

Prayer for the Release of Footholds, Strongholds, and Ungodly Soul Ties

Heavenly Father, I come before You now in the holy, powerful, and victorious name of Jesus Christ. I acknowledge You as the one true God—Creator of heaven and earth, righteous Judge, merciful Father, and faithful Redeemer. I confess that apart from You I can do nothing, and I declare that my life belongs to You. I am redeemed not by works, not by effort, not by prayer itself, but by the precious blood of Jesus Christ shed for me at the cross. I desire to be free to love You with all my heart, soul, mind, and strength, and to love others with the love You have poured into me.

Lord Jesus, I come to You in humility and surrender. I admit that I have been hindered, restricted, entangled, and weighed down in areas of my life. I recognize that there have been footholds, strongholds, soul ties, and doors that have allowed the enemy influence and access. I do not come to hide, justify, or minimize anything. I come into the light. You are the Overcomer, and I ask You to help me overcome by Your truth, Your authority, and Your Spirit.

By faith, I place myself now under the covering of the blood of Jesus. I ask You to cover my spirit, soul, body, heart, mind, will, emotions, subconscious, and memory. I ask You to cover my family line, my children, my home, my finances, my ministry, my calling, and everything You have entrusted to me. I ask that You station Your holy angels around me as ministering spirits according to Your Word. In the name of Jesus and by the power of His blood, I bind all evil spirits that have influenced my life, and I forbid any interference as I pray. Holy Spirit, guide me now. Lead me into all truth. Reveal anything You desire to heal, expose, or remove.

Father, I first come to confess my own sin. I acknowledge that I have sinned in thought, word, deed, and motive. I repent for pride, rebellion, self-will, unbelief, compromise, and disobedience. I confess that I have engaged in ungodly relationships and attachments that were not ordained

by You. I repent for looking to people, approval, control, pleasure, or escape instead of looking to You. I confess that I have believed lies—lies about my worth, my identity, my safety, my future, and even about You.

In the name of Jesus, I renounce every lie I have believed. I reject the lie that I am unlovable, abandoned, powerless, rejected, or forgotten. I reject the lie that sin, addiction, control, or people can meet my needs. I choose now to believe the truth of Your Word: that I am loved, chosen, redeemed, forgiven, sealed, and made new in Christ. I choose to walk in the light as You are in the light.

I repent for every ungodly relationship and emotional dependency. I renounce every soul tie formed through sin, lust, manipulation, fear, control, trauma bonding, emotional enmeshment, or idolatry. In the name of Jesus, I ask You to sever these soul ties at the root. I declare that I no longer receive identity, comfort, validation, pleasure, or provision from these connections. I reclaim my soul, my affections, my emotions, and my will for Jesus Christ alone.

Father, I now bring before You the sins committed against me. You are the God who sees, the God who remembers, and the God who heals. I confess that I have been wounded through rejection, abandonment, betrayal, abuse, neglect, manipulation, control, and injustice. I acknowledge the pain, grief, anger, fear, shame, and confusion that entered my soul as a result. I confess that because of these wounds, I believed lies about myself, about others, and about You.

In the name of Jesus, I renounce every lie birthed through trauma. I reject the lie that what happened to me defines me. I reject the lie that I deserved it, caused it, or must carry it forever. I choose to believe the truth that You are near to the brokenhearted and that You bind up wounds no one else can see.

Lord, I choose to forgive those who sinned against me. I forgive them not because what they did was right, but because You have forgiven me. I release them from my judgment, my bitterness, and my desire for revenge.

I place them into Your hands, trusting You as the righteous Judge. I ask You to help me walk through forgiveness daily, renewing my mind when old memories resurface. In the name of Jesus, I ask You to sever every ungodly soul tie formed through abuse, fear, trauma, or unforgiveness. Heal my heart, restore my trust, and teach me to love with wisdom, discernment, and healthy boundaries.

Father, I now address ancestral sin and generational iniquity. I acknowledge that patterns of sin, trauma, and bondage can travel through bloodlines. I confess the known and unknown sins of my ancestors—idolatry, occult involvement, sexual sin, abuse, addiction, violence, rejection, pride, unbelief, and rebellion. I forgive my ancestors for the doors they opened that allowed demonic influence to affect future generations.

