

Deliverance Prayer for Menstrual Pain and Hormonal Imbalances

Heavenly Father,

I come before You in the mighty name of Jesus Christ, the Son of the Living God. Lord, I thank You that You are my Healer, Jehovah Rapha, (Exodus 15:26), and by the stripes of Jesus I am healed (Isaiah 53:5; 1 Peter 2:24). I believe that Your Word is truth and that every promise in Christ is “Yes” and “Amen” (2 Corinthians 1:20).

Father, I repent of any sin in my life and in my family line that may have opened a door to affliction. I renounce all forms of idolatry, witchcraft, generational curses, word curses, or any covenant made knowingly or unknowingly that gives the enemy a legal right to attack my body. I place the cross of Jesus Christ between me and every curse, and I declare that Jesus became a curse for me so that I might receive the blessing of Abraham (Galatians 3:13–14).

In the name of Jesus Christ, I bind and break every spirit of infirmity, pain, affliction, and torment assigned to my womb, my hormones, my reproductive system, and my blood. I command every demonic power causing menstrual pain, cramps, excessive bleeding, endometriosis, fibroids, or hormonal imbalance to leave me now and go to the dry places, in Jesus’ name (Mark 16:17; Luke 10:19).

Father, You created my body to function in perfect balance (Psalm 139:13–14). I speak healing and alignment over my uterus, ovaries,

hormones, and menstrual cycle. I command every muscle, nerve, tissue, and cell to function in the perfection in which God created it. Pain, go now in the name of Jesus. Bleeding, normalize now in the name of Jesus. In the name of Jesus, I speak divine order over my endocrine system—my hypothalamus, pituitary gland, thyroid, adrenal glands, ovaries, and all hormone-producing organs. I command every hormone—estrogen, progesterone, testosterone, cortisol, insulin, and thyroid hormones—to come into proper alignment with God's perfect design.

I break the power of stress, fear, and anxiety that disrupt my hormonal balance. I reject every diagnosis or label of imbalance that is not from You, Lord, and I receive the truth that You are restoring my body (Jeremiah 30:17). I declare that my cycles will be normal, my moods stable, and my body full of life and strength. I release the healing virtue of Jesus Christ into my bloodstream and endocrine system right now.

Lord Jesus, I receive Your peace in my body and mind. Holy Spirit, fill me with Your presence and restore my health completely (Jeremiah 30:17). Thank You for Your covenant of healing and deliverance. I declare that my body is the temple of the Holy Spirit (1 Corinthians 6:19–20) and no sickness or demonic power has the right to dwell here.

I seal this prayer with the blood of Jesus and give You, Father, all the glory for my healing and deliverance.

In the mighty name of Jesus Christ,
Amen.

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DeliveranceRevolution.org Contact us If you need deliverance:

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🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

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