

Cast-Out Prayer for Menstrual Pain and Hormonal Imbalances

Heavenly Father,

In the mighty name of Jesus Christ, the Son of the Living God, I come boldly to Your throne of grace (Hebrews 4:16). I thank You that Jesus bore my sickness and carried my pain (Isaiah 53:4–5), and by His stripes I am healed (1 Peter 2:24).

Father, I repent of any sin, known or unknown, that may have opened a door to affliction. I forgive every person who has hurt or offended me (Mark 11:25), and I release all bitterness, anger, and unforgiveness. I place the blood of Jesus between myself and every generational curse or iniquity that would attempt to harm my body (Galatians 3:13).

In the authority of the name of Jesus Christ (Luke 10:19), I now speak directly to every spirit of infirmity, pain, torment, imbalance, and affliction assigned to my body:

- Spirits causing menstrual pain get out!!
- Cramps get out!!
- Nausea get out!!
- Headaches get out!!
- Dizziness get out!!
- Abnormal bleeding get out!!
- Endometriosis get out!!

- Fibroids get out!!
- Reproductive disorders get out!!
- Spirits of hormonal imbalance get out!!
- Endocrine disruption get out!!
- Fatigue get out!!
- Mood instability get out!!
- Irregular cycles get out!!
- Any spirit hiding behind stress get out!!
- Trauma get out!!
- Fear get out!!

You have been defeated by the cross and the blood of the Lamb. Your power is destroyed by the name of Jesus Christ. Leave my uterus, ovaries, endocrine system, and every cell of my body now in Jesus' name.

Lord Jesus, I invite Your healing presence to fill me. Holy Spirit, restore my endocrine system—my hypothalamus, pituitary gland, thyroid, adrenal glands, pancreas, and ovaries. I declare that my hormones—estrogen, progesterone, testosterone, thyroid hormones, insulin, and cortisol—are balanced and functioning in divine order (Psalm 139:13–14).

I command every muscle, nerve, tissue, and organ to function in the perfection in which God created it. Pain, go now. Hormones, stabilize now. Cycles, normalize now, in Jesus' name.

Father, I thank You for freedom and healing. I seal this prayer with the blood of Jesus and declare that my body is the temple of the Holy Spirit (1 Corinthians 6:19–20). No sickness, curse, or demonic power may dwell here. Whom the Son sets free is free indeed (John 8:36).

In the mighty name of Jesus Christ,
Amen.

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DeliveranceRevolution.org Contact us If you need deliverance:
<https://deliverancerevolution.org/contact-us/>

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🔪 But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

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