

Powerful Prayer of Repentance and Deliverance from Control, Judgment, and People-Pleasing

(With Binding and Loosing in Jesus' Name)

Heavenly Father,

In the mighty name of Jesus Christ, I come before You humbled and broken, acknowledging my great need for Your mercy and grace. Lord, I confess that I have sinned by trying to take Your place in areas of my life and in the lives of others. I have attempted to be god over my own circumstances, over people, and even over the outcomes of situations. I repent, Lord, for trying to control what only You are sovereign over.

Your Word declares in Matthew 6:27, “Which of you by worrying can add one cubit to his stature?” Forgive me for the times I have tried to manipulate, micromanage, or dominate because I feared what I could not control. Forgive me for leaning on my own understanding instead of trusting in You with all my heart (Proverbs 3:5–6).

Father, I repent for placing myself on the throne of judgment. Your Word says in Luke 6:37, “Judge not, and you shall not be judged. Condemn not, and you shall not be condemned.” And in Matthew 7:1, “Judge not, that you be not judged.” I confess that I have judged others—sometimes harshly, sometimes silently, sometimes self-righteously—and I repent. I am not the Judge. You alone are the Righteous Judge.

I renounce the sin of criticism, gossip, condemnation, and pride. I repent for looking down on others or secretly thinking myself better. I acknowledge that all have sinned and fall short of Your glory—including me (Romans 3:23).

Lord Jesus, You did not come to condemn the world but to save it. Teach me to walk in love, mercy, and truth like You. I surrender my right to judge and my urge to control. I lay it down at Your feet.

Father, I also repent for living for the praise and approval of others. Your Word says in Galatians 1:10, "For do I now persuade men, or God? Or do I seek to please men? For if I still pleased men, I would not be a bondservant of Christ." Lord, I have bowed to the opinions of people more than I have bowed to Your Word. I've allowed fear of rejection, fear of disapproval, fear of criticism, and a desire for applause to rule over my actions. Forgive me for idolizing man's opinion over Your truth.

I renounce the fear of man and the need for validation. I renounce approval addiction and the drive to perform, to impress, and to gain favor in the eyes of man. I choose today to live as a servant of Christ, to please You alone, and to seek Your glory above all.

In the name of Jesus Christ, I renounce every spirit behind these sins:

Spirit of Control

Spirit of Fear

Spirit of Pride

Spirit of Judgment

Spirit of Condemnation

Religious Spirit

Spirit of Perfectionism

Spirit of People-Pleasing

Spirit of Rejection

Spirit of Insecurity

Spirit of Vanity

Spirit of Performance

Spirit of Idolatry

Lying Spirits

Deceiving Spirits

The Anti-Christ Spirit (which replaces God with self)

I command these spirits, in the name of Jesus Christ of Nazareth, come up and out of me now! Every unclean spirit hiding behind fear, behind control, behind approval addiction—I expose you by the light of the Holy Spirit. I bind you according to Matthew 18:18, which says, “Whatever you bind on earth will be bound in heaven.” I bind every stronghold that has held me in bondage. I bind every lie of the enemy that told me I needed to be in control or that I had to earn love through performance.

You foul spirits of control, pride, and fear—I bind you and cast you out in Jesus' name! Loose your grip on my mind, my emotions, and my will. Every people-pleasing spirit—GO in the name of Jesus! Every spirit of insecurity and rejection—COME OUT in Jesus' name!

I bind and break every generational curse of pride, perfectionism, control, and people-pleasing that has followed my family line. I renounce every agreement I or my ancestors made with these spirits knowingly or unknowingly. By the blood of Jesus, I cancel every demonic contract.

Holy Spirit, come now and fill every area where darkness has left. I loose the Spirit of Truth, the Spirit of Grace, the Spirit of Humility, and the Fear of the Lord. I loose peace into my soul. I loose the mind of Christ. I loose the love of God that casts out all fear (1 John 4:18).

Father, Your Son Jesus modeled a life of full surrender. He trusted in Your control. He said, “Not My will, but Yours be done.” Teach me to pray and live like that. Jesus did not seek the honor that comes from man, but the glory that comes from You alone (John 5:44). Make me like Jesus.

Break every idol in my heart—especially the idol of self. I surrender the need to be right. I surrender the need to be praised. I surrender the need to be in charge. I

surrender the need to be accepted by man. I surrender every tendency to manipulate or control.

Your Word says in James 4:6, “God resists the proud, but gives grace to the humble.” I humble myself now under Your mighty hand, and I ask for grace. Grace to let go. Grace to trust You. Grace to obey You even when no one sees or applauds. Grace to be misunderstood. Grace to live holy in a fallen world.

I receive Your forgiveness, Lord. I thank You that if I confess my sins, You are faithful and just to forgive me and to cleanse me from all unrighteousness (1 John 1:9). Wash me in the blood of Jesus. Purge me from all residue of rebellion and pride. Cleanse me from fear of man. Purify my motives. Create in me a clean heart, O God, and renew a right spirit within me (Psalm 51:10).

Let every demonic stronghold that opposes the life of Christ in me be torn down now in Jesus’ name! Let every high thing that exalts itself against the knowledge of God be brought low. I bring every thought into captivity to the obedience of Christ (2 Corinthians 10:4–5).

I declare:

I am not God, and I don’t need to be in control. God is in control, and I trust Him.

I am not the Judge. Jesus is the Righteous Judge. I will walk in mercy and grace.

I do not live for the approval of man. I live to please my Father in heaven.

I no longer submit to spirits of fear, control, judgment, or people-pleasing.

I am free in Jesus' name.

Lord, clothe me with the humility of Christ. Teach me to wash feet, to serve quietly, to yield my rights. Make me lowly in heart like Jesus. Teach me to rest in Your sovereignty and wait on Your timing. Let Your peace rule in my heart (Colossians 3:15).

Father, in the name of Jesus, I ask for complete deliverance and healing. Restore the childlike trust I once had. Fill me with the joy of knowing I don't have to earn Your love or anyone else's. You have accepted me in the Beloved. I am Yours. I am loved. I am secure.

Thank You, Jesus, for Your perfect obedience to the Father. Thank You for being my example. Thank You for giving me Your Spirit, so I may live as You lived.

I seal this prayer and deliverance with the blood of Jesus. I cover my mind, heart, and spirit with the blood of the Lamb. Let no spirit return. Let no lie remain. Let no idol stand.

I give You all the glory, Father. Let Your name be magnified in my life. May I decrease so You may increase. May I be nothing so You may be everything.

In the mighty, holy, matchless name of Jesus Christ I pray,

Amen and amen.

Pastor Nate Thompson Deliverance Revolution Ministries

DeliveranceRevolution.org Contact us If you need deliverance:

<https://deliverancerevolution.org/contact-us/>

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Join us every day at 11 AM and 7 PM Eastern (except Sunday mornings) for our powerful Zoom sessions. These aren't just meetings—they're encounters with the living God! We minister deliverance, provide discipleship training, and empower you to walk in freedom, boldness, and purpose.

📺 Whether you're battling oppression, possession, depression, or suicidal thoughts, we've seen Jesus transform lives. Our YouTube channel is filled with real testimonies—people who walked in broken but came out victorious.

Our website, DeliveranceRevolution.org, is loaded with life-changing prayers, training, and tools to help you grow into everything God has called you to be.

☐ But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

➡ Don't wait. Get connected. Get trained. Get free. Full-On Jesus is the only way.