

Prayer To Break Cycles Of Bondage

Father God,

In the mighty name of Jesus Christ, I come before You today to break every cycle of bondage operating in my life and in my bloodline. Your Word declares in Epistle to the Ephesians 4:27, “nor give place to the devil.” Lord, I confess that at times I have given place. I have allowed space. I have tolerated things that You told me to remove. But today I take back every inch of spiritual ground that has been surrendered to the enemy.

Father, I acknowledge that there is a spiritual realm. There is light and there is darkness. There is truth and there is deception. Your Word says in Epistle to the Ephesians 6:12, “For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.” I confess that my battle is not merely emotional, psychological, or circumstantial—it is spiritual. And because it is spiritual, I come to You, the God of all power and authority.

Lord, I repent genuinely. Just as Israel cried out in Book of Judges 10:15–16, “We have sinned! Do to us whatever seems best to You; only deliver us this day, we pray.” They put away the foreign gods from among them and served the Lord. Father, I say the same: I have sinned. I take responsibility. I do not blame my upbringing. I do not blame my trauma. I do not blame other people. I confess my sin before You.

I repent not only with words but with a change of mind and direction. I turn from every known sin—lying, sexual immorality, pornography, bitterness, jealousy, rage, pride, gossip, drunkenness, substance abuse, rebellion, manipulation, unforgiveness. I repent for every careless and deliberate act that has given the enemy opportunity. Your Word says, “Be angry, and do not sin; do not let the sun go down on your wrath, nor give place to the devil” (Ephesians 4:26–27). Father, I break agreement with wrath and prolonged anger. I refuse to nurse bitterness. I refuse to justify hatred.

Lord, I renounce every legal right the enemy may claim through occult involvement—whether through me or through my ancestors. I renounce witchcraft, sorcery, divination, horoscopes, psychic readings, consulting the dead, new age practices, charms, crystals, occult games, rituals, and any hidden works of darkness. Your Word says in Deuteronomy 18 that these things are abominations before You. If I have stepped onto the enemy's territory through ignorance, curiosity, or rebellion, I ask You to forgive me and cleanse me by the blood of Jesus.

I declare that the blood of Jesus cancels every legal ground. Colossians 2:14 says that You have wiped out the handwriting of requirements that was against us and nailed it to the cross. Every accusation, every loophole, every spiritual technicality is canceled by the finished work of Christ. I close every door that was opened legally. I seal it with the blood of Jesus.

Father, I also repent of the sins of opportunity—those patterns I tolerated. I confess that sometimes I grieved the Holy Spirit by persistent disobedience. Your Word says in Ephesians 4:30, "And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption." Holy Spirit, forgive me for grieving You. Restore sensitivity in my conscience. Restore conviction in my heart.

Today I surrender wholeheartedly. I do not wait to be perfect before surrendering—I surrender so that You can perfect what concerns me. Romans 12:1 says to present our bodies as a living sacrifice. I lay my body, my mind, my emotions, my habits, my relationships, and my future on Your altar. I belong to You.

Father, deliver me today. I do not want to spend one more night with the frogs of bondage. I do not want to postpone freedom. Psalm 34:17 says, "The righteous cry out, and the Lord hears, and delivers them out of all their troubles." I cry out now. Deliver me from depression. Deliver me from anxiety. Deliver me from suicidal thoughts. Deliver me from rage that rises without warning. Deliver me from addictions that keep returning. Deliver me from lust that clouds my mind. Deliver me from fear that paralyzes my faith.

In the name of Jesus, I bind every spirit that has gained access through legal right or repeated sin. I bind the spirit of anger, hatred, murder, lust, addiction, control, pride, fear, rejection, heaviness, and infirmity. You have no right to remain. I command you to loose your hold over my mind and emotions. Jesus said in Luke 10:19 that He has given us authority to trample on serpents and scorpions and over all the power of the enemy. I exercise that authority—not in my strength, but in the name of Jesus Christ.

Lord, restore to me self-control. Galatians 5:22–23 declares that the fruit of the Spirit includes self-control. Holy Spirit, You do not dominate me; You empower me. Where I have said, “I don’t know what came over me,” restore my ability to govern my emotions. Take back the territory of my mind.

I take out the garbage. Just as Israel removed foreign gods, I remove physical objects and influences that connect me to sin. Show me what to throw away, what to delete, what to unsubscribe from, what to distance myself from. If there are relationships pulling me toward darkness, give me courage to set boundaries. If there are environments feeding my bondage, give me strength to walk away.

I commit to serve You. Joshua declared, “As for me and my house, we will serve the Lord.” I choose service over slavery. I choose righteousness over rebellion. I choose obedience over compromise. I break every generational cycle of addiction, abuse, divorce, poverty, occultism, violence, and instability. What ran in my family stops with me.

Father, Your Word says in Judges 10 that when Israel repented and removed their idols, Your soul could no longer endure their misery. You were moved with compassion. I believe You are moved with compassion toward me now. Psalm 103 says, “As a father pities his children, so the Lord pities those who fear Him.” Have mercy on me, Lord.

If there is a “Jethro” You want to use in my life—whether a pastor, deliverance minister, counselor, doctor, mentor, or class—give me humility to receive help. Remove pride. Remove prejudice. Remove stubborn

independence. If my breakthrough requires prayer, lead me to prayer. If it requires counsel, lead me to counsel. If it requires medical help, guide me to the right professionals. I will not be picky; I will be determined to be free.

Lord Jesus, You said in John 8:36, "Therefore if the Son makes you free, you shall be free indeed." I receive that freedom. I declare I am not helpless. I am not doomed to repeat cycles. I am not defined by my past failures. I am redeemed, washed, and empowered.

Holy Spirit, fill every space that has been emptied. Where bondage once lived, let Your presence dwell. Where anger once flared, let peace rule. Where fear once gripped, let faith rise. Where addiction once demanded, let discipline and joy overflow.

I close every door to the devil. I give no more place. I resist the enemy, and according to James 4:7, he must flee from me. I submit myself to God. I draw near to You, and I thank You that You draw near to me.

Break the cycle completely. Not temporarily. Not emotionally. Completely. Let this be the day that patterns shatter. Let this be the day that chains fall. Let this be the day that generational curses are reversed into generational blessings.

I declare that my house belongs to the Lord. My mind belongs to the Lord. My body belongs to the Lord. My future belongs to the Lord. I am sealed by the Holy Spirit for the day of redemption.

Thank You that You are a good God, in a good mood, who delights in setting captives free. Thank You that You are not dismissing my desperation because it is mixed with dedication. I stand on Your promises. I walk in Your authority. I receive Your freedom.

In Jesus' mighty name,
Amen.

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DeliveranceRevolution.org Contact us If you need deliverance:
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🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.