

Powerful Prayer to Overcome Procrastination with Binding and Loosing — In Jesus' Name

Heavenly Father, in the mighty name of Jesus Christ, I boldly come before Your throne of grace to obtain mercy and find help in this battle against procrastination, laziness, fear, and the spiritual roots that have kept me in delay and defeat. Lord, You are my Deliverer, and I call upon You now to break the chains that have entangled me and hindered my progress.

Father, I repent for every way I have entertained procrastination in my life—every excuse, every avoidance, every wasted moment. Forgive me for dishonoring the time You've given me, for delaying obedience, and for despising the small steps of faith. I renounce the sin of laziness, the spirit of slumber, and the love of comfort that has opposed the will of God in my life. I submit myself completely to You, O Lord.

Your Word says in Ephesians 5:15–16 (NKJV):

"See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil."

Father, I declare that I will no longer walk foolishly but wisely, redeeming the time by the power of Your Spirit.

Now in Jesus' name, I take authority over every unclean spirit operating in my life that causes delay, distraction, passivity, anxiety, slothfulness, and mental paralysis.

- I bind the spirit of procrastination in the name of Jesus!
- I bind the spirit of laziness in the name of Jesus!
- I bind the spirit of perfectionism that paralyzes action in the name of Jesus!

● I bind the demon of self-doubt and unbelief that whispers, “You’re not good enough” in the name of Jesus!

● I bind the fear of failure and the fear of responsibility right now in the name of Jesus!

● I bind the demon of escapism and distraction—through social media, TV, endless scrolling, gaming, and mindless activities—in the name of Jesus!

● I bind every spirit of slumber and spiritual dullness! Come out in Jesus’ name!

I loose over my life the Spirit of power, love, and a sound mind!

I loose the fire of the Holy Ghost to ignite my heart with passion, drive, and holy discipline.

I loose the grace and wisdom of God to make godly decisions and follow through with commitment.

I loose clarity, focus, and divine energy to move forward and complete every assignment in Jesus’ name.

Your Word declares in 2 Timothy 1:7 (NKJV):

"For God has not given us a spirit of fear, but of power and of love and of a sound mind."

I receive this truth now. I reject the spirit of fear, I reject mental instability, and I receive power, love, and self-control.

I declare the Word of God over my mind and life:

🧠 Proverbs 13:4 (NKJV):

"The soul of a lazy man desires, and has nothing; but the soul of the diligent shall be made rich."

I will be diligent and fruitful, in Jesus' name!

🔔 Colossians 3:23–24 (NKJV):

"And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward..."

I declare that I work not for man, but for the Lord. Every task, small or great, I offer to You, Lord.

🔔 1 Corinthians 9:24 (NKJV):

"Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it."

I run this race to win—with endurance, with courage, and with the help of the Holy Spirit.

Now, I cast out every demonic spirit that has taken residence through procrastination:

- ⚡ Spirits of fear of failure — OUT in Jesus' name!
- ⚡ Spirits of overwhelm and mental fog — OUT in Jesus' name!
- ⚡ Spirits that paralyze initiative — OUT in Jesus' name!
- ⚡ Spirits of inconsistency and lack of structure — OUT in Jesus' name!
- ⚡ Every demon that causes me to oversleep, lose time, and hate discipline — I command you to leave now!
- ⚡ Demon of the sluggard, your time is up! Come out by fire in Jesus' name!
- ⚡ Demon of presumption and self-sabotage — leave now, in Jesus' name!

I declare WAR against the following:

- 🔥 Demon of perfectionism — you no longer have control over me.
- 🔥 Demon of fear of people's opinions — you are silenced by the truth of God's love.
- 🔥 Demon of self-hatred and inadequacy — I command you to go. I am fearfully and wonderfully made.
- 🔥 Demon of delay — every spirit assigned to waste my time and steal my destiny, I command you to GO to the abyss in Jesus' name!

I loose now over myself:

- 🔓 Divine discipline
- 🔓 Mental sharpness
- 🔓 Focus and creativity
- 🔓 Motivation and momentum
- 🔓 A schedule governed by the Spirit of God
- 🔓 Courage to take action without delay
- 🔓 Victory over the lies of the enemy

I declare:

I will arise early and do what God has assigned to me.

I will not delay in obedience.

I will follow through on my commitments with excellence.

I am delivered from the spirit of the sluggard.

I will not fold my hands and suffer poverty. I rise and act in Jesus' name!

I will be a faithful steward of my time, talents, and assignments.

Father, I ask that You release the holy fire of the Holy Spirit into every area where procrastination has ruled. Let every demonic grip be consumed. Let angels be released now to war over my time, over my mind, over my divine assignments, and over my purpose.

Let every spiritual blockage and mental resistance be demolished now by the blood of Jesus!

According to Mark 16:17 (NKJV):

"And these signs will follow those who believe: In My name they will cast out demons;"

I stand on this promise, Lord. I believe. I take authority, and I cast out these wicked spirits NOW!

Every spirit of heaviness, every lie that says "you've missed it", every excuse that has been empowered by trauma or lies—I renounce you now. Every lying thought that whispers "It's too late," "You can't recover," or "It's not worth it"—I silence you by the blood of Jesus!

I loose truth into my soul:

👉 “I can do all things through Christ who strengthens me.” — Philippians 4:13

👉 “Greater is He who is in me than he who is in the world.” — 1 John 4:4

👉 “With God, all things are possible.” — Matthew 19:26

👉 “The steps of a good man are ordered by the Lord.” — Psalm 37:23

Let my steps now be ordered by You, O Lord. Direct my time, my thoughts, my focus. Let Your kingdom come and Your will be done in my life daily.

Father, I thank You that out of Mount Zion comes deliverance. I thank You that deliverance is the children’s bread. I thank You that I am no longer in bondage. I am delivered. I am free. I walk in obedience, diligence, and kingdom purpose.

🔥 Let every void now be filled with the Holy Ghost!

🔥 Let every broken discipline now be rebuilt by the Spirit of God!

🔥 Let a fresh wind of productivity, focus, and consistency come upon me now!

From this day forward, I will rise, I will walk, I will conquer—and I will finish what I start—because Jesus Christ lives in me!

In Jesus’ name I pray,

AMEN! 🙏🔥

Pastor Nate Thompson Deliverance Revolution Ministries

DeliveranceRevolution.org Contact us If you need deliverance:

<https://deliverancerevolution.org/contact-us/>

🔥 Are You Ready to Be Set Free and Step Into Your Calling? 🔥


Here at Deliverance Revolution Ministry, we're not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God! ✨

Join us every day at 11 AM and 7 PM Eastern (except Sunday mornings) for our powerful Zoom sessions. These aren't just meetings—they're encounters with the living God! We minister deliverance, provide discipleship training, and empower you to walk in freedom, boldness, and purpose.

📖 Whether you're battling oppression, possession, depression, or suicidal thoughts, we've seen Jesus transform lives. Our YouTube channel is filled with real testimonies—people who walked in broken but came out victorious.

Our website, DeliveranceRevolution.org, is loaded with life-changing prayers, training, and tools to help you grow into everything God has called you to be.

☐ But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

➡ ☐ Don't wait. Get connected. Get trained. Get free. Full-On Jesus is the only way.