

# MONITORING SPIRITS



**10 BIBLICAL KEYS TO BREAKING DEMONIC SURVEILLANCE**



**BREAK DEMONIC WATCHERS | RECLAIM YOUR FREEDOM**

## **Monitoring Spirits: 10 Biblical Keys to Breaking Demonic Surveillance**

### **Expose Hidden Spiritual Observers, Close Legal Doors, and Reclaim Your Divine Peace Through the Power of Jesus Christ**

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*Our mission is simple and biblical: **to preach the Gospel of Jesus Christ, heal the sick, and cast out devils—just as Jesus commanded.***

***“And these signs will follow those who believe: In My name they will cast out demons... they will lay hands on the sick, and they will recover.”***

*Mark 16:17–18 (NKJV)*

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***“Freely you have received, freely give.”***

*Matthew 10:8 (NKJV)*

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# **Monitoring Spirits: 10 Biblical Keys to Breaking Demonic Surveillance**

## **Expose Hidden Spiritual Observers, Close Legal Doors, and Reclaim Your Divine Peace Through the Power of Jesus Christ**

Beloved, we are living in a time where spiritual discernment is not a luxury, but a necessity for survival and victory. The enemy of your soul is not a passive observer; he is a strategic adversary who seeks to track your progress and hinder your divine destiny. However, you must realize that while the enemy may watch, he has already been defeated. This teaching is designed to equip you with the biblical tools to expose the shadows, reclaim your peace, and walk in the absolute authority given to you through the Lord Jesus Christ. Be bold and take heart—your freedom is not just a possibility; it is your legal right in the Kingdom of God.

### **1. Defining the Spirit of Surveillance**

A monitoring spirit is a demonic entity specifically assigned by the kingdom of darkness to track, observe, and hinder a believer's spiritual growth and personal breakthroughs. These agents of darkness function like spiritual spies, looking for vulnerabilities and reporting back to coordinate attacks against your peace and progress. While the world may call this paranoia, the Word of God identifies it as a structured spiritual hierarchy designed to oppose the children of God.

"For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places." (Ephesians 6:12)

Understanding the nature of monitoring spirits is the first step toward dismantling their influence in your life. By recognizing that these entities are part of a demonic ranking system, you can stop fighting people and start addressing the spiritual root. This biblical definition empowers you to shift

your focus from physical symptoms to the spiritual reality of the warfare you are in.

## **2. The Mechanism of Demonic Operations**

Monitoring spirits do not operate at random; they function through specific assignments and legal grounds. They often gain access through ancestral ties, personal agreements with sin, or unrepented involvement in the occult. Once they have a foothold, they observe your prayer life, your relationships, and your moments of breakthrough to create strategic obstacles that aim to drive you back into a state of spiritual bondage.

"Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour." (1 Peter 5:8)

The enemy's goal is to keep you under constant surveillance so that he can strike at your most vulnerable moments. By understanding that these spirits work through observation and reporting, you can begin to guard your heart and your speech more diligently. Knowing how the enemy works allows you to be proactive rather than reactive in your spiritual walk.

## **3. Discerning the Signs of Surveillance**

Discernment is your greatest weapon when dealing with spirits that prefer to remain hidden. There are clear indicators that a monitoring spirit is active, such as persistent, irrational fear, cycles of failure that repeat just as you are about to succeed, and intrusive thoughts of intimidation. You may also experience dreams of being chased or watched, or feel a sudden, unexplained heaviness when you try to increase your devotion to God.

- **Persistent Fear:** Anxiety that feels targeted and does not lift with prayer.
- **Repetitive Cycles:** Falling into the same pits every time you make progress.

- **Night Torment:** Dreams of surveillance or being studied by unknown figures.
- **Unusual Resistance:** High levels of conflict arising specifically during spiritual growth.

Recognizing these signs is not meant to breed fear, but to provide clarity for your deliverance. When you can name the activity of the enemy, you strip him of the power of secrecy. Awareness of these patterns is the catalyst that drives a believer to seek the face of God for total liberation.

#### **4. The Biblical Foundation for Exposure**

The Bible provides a clear contrast between the protective watch of the Almighty and the predatory surveillance of the enemy. While the enemy watches to destroy, God watches to preserve and empower His people. Scripture reveals that nothing is hidden from God's sight, and He is more than capable of exposing the hidden works of darkness to His servants so they can be dealt with through prayer and authority.

"The eyes of the Lord are in every place, keeping watch on the evil and the good." (Proverbs 15:3)

You must rest in the truth that God's surveillance over your life is superior to any demonic watch. When you align yourself with Him, He promises to reveal the "words spoken in the bedroom" of the enemy, just as He did for the prophets of old. This biblical foundation gives you the confidence to know that you are never truly alone or unprotected.

