sins. Every foothold, every open door, every legal access—I cancel it now with the blood of Jesus Christ. I declare that I am free. I break every ungodly agreement and cancel every assignment of the enemy tied to these acts.

Forgiveness: Releasing Others and Myself

Lord, I thank You for the complete forgiveness You offer. Today I choose to forgive myself. I will no longer carry the shame, the guilt, or the self-condemnation. The blood of Jesus is enough. I release myself from the prison of regret.

Father, I now choose to forgive every person who sexually harmed, used, or violated me. [Pause and name them specifically.] I forgive them, even if they never apologized. I release all bitterness, hatred, resentment, and judgment I’ve held toward them. I declare: The Cross is enough. I hand them over to You, Lord. You are the Righteous Judge, and vengeance belongs to You alone.

Come, Lord Jesus, into the pain, into the shame, into the confusion and trauma that I experienced. Heal the wounds. Bind up the brokenness. Speak Your love and truth over those places that were defiled. Restore my dignity and wash me clean.

### Breaking Ungodly Soul Ties and Spiritual Bonds

In the mighty name of Jesus, I now sever every ungodly soul tie and emotional connection created through sexual sin and trauma. I bring the Cross of Jesus Christ between me and every person I have been sexually involved with. [Name them if possible.] I declare that I no longer belong to them. The emotional and spiritual bond is broken. I am one with Christ, and I belong to Him alone. Every spirit that entered through those relationships must go now in the name of Jesus.

I break every spiritual bond between me and any abuser, any partner outside of God's covenant of marriage. I break the spirit of control, lust, shame, manipulation, seduction, and perversion. I command every spirit attached to my past sexual sin to leave me now in Jesus' name.

### Breaking Unhealthy Agreements

Holy Spirit, reveal to me now every lie, every unhealthy agreement, and every inner vow I've made regarding my sexuality.

[Pause to listen.]

I break every lie in Jesus' name. I renounce the belief that "I will always struggle with this," or "I will never be pure," or "I am too dirty to be loved." I renounce the

belief that “Sex is evil” or “My body is disgusting” or “I can never trust anyone with my body again.”

I declare the truth of Psalm 139:14 (NKJV): “I will praise You, for I am fearfully and wonderfully made.” My body is not shameful; it is a temple of the Holy Spirit. I declare that my sexuality is being restored, renewed, and re-aligned with the purity and love of Christ.

### Renouncing Spiritual Oppression

In Jesus’ name, I command every demonic spirit that entered through sexual sin, trauma, or perversion to come out of me now. Spirit of lust—go! Spirit of perversion—leave! Spirit of masturbation, pornography, and fantasy—go in the name of Jesus! Spirit of incubus and succubus, spiritual spouse or spiritual husband/wife—I break your claim. I renounce every covenant made knowingly or unknowingly with any demonic power tied to sexual sin. Be destroyed by the blood of Jesus.

I rebuke the spirit of shame, guilt, self-hatred, fear of intimacy, confusion about gender or identity, and every assignment of sexual perversion. I cast you out now by the power of Jesus Christ! Go to the pit, and do not return.

### Healing and Restoration

Jesus, now I ask You to come and fill every place where these spirits once dwelt. Fill me with the Holy Spirit. Heal me, body, soul, and spirit. I declare Your Word in Joel 2:25 (NKJV): “So I will restore to you the years that the swarming locust has eaten.” Restore to me what was lost, stolen, or damaged in my sexuality.

Restore my ability to feel holy desire within the boundaries You created. Restore my ability to receive and give love in purity. Restore my ability to experience healthy, godly intimacy in marriage. Remove the numbness. Heal the trauma. Let joy return.

Where there has been fear, replace it with peace. Where there has been shame, replace it with honor. Where there has been guilt, replace it with grace. Where there has been brokenness, bring wholeness.

### Consecration and Dedication

I now re-consecrate my sexuality to You, Jesus Christ. It belongs to You. I am Yours. My body is Yours. My future is Yours. Whether I am single or married, I place my sexuality under Your authority, Your Lordship, and Your protection.

If I am married, I consecrate my sexual intimacy with my spouse to You. Heal our marriage bed. Remove every hindrance to passion, trust, and joy. Sanctify our union, Lord.

If I am single, I dedicate this season to purity. Keep me, Jesus. Teach me how to walk in holiness and strength. Prepare me for a future that glorifies You in every part of my life, including sexuality.

Holy Spirit, empower me to resist temptation. Fill my eyes with light. Fill my heart with worship. Let my thoughts be pure, my desires holy, and my conduct pleasing to You. Lead me daily in paths of righteousness for Your name's sake.

### Victory and Declaration

I proclaim the truth of Luke 4:18 (NKJV): “The Spirit of the Lord is upon Me... He has sent Me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed.”

Jesus, You have set me free today. I am no longer bound to my past. I am no longer a slave to sin. I am no longer stuck in cycles of guilt, shame, or lust. I am no longer defined by what I did or what was done to me. I am a new creation. The old has passed away. Behold, all things have become new!

I declare Romans 8:1 (NKJV): “There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.” I walk in freedom. I walk in grace. I walk in victory.

Thank You, Lord, for healing my sexuality. Thank You for restoring what was broken. Thank You for Your everlasting love, mercy, and power. I will revisit this place of prayer whenever I need to, and I will walk in faith believing that full healing is mine through Jesus Christ.

In Jesus’ powerful, redeeming name, I pray,  
Amen.

**Pastor Nate Thompson Deliverance Revolution Ministries**

**DeliveranceRevolution.org Contact us If you need deliverance:**

**<https://deliverancerevolution.org/contact-us/>**

🔥 Are You Ready to Be Set Free and Step Into Your Calling? 🔥

Here at Deliverance Revolution Ministry, we're not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God! ✨

Join us every day at 11 AM and 7 PM Eastern (except Sunday mornings) for our powerful Zoom sessions. These aren't just meetings—they're encounters with the living God! We minister deliverance, provide discipleship training, and empower you to walk in freedom, boldness, and purpose.

🔗 Whether you're battling oppression, possession, depression, or suicidal thoughts, we've seen Jesus transform lives. Our YouTube channel is filled with real testimonies—people who walked in broken but came out victorious.

Our website, [DeliveranceRevolution.org](https://DeliveranceRevolution.org), is loaded with life-changing prayers, training, and tools to help you grow into everything God has called you to be.

☐ But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

➡ ☐ Don't wait. Get connected. Get trained. Get free. Full-On Jesus is the only way.