

How to Become FOJ and Demon Free

- QUIT SINNING!!!
- Humble yourself and PRAY everyday several times a day! Get up at 3am every morning and pray for 30 minutes to an hour.
- Read the word of God! Faith comes by hearing, hearing the word of God. Start with the [30 Day Bible Challenge](#)
- Sing to Him! Worship Him! Praise Him and thank Him daily!! This is huge!
- Testify to His goodness and how He saved you... tell others everywhere you go!
- Make a list and forgive people! True forgiveness.
- Make a list of people you have wronged and get right with them!
- Speak in tongues a minimum of 30 minutes per day.
- Get to as many groups as possible. There are 25 per week.
- Do the challenges off the website prayer page:
https://deliverancerevolution.org/prayers/#Daily_Challenges
- Join the prayer room! PRAY everyday!
- Get in the water on Saturdays.
- Prayer and Fasting every Sunday. No solid food until 6 PM.
- Do deliverance and cast out prayers off the website:
https://deliverancerevolution.org/prayers/#Deliverance_Prayers
https://deliverancerevolution.org/prayers/#Cast_Out_Prayers
- Give!! Tithe means 10% of your gross income off the top of whatever income you have! If you bring in \$100.00 per month then \$10.00 per month is your tithe.
- Stop with the worldly TV, music, and conversations. NO GOSSIP or complaining!!

RINSE AND REPEAT!!!