

Prayer of Repentance and Deliverance from the Flesh

Heavenly Father,

In the name of Jesus Christ, I humbly come before You. I acknowledge that I have followed the desires of my flesh. I have chosen selfishness over surrender, pride over humility, and pleasure over purity. I confess that at times, I have wanted my own way, wanted everything for myself, and wanted to appear important. Lord, I repent for allowing these carnal desires to govern my decisions and distance me from Your will.

Your Word says in Galatians 5:19–21 (NKJV):

“Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like... those who practice such things will not inherit the kingdom of God.”

Lord, I renounce every work of the flesh in my life. I reject the path of destruction and rebellion. I confess that my flesh has pulled me toward sin, but my identity is not in the flesh—it is in Christ Jesus. My flesh is not who I am. I am a new creation. I am born of the Spirit.

Father, forgive me. Cleanse me. Change me. Deliver me.

Even my attempts at righteousness apart from You are like filthy rags, as Isaiah 64:6 says. I repent for trying to please You in the power of the flesh rather than by walking in the Spirit. I cannot overcome sin in my own strength. I cannot satisfy the cravings of my soul with worldly things. The flesh never stops wanting, but it is never truly satisfied. I lay it down now in Jesus' name.

Romans 8:1–2 (NKJV) declares:

“There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.”

Thank You, Jesus, for setting me free. I stand on this truth: I am not condemned. Though I once walked in the flesh, I now choose to walk in the Spirit. I choose life over death, truth over lies, obedience over rebellion.

Romans 8:5–6 (NKJV) says:

“For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace.”

I repent for setting my mind on the things of the flesh. Lord, transform my mind. Renew my thoughts. Fill me with the desire to seek Your will above my own. I don't want to be led by pride, lust, envy, or fear. I want to be led by Your Spirit. I want to desire what You desire and hate what You hate.

Father, I renounce the following:

The lust of the flesh and the pride of life.

Every desire to please people rather than please You.

Self-righteousness and all performance-based religion.

Every influence from the world that feeds my flesh.

My need to control, manipulate, and exalt myself.

I reject every lie that says I need to fulfill my own needs apart from You. I am not my own provider. You are, Lord. I am not my own savior. You are, Jesus. I submit to You. I surrender to the Spirit.

Romans 8:13–14 (NKJV) declares:

“For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live. For as many as are led by the Spirit of God, these are sons of God.”

By Your Spirit, help me put to death the deeds of the flesh. I want to live, Lord—not just exist. Breathe life into my mortal body. Raise me up from every dead place. Let the same Spirit that raised Jesus from the dead quicken me today.
(Romans 8:11)

Holy Spirit, I invite You to:

Govern my mind with life and peace.

Lead me into all truth.

Convict me quickly when I am tempted to walk in the flesh.

Teach me how to walk in the Spirit moment by moment.

Replace my desires with Yours.

Father, I declare that I am no longer in the realm of the flesh, but in the realm of the Spirit, because the Spirit of God lives in me! (Romans 8:9)

Let the fruit of the Spirit be seen in my life:

“Love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control...” (Galatians 5:22–23)

Let my life bring glory to You—not through performance, but through surrender.

When I am tempted, I will not give in.

When my flesh screams, I will not follow.

When the enemy accuses, I will remember: I am not condemned.

I take up my cross today.

I crucify the flesh.

I walk in the Spirit.

Thank You, Lord, that this battle is not mine but Yours. Yet You've given me the power to choose. And today, I choose life. I choose You. I choose truth.

In the name of Jesus Christ, I declare:

I am free from the power of the flesh.

I am led by the Spirit.

I am not condemned.

I am victorious through Christ Jesus.

I live, move, and have my being in God.

I will walk by the Spirit and not fulfill the lusts of the flesh.

Thank You, Jesus, for what You've done on the cross.

I receive Your victory today.

In Jesus' mighty name I pray,

Amen and Amen.

Pastor Nate Thompson Deliverance Revolution Ministries
DeliveranceRevolution.org Contact us If you need deliverance:
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🔥 Are You Ready to Be Set Free and Step Into Your Calling? 🔥

Here at Deliverance Revolution Ministry, we're not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God! ✨

Join us every day at 11 AM and 7 PM Eastern (except Sunday mornings) for our powerful Zoom sessions. These aren't just meetings—they're encounters with the living God! We minister deliverance, provide discipleship training, and empower you to walk in freedom, boldness, and purpose.

🔗 Whether you're battling oppression, possession, depression, or suicidal thoughts, we've seen Jesus transform lives. Our YouTube channel is filled with real testimonies—people who walked in broken but came out victorious.

Our website, DeliveranceRevolution.org, is loaded with life-changing prayers, training, and tools to help you grow into everything God has called you to be.

☐ But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

➡☐ Don't wait. Get connected. Get trained. Get free. Full-On Jesus is the only way.