

The **CROSS-CENTERED** **Life**

God's Only Path to Victory



*Including Daily Confessions
Of The Power Of The Cross*

The Cross-Centered Life: God's Only Path to Victory

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“And these signs will follow those who believe: In My name they will cast out demons... they will lay hands on the sick, and they will recover.”

Mark 16:17–18 (NKJV)

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“Freely you have received, freely give.”

Matthew 10:8 (NKJV)

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The Cross-Centered Life: God's Only Path to Victory

Introduction: Returning to God's Prescribed Order

The church today is filled with sincere believers who love God deeply yet struggle privately. Many pray more, try harder, and recommit repeatedly—yet still battle cycles of failure. The issue is not passion, sincerity, or desire. The issue is understanding God's prescribed order for victory.

Scripture makes it clear that the believer's greatest battle is not against people, culture, or even primarily Satan himself—but against the sin nature that seeks influence within. God has not left us without an answer. The Cross of Jesus Christ is not merely the doorway into salvation—it is the foundation for daily sanctification and triumph.

In this teaching, we will boldly examine two spiritual pathways: one that produces victory and one that guarantees defeat. Every believer lives in one of these two columns. The good news is that victory is available to all who will anchor their faith in Christ and Him crucified.

Section 1: The Real Problem – The Sin Nature

Introduction

If we misdiagnose the problem, we will seek the wrong solution. Many believers assume their struggles stem from weak discipline or insufficient effort. Scripture teaches otherwise.

Scripture

Romans 6:12 (NKJV)

“Therefore do not let sin reign in your mortal body, that you should obey it in its lusts.”

Romans 7:18 (NKJV)

“For I know that in me (that is, in my flesh) nothing good dwells...”

Teaching Points

- The sin nature remains present after conversion.
- It seeks dominion if faith is misplaced.
- It operates through the mortal body.

Expanded Summary

The central issue in the believer’s struggle is the sin nature, not merely outward temptation or circumstances. If we blame external factors alone, we will never walk in consistent freedom. Recognizing the sin nature as the internal problem humbles us and drives us to God’s solution instead of self-reliance. Proper diagnosis positions us to seek victory in the Cross rather than in human effort.

Section 2: The Finished Victory of Calvary

Introduction

God’s answer to the sin problem was not rehabilitation—it was crucifixion. At Calvary, Jesus addressed not only our sins but the power behind them.

Scripture

Romans 6:6 (NKJV)

“Knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.”

Colossians 2:14–15 (NKJV)

“...having nailed it to the cross... having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.”

Expanded Summary

The Cross was not symbolic—it was decisive and complete. Jesus did not partially weaken the power of sin; He broke its legal dominion over the believer. Understanding this victory shifts our mindset from striving to resting in what has already been accomplished. When we grasp that Calvary was sufficient, we stop trying to add to a finished work.

Section 3: Reckoning Ourselves Dead to Sin

Introduction

Victory must be personally applied. What Christ accomplished must become what we believe and embrace daily.

Scripture

Romans 6:11 (NKJV)

“Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord.”

Teaching Points

- Reckoning means counting it as true.
- Faith agrees with God’s declaration.
- Feelings do not determine reality.

Expanded Summary

Reckoning is an act of faith that aligns our thinking with God’s Word. It does not deny struggles, but it refuses to define identity by them. When we reckon ourselves dead to sin, we are standing on divine truth rather than emotional experience. This posture allows the Holy Spirit to operate because our faith is resting in what Christ accomplished.

Section 4: The Mortal Body Is Neutral

Introduction

The body is not inherently evil; it is an instrument. It becomes a tool for whichever master we yield to.

Scripture

Romans 6:13 (NKJV)

“And do not present your members as instruments of unrighteousness to sin, but present yourselves to God...”

Expanded Summary

The body reflects spiritual authority, not independent power. If faith shifts to self-effort, the sin nature will attempt to express itself through our members. If faith remains anchored in Christ, the body becomes an instrument of righteousness. Understanding this prevents both condemnation and passivity, replacing them with intentional surrender.

Section 5: The Formula for Victory

Introduction

God operates according to divine order. When we align with that order, victory is the natural result.

God's Pattern

- **Focus:** The Lord Jesus Christ
- **Object of Faith:** The Cross
- **Power Source:** The Holy Spirit
- **Result:** Victory

Scripture

Romans 8:2 (NKJV)

“For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.”

Expanded Summary

Victory flows from correct focus and proper faith placement. When Christ remains central and the Cross remains the object of faith, the Holy Spirit supplies supernatural strength. This is not a motivational system but a spiritual law established by God. When His order is honored, freedom becomes consistent rather than occasional.