In the name of Jesus, I break every generational curse, every word curse, every bloodline covenant, and every inherited assignment of the enemy. I cancel every legal right Satan has claimed through my ancestry. I declare that the blood of Jesus speaks a better word over my family line. I command every ancestral spirit, familiar spirit, and generational stronghold to be cut off from me now. I declare that I am no longer bound by what ran in my family—I am reborn into the family of God.

Father, I ask for healing and restoration in every area affected by generational brokenness. Heal physical infirmities, emotional wounds, mental strongholds, addictions, and spiritual distortions. Restore what was damaged through abuse, violence, fear, and neglect. I declare that the cycle stops with me, in Jesus' name.

Lord Jesus, I bring before You every addiction and bondage. I confess that I have turned to substances, behaviors, fantasy, food, sex, technology, or escapism as a false refuge. I repent for using these things as substitutes for intimacy with You. I renounce the lie that I need these things to survive, cope, or feel whole. You alone are my portion and my strength.

In the name of Jesus, expose the root of every addiction. Heal the wounds underneath the behavior. Break every ungodly soul tie with people, environments, paraphernalia, fantasy spirits, and demons connected to these addictions. I declare that my body is the temple of the Holy Spirit, and I choose discipline, obedience, and freedom through Christ.

Father, I renounce and repent from all occult involvement, direct or indirect. I renounce witchcraft, divination, sorcery, manipulation, counterfeit spirituality, rituals, spells, curses, blood pacts, and false power. I renounce Satan, Lucifer, false gods, principalities, powers, rulers of darkness, fallen angels, familiar spirits, and every demonic entity I knowingly or unknowingly aligned with. I cancel every covenant, contract, oath, and agreement made with the kingdom of darkness. I declare Jesus Christ as my only Lord, Savior, and King.

Lord Jesus, I renounce involvement in cults, false religions, secret societies, gangs, and counterfeit belief systems. I renounce false doctrine and deception. I reclaim my soul, my will, and my identity in Christ. I commit myself to the truth of Your Word and to walking in the light.

Father, I repent for ungodly ties formed through technology where it opened doors to addiction, desensitization, control, or darkness. I renounce every tie formed through misuse or passive agreement. Sever these connections and restore clarity, discipline, and holiness to my mind.

In the name of the Father, the Son, and the Holy Spirit, I declare that I am reclaiming my life from the hands of the enemy. I renounce every foothold, stronghold, and ungodly soul tie. I cancel Satan's rights and legal claims. By the authority of Jesus Christ, I command every unclean spirit, familiar spirit, and demonic assignment associated with these areas to leave me now and go before Jesus to await judgment. I bind spirits of retaliation, revenge, and retribution and declare their power broken.

Lord Jesus, restore my soul. Return every fragment of my soul that has been shattered or stolen. Remove anything that does not belong to me and send it back where it belongs. Heal every wounded place and seal it with

the Holy Spirit. Close every door that was opened to the enemy and establish Your peace there.

I commit my spirit, soul, body, subconscious, and future fully to You. Cleanse me thoroughly by the blood of Jesus. Holy Spirit, fill me completely and occupy every place once held by darkness. Teach me to walk daily in truth, obedience, humility, and freedom. Complete this work in me, Lord of Hosts, and establish me firmly in Christ.

I receive Your peace. I receive Your freedom. I receive Your restoration.

In the mighty and matchless name of Jesus Christ, Amen.

Pastor Nate Thompson
Deliverance Revolution Ministries



DeliveranceRevolution.org



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Join us **daily at 11 AM and 7 PM Eastern** (except Sunday mornings) for powerful **Zoom deliverance sessions**. These aren't just meetings—they are **encounters with the living God**. We minister deliverance, provide discipleship training, and equip believers to walk in **freedom, boldness, and purpose**.

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Our website, **DeliveranceRevolution.org**, is packed with **life-changing prayers, training, and tools** designed to help you grow into everything God has called you to be. ✂️

But hear this clearly: **your freedom begins with your will**. You must want it. Pursue Jesus with your whole heart, and He will meet you. He will break every chain. This isn't about religion—it's about **relationship** and a **relentless pursuit of the King of Kings**.

🙏 **In the mighty name of Jesus**, I pray: Father, surround them with Your protection, stir their hunger, and draw them into deeper freedom, in Jesus' name. Amen.

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