

## **Step by Step: Walking in the Spirit's Power**

### **Page 1 – The Call to Walk in the Spirit**

Paul gives a simple yet profound instruction that unlocks victorious Christian living:

“I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.”  
(Galatians 5:16, NKJV)

This verse contains both a command and a promise. The command: Walk in the Spirit. The promise: You shall not fulfill the lust of the flesh.

To “walk” in the Spirit means:

Living in continual dependence on the Holy Spirit

Yielding your thoughts, desires, and actions to His leading

Staying in step with His direction, not rushing ahead or falling behind

Imagine a child holding their parent's hand while crossing a busy street. The child is safe not because they know the way, but because they stay close and allow themselves to be guided. In the same way, walking by the Spirit means letting Him lead us through life's choices, temptations, and challenges.

Paul contrasts this with the “flesh.” The flesh is not simply our physical body—it refers to our sinful nature, the part of us inclined toward selfishness, pride, and rebellion against God. The desires of the flesh may look appealing in the moment, but they always lead to emptiness and destruction.

Walking by the Spirit is God’s antidote to this struggle.

## **Page 2 – How to Walk by the Spirit**

Walking in the Spirit is not a one-time choice; it is a daily practice. Let’s break it down into three key principles:

### **1. Awareness**

We must become sensitive to the Spirit’s voice. He often speaks through:

Scripture – the Word of God is the Spirit’s primary language

Prayer – a quiet place where we hear His whispers

Conviction – gentle nudges in our heart toward God’s will

Practical step: Before making decisions, pause to pray. For example, “Holy Spirit, help me see this through Your eyes. Lead me in a choice that honors You.”

## 2. Submission

It's not enough to hear the Spirit—we must obey Him. His leading will often go against our fleshly impulses.

He may nudge you to forgive when you'd rather hold a grudge.

He may prompt you to be kind when you'd prefer to respond in anger.

He may call you to let go of bitterness when your flesh wants revenge.

Walking in the Spirit means choosing obedience even when it's hard.

## 3. Trust

The Spirit rarely reveals the whole plan. Often, He only gives the next step. Walking in the Spirit requires trusting that His guidance is perfect, even when the path feels uncertain.

Paul reminds us:

“For as many as are led by the Spirit of God, these are sons of God.” (Romans 8:14, NKJV)

To walk by the Spirit is to trust that our Father knows the way better than we do.

Walking in the Spirit doesn't just keep us from sin—it transforms us into Christ's likeness.

Paul describes the fruit of Spirit-led living:

“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.” (Galatians 5:22–23, NKJV)

Notice: these are not things we can manufacture on our own. They are produced in us as we yield to the Spirit. The Spirit's presence shapes our character from the inside out.

Key results of walking in the Spirit:

Victory over sin (Galatians 5:16)

Christlike character (Galatians 5:22–23)

Freedom and peace in daily life (Romans 8:6)

Confidence as children of God (Romans 8:14–16)

Walking in the Spirit is not about perfection—it's about direction. Even when we stumble, the Spirit calls us back, not to condemn us but to restore us.

“There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.” (Romans 8:1, NKJV)

### **Closing Prayer**

Father, I thank You for the gift of Your Holy Spirit. Lord, we desire to walk by the Spirit and not by the flesh. Today, I pray for every person who has heard this teaching. Holy Spirit, make them aware of Your presence in their daily lives. Give them courage to submit to Your leading, even when it is difficult. Teach them to trust Your direction when the path is unclear. Let their lives overflow with Your fruit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Strengthen them to resist temptation, and remind them that they are children of God. In Jesus’ name, Amen.

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☐ But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

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