Section 6: The Formula for Defeat

Introduction

There is a counterfeit spiritual system that appears disciplined but produces exhaustion.

Man’s Pattern

- **Focus:** Works
- **Object of Faith:** Performance
- **Power Source:** Self
- **Result:** Defeat

Scripture

Galatians 3:3 (NKJV)

“Are you so foolish? Having begun in the Spirit, are you now being made perfect by the flesh?”

Expanded Summary

Whenever works become the focus, performance becomes the measure of acceptance. Self then becomes the power source, even if unintentionally.

This inevitably produces frustration because human strength cannot overcome spiritual problems. Defeat is not proof that God has failed—it is evidence that faith has shifted to the wrong object.

Section 7: The Danger of Works-Based Christianity

Introduction

Religious activity can mask spiritual misalignment. The flesh enjoys accomplishment and visible results.

Scripture

Ephesians 2:8–9 (NKJV)

“For by grace you have been saved through faith... not of works, lest anyone should boast.”

Expanded Summary

Works-based Christianity subtly replaces dependence with striving. It often looks impressive outwardly while producing inward insecurity. When righteousness is pursued through effort, pride and discouragement alternate constantly. True grace produces obedience, but obedience flows from faith—not pressure.

Section 8: The Cross – The Exclusive Object of Faith

Introduction

Faith is only as powerful as its object. The Cross is Heaven’s designated answer.

Scripture

Galatians 2:20 (NKJV)

“I have been crucified with Christ... the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.”

1 Corinthians 2:2 (NKJV)

“For I determined not to know anything among you except Jesus Christ and Him crucified.”

Expanded Summary

The Cross is not merely historical—it is functional for daily living. Paul continually returned believers to Christ crucified because that is where grace flows. When faith anchors there, the Holy Spirit moves freely. Any other foundation weakens spiritual stability and opens the door to self-effort.

Section 9: The Ministry of the Holy Spirit

Introduction

The Holy Spirit is the active agent of transformation. He works where Christ’s finished work is trusted.

Scripture

Romans 8:11 (NKJV)

“But if the Spirit of Him who raised Jesus from the dead dwells in you... He will also give life to your mortal bodies...”

Expanded Summary

The Spirit does not respond to self-confidence but to Cross-centered faith. When we trust Christ’s work, the Spirit supplies life, strength, and renewal. He empowers obedience rather than forcing it. Understanding His role eliminates striving and restores joyful dependence.

Section 10: Choose Your Column

Introduction

Every believer operates from one of two systems. There is no neutral ground.

Scripture

2 Corinthians 13:5 (NKJV)

“Examine yourselves as to whether you are in the faith...”

Expanded Summary

Honest self-examination is essential for spiritual growth. We must ask whether our confidence rests in Christ or in performance. The difference determines whether we experience ongoing victory or recurring defeat. Choosing the Cross daily ensures that our spiritual life remains empowered by grace rather than drained by effort.

Final Teaching Summary

There are only two spiritual frameworks for Christian living. One depends entirely on Christ and the Cross, allowing the Holy Spirit to produce victory. The other depends on human effort, producing frustration and spiritual fatigue.

The Cross is God’s prescribed order for sanctification. It is not optional, secondary, or symbolic—it is central and exclusive. When faith remains anchored there, sin loses dominion and grace reigns.

Prayer for Self-Edification

Heavenly Father,

I come before You in the mighty Name of Jesus Christ, humbled and grateful for the finished work of Calvary. I confess that too often I have leaned upon my own strength, trusted in my performance, and measured my standing by my effort. Forgive me, Lord, for shifting my focus from Christ to myself.

Today I declare that Jesus Christ is my focus. He is my righteousness. He is my sanctification. He is my victory.

Your Word says in Romans 6:14, “For sin shall not have dominion over you, for you are not under law but under grace.” I receive that promise. I declare that sin will not rule me. Not because I am strong—but because Christ has conquered.

Lord, teach me to reckon myself dead indeed to sin but alive to God in Christ Jesus. When feelings contradict truth, anchor me in truth. When condemnation whispers, remind me of the blood. When temptation presses, direct my eyes to the Cross.

I confess Galatians 2:20 over my life: “I have been crucified with Christ; it is no longer I who live, but Christ lives in me.” Let this reality shape my thinking, my speech, and my conduct. Let my faith rest fully in what You accomplished, not in what I attempt.

Holy Spirit, I yield to You. You are my power source. I cannot overcome the flesh by discipline alone. I cannot defeat the sin nature by willpower. But You, who raised Jesus from the dead, dwell in me. Empower me. Strengthen me. Guide me.

