

DAILY HEART-CHECK QUESTIONS/ Overcoming Procrastination

Use these reflection prompts each morning or night to remain aware of your thoughts, habits, and spiritual alignment.

1. Am I delaying something the Holy Spirit already prompted me to do?

“Do not withhold good from those to whom it is due, when it is in your power to act.” – Proverbs 3:27 (NKJV)

2. What excuse have I made today that might be masking fear or laziness?

“The lazy man says, ‘There is a lion outside! I shall be slain in the streets!’” – Proverbs 22:13 (NKJV)

3. Did I do what I said I would do today? Was I faithful to my word?

“Let your ‘Yes’ be ‘Yes,’ and your ‘No,’ ‘No.’” – Matthew 5:37 (NKJV)

4. Have I asked God for strength to do what I feel too tired, fearful, or overwhelmed to begin?

“I can do all things through Christ who strengthens me.” – Philippians 4:13 (NKJV)

5. Is there a task I’ve been avoiding that, if done, would bring peace or progress?

“To him who knows to do good and does not do it, to him it is sin.” – James 4:17 (NKJV)

6. Am I avoiding responsibility out of fear of failure or fear of man?

“The fear of man brings a snare, but whoever trusts in the Lord shall be safe.” – Proverbs 29:25 (NKJV)

7. Have I honored God with my time, or wasted hours on distractions?

“Redeeming the time, because the days are evil.” – Ephesians 5:16 (NKJV)

8. Did I prioritize spiritual things over comfort and entertainment today?

“But seek first the kingdom of God and His righteousness...” – Matthew 6:33 (NKJV)

9. Is perfectionism stopping me from starting something God asked me to do?

“My grace is sufficient for you, for My strength is made perfect in weakness.” – 2 Corinthians 12:9 (NKJV)

10. Have I leaned on the Holy Spirit today for wisdom and strength—or relied on my flesh?

“Not by might nor by power, but by My Spirit,” says the Lord of hosts.” – Zechariah 4:6 (NKJV)

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🔥 Are You Ready to Be Set Free and Step Into Your Calling? 🔥


Here at Deliverance Revolution Ministry, we're not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God! ✨

Join us every day at 11 AM and 7 PM Eastern (except Sunday mornings) for our powerful Zoom sessions. These aren't just meetings—they're encounters with the living God! We minister deliverance, provide discipleship training, and empower you to walk in freedom, boldness, and purpose.

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Our website, DeliveranceRevolution.org, is loaded with life-changing prayers, training, and tools to help you grow into everything God has called you to be.

□ But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

➡ □ Don't wait. Get connected. Get trained. Get free. Full-On Jesus is the only way.