Expose every area where I am subtly trusting in works. Reveal every place where pride has replaced dependence. I choose the Cross. I choose grace. I choose faith.

Father, renew my mind daily. Keep me from drifting into performance-based thinking. Let my obedience flow from gratitude, not fear. Let my service arise from love, not insecurity.

I thank You that the victory is already won. I thank You that I fight from triumph, not for it. I thank You that Jesus disarmed principalities and powers at the Cross. I thank You that the same Spirit who raised Christ now works in me.

Establish me in perpetual trust. Guard my heart from deception. Anchor my soul in Christ crucified.

I declare today: My focus is Jesus. My faith rests in the Cross. My power source is the Holy Spirit. My result is victory.

In the mighty and victorious Name of Jesus Christ, Amen.

Final Words of Encouragement

Believer, freedom is not complicated—but it is exclusive. The Cross is enough. Christ is sufficient. The Holy Spirit is faithful.

Stay anchored. Stay dependent. Stay focused.

Victory is not a distant hope—it is your inheritance in Christ.

✝ 30 Days of Cross-Centered Confessions ✝

“The Cross is my only boast, my only hope, and my only victory.”

Day 1 – The Finished Work

Today I confess that Jesus Christ finished the work at Calvary. Nothing is lacking. Nothing is unfinished. When He declared, “It is finished,” my salvation was secured, my sin was judged, and my debt was paid in full. I refuse to strive for what He has already accomplished. I rest in the finished work of the Cross. In Jesus’ Name, Amen.

Day 2 – Forgiven and Cleansed

Today I confess that I am forgiven through the blood of Jesus. My sins are not covered temporarily — they are washed away completely. I am not defined by my past mistakes or failures. The blood speaks a better word over my life. I stand clean before God because of the Cross. In Jesus’ Name, Amen.

Day 3 – No Condemnation

Today I confess that there is no condemnation for me because I am in Christ Jesus. The Cross silenced every accusation of the enemy. Shame has no authority over me. Guilt has no power over me. I walk in freedom because Jesus bore my judgment. In Jesus’ Name, Amen.

Day 4 – Crucified With Christ

Today I confess that I have been crucified with Christ. The old man was nailed to the Cross. Sin is no longer my master. I am no longer enslaved to old patterns, addictions, or fleshly desires. I live by faith in the Son of God who loved me and gave Himself for me. In Jesus' Name, Amen.

Day 5 – Dead to Sin, Alive to God

Today I confess that I am dead to sin but alive to God in Christ Jesus. Sin shall not have dominion over me. Temptation does not define me. The Cross broke its power. I choose righteousness and life today. In Jesus' Name, Amen.

Day 6 – Redeemed From the Curse

Today I confess that Christ redeemed me from the curse by becoming a curse for me. I am no longer under spiritual bondage. I am no longer under condemnation. I am blessed because of the Cross. I walk in covenant freedom. In Jesus' Name, Amen.

Day 7 – Reconciled to the Father

Today I confess that I have been brought near to God by the blood of Jesus. I am not distant. I am not barely tolerated. I am adopted and loved. The Cross restored my relationship with the Father. I belong to Him. In Jesus' Name, Amen.

Day 8 – The Enemy Defeated

Today I confess that Jesus disarmed principalities and powers at the Cross. The enemy is defeated. Fear is defeated. Death is defeated. I do not fight for victory — I stand in victory already won. In Jesus' Name, Amen.

Day 9 – My Identity Is in Christ

Today I confess that my identity flows from the Cross. I am not who I used to be. I am redeemed, restored, and made new. I refuse to be labeled by my past. The blood of Jesus defines who I am. In Jesus' Name, Amen.

Day 10 – Power Over Temptation

Today I confess that the Cross has broken the power of sin in my life. I am not powerless. I am empowered by grace. God always provides a way of escape. I choose obedience because Christ lives in me. In Jesus' Name, Amen.

Day 11 – Freedom From Shame

Today I confess that shame has no hold on me. Jesus bore my shame on the Cross. I will not hide. I will not shrink back. I stand bold in the righteousness given to me through Christ. In Jesus' Name, Amen.

Day 12 – Healed and Restored

Today I confess that by His stripes I am healed. The Cross purchased my wholeness. My spirit, mind, and body are under the lordship of Jesus. I receive His restoration. In Jesus' Name, Amen.

Day 13 – Grace Is Sufficient

Today I confess that God's grace is sufficient for me. The Cross reminds me that I do not stand in my strength but in His. In weakness, His power is perfected. I depend fully on Him. In Jesus' Name, Amen.

Day 14 – The World Crucified to Me

Today I confess that the world has been crucified to me, and I to the world. I am not ruled by public opinion or worldly systems. My loyalty is to Christ alone. The Cross has set me apart. In Jesus' Name, Amen.

Day 15 – Forgiving as I'm Forgiven

Today I confess that because I am forgiven, I forgive others. I release bitterness and resentment. The same blood that covers me covers them. The Cross empowers me to walk in love. In Jesus' Name, Amen.

Day 16 – Daily Surrender

Today I take up my cross and follow Jesus. I surrender my will, my plans, and my desires. I die to selfish ambition. I choose obedience. The Cross leads my life. In Jesus' Name, Amen.

Day 17 – Bold in Warfare

Today I confess that I overcome by the blood of the Lamb and the word of my testimony. The enemy has no legal claim over me. I resist him, and he must flee. The Cross backs my authority. In Jesus' Name, Amen.

Day 18 – Anchored in Trials

Today I confess that the Cross anchors me in suffering. If God gave His Son for me, He will not abandon me now. Trials do not define my future. Resurrection power is working in me. In Jesus' Name, Amen.

Day 19 – Boasting Only in the Cross

Today I confess that I boast in nothing except the Cross of Jesus Christ. Not my works. Not my performance. Not my achievements. My confidence is in Christ alone. In Jesus' Name, Amen.

Day 20 – Loved Beyond Measure

Today I confess that the Cross proves the depth of God's love for me. I am fully known and fully loved. Nothing can separate me from His love. I receive it fully today. In Jesus' Name, Amen.

Day 21 – Sealed by the Blood

Today I confess that I am sealed by the blood of Jesus. I belong to Him. The enemy cannot snatch me from His hand. I am secure in Christ. In Jesus' Name, Amen.

Day 22 – New Creation

Today I confess that I am a new creation in Christ. Old things have passed away. All things have become new. The Cross made me new. I walk in that newness today. In Jesus' Name, Amen.

Day 23 – Peace With God

Today I confess that I have peace with God through the Lord Jesus Christ. The Cross ended the hostility between me and the Father. I rest in divine peace. In Jesus' Name, Amen.

Day 24 – Set Apart for Purpose

Today I confess that the Cross has set me apart for God's glory. I am not random. I am redeemed with purpose. My life belongs to Him. In Jesus' Name, Amen.

Day 25 – Strength Through the Cross

Today I confess that my strength flows from Calvary. When I feel weak, I remember what Jesus endured. His sacrifice empowers me to endure. I will not give up. In Jesus' Name, Amen.

Day 26 – Victory Over Fear

Today I confess that fear has been defeated at the Cross. Perfect love casts out fear. I walk in boldness and courage because Christ has triumphed. In Jesus' Name, Amen.

Day 27 – Freedom From Bondage

Today I confess that chains are broken in Jesus' Name. The Cross shattered every spiritual prison. I refuse to return to bondage. I walk in liberty. In Jesus' Name, Amen.

Day 28 – Resurrection Life

Today I confess that the same power that raised Jesus from the dead lives in me. The Cross was not the end — resurrection followed. I walk in new life and power today. In Jesus' Name, Amen.

Day 29 – Christ Lives in Me

Today I confess that Christ lives in me. His thoughts guide me. His love fills me. His power strengthens me. I am never alone. In Jesus' Name, Amen.

Day 30 – Cross-Centered Living

Today I confess that I will live Cross-centered. My decisions, my speech, my relationships, and my purpose are surrendered to Jesus Christ and Him crucified. I will never move beyond the Cross — I will go deeper into it. It is my victory, my hope, and my life. In Jesus' Name, Amen.

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DeliveranceRevolution.org Contact us If you need deliverance:
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Here at Deliverance Revolution Ministry, we're not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God!

🌟 Join us every day at 11 AM and 7 PM Eastern (except Sunday mornings) for our powerful Zoom sessions. These aren't just meetings—they're encounters with the living God! We minister deliverance, provide discipleship training, and empower you to walk in freedom, boldness, and Purpose.

✨ Whether you're battling oppression, possession, depression, or suicidal thoughts, we've seen Jesus transform lives. Our YouTube channel is filled with real testimonies—people who walked in broken but came out Victorious.

Our website, DeliveranceRevolution.org, is loaded with life-changing prayers, training, and tools to help you grow into everything God has called you to be.✝

But hear this: Your freedom starts with your will. You must want it. Pursue Jesus with all your heart, and He will meet you. He will break every chain. This isn't about religion—it's about relationship and relentless pursuit of the King of Kings.

🙏 So, in the mighty name of Jesus, I pray right now: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