#### **5. Identifying the Root Access Points**

Demons are legalists; they generally require a "door" or a legal right to remain in a person's life. These access points can range from generational curses and ancestral witchcraft to personal soul ties and "word curses" spoken over your life. Identifying these roots is essential because unless the door is closed through repentance and renunciation, the spirit may attempt to return even after being commanded to leave.

- **Occult Involvement:** Previous engagement with divination, horoscopes, or New Age practices.
- **Generational Covenants:** Sins of the fathers that have not been severed.
- **Ungodly Soul Ties:** Fragments of past relationships that allow demonic transit.
- **Word Agreements:** Believing and speaking lies or curses over yourself.

Locating the entry point of a monitoring spirit is like finding the source of a leak in a house. Once you identify how the spirit gained its assignment, you can effectively use the blood of Jesus to seal that door forever. This process of self-examination leads to a deeper, more permanent state of freedom.

## **6. The Truth About Christians and Oppression**

There is a common misconception that believers are immune to spiritual monitoring or oppression. While a Christian cannot be possessed (indwelt) by a demon because the Holy Spirit resides in their spirit, they can certainly be oppressed (attacked from the outside) in their mind, body, and circumstances. Monitoring spirits target believers specifically because we are a threat to the kingdom of darkness and have a divine purpose that the enemy wants to derail.

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." (2 Timothy 1:7)

Understanding the distinction between possession and oppression is vital for your mental and spiritual health. You are not "bad" or "unsaved" because you feel under attack; rather, you are a soldier in a real war. Accepting this truth allows you to fight from a position of victory rather than a position of shame.

## **7. Exercising Your Kingdom Authority**

The Lord has not left you defenseless against the spirits that watch you. In the name of Jesus, you have been given the authority to cast out demons and break every chain. This authority is not based on your own strength or holiness, but on the finished work of Christ on the cross. Deliverance from monitoring spirits requires a decisive command and a refusal to negotiate with the enemy.

"And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues." (Mark 16:17)

You have the legal right to evict any spirit that is trespassing on your life or your family's peace. By speaking the name of Jesus with faith, you release the power of heaven against the forces of hell. Exercising this authority is a daily habit that keeps the atmosphere of your life clean and consecrated.

## **8. Shattering the Myths of Bondage**

The enemy uses lies to keep people in bondage, such as the idea that monitoring spirits are too powerful to resist or that they will return with more force if you try to cast them out. These are deceptions designed to paralyze you. The truth is that "Greater is He that is in you than he that is in the world." When you fill your life with the presence of God and the Word, the enemy finds no place to land.

"You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world."  
(1 John 4:4)

Rejecting these myths is essential for maintaining your freedom and walking in boldness. When you stop believing the enemy's propaganda, his threats lose their weight and influence over your emotions. Truth is the light that causes the shadows of demonic surveillance to flee.

## **9. The Process of Permanent Deliverance**

Deliverance is often a journey of walking out your freedom through specific, biblical steps. It begins with identifying the root, moves through sincere repentance and the breaking of ungodly ties, and culminates in the authoritative command for the spirit to leave. However, the most important step is filling the space where the spirit once was with the Holy Spirit and the Word of God to ensure the house remains occupied by Light.

"When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then he says, 'I will return to my house from which I came.' And when he comes, he finds it empty, swept, and put in order. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there..." (Luke 11:24-26)

Freedom is maintained by a lifestyle of worship, obedience, and consistent prayer. You cannot simply cast out the dark; you must invite in the Light and keep the fire of the Holy Spirit burning. This proactive approach ensures that your deliverance is not a temporary relief but a permanent transformation.

## **10. Reclaiming Your Peace and Focus**

Once the monitoring spirit is broken, you must reclaim the ground that was stolen. This involves renewing your mind and shifting your focus from the enemy's activity to God's promises. Peace is not just the absence of conflict; it is the presence of the King. As you move forward, you must guard your words and your gates, ensuring that you no longer give the enemy a foothold through fear or agreement.

"Therefore submit to God. Resist the devil and he will flee from you." (James 4:7)

Your focus determines your direction, and by setting your mind on things above, you become invisible to the tracking mechanisms of the enemy. Reclaiming your peace is a deliberate act of the will that honors God's

sovereignty over your life. You are now free to run your race without the weight of demonic surveillance holding you back.

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### **Let's Pray...**

Heavenly Father, I come before You today as a humble servant, standing in the gap for every soul who has encountered this teaching. Lord, You are the El Roi, the God who sees me, and You are the Great Deliverer who breaks every chain. I lift up those who have felt the heavy weight of monitoring spirits—those who have felt watched, tracked, and hindered by the powers of darkness. Right now, I invoke the mighty and matchless name of Jesus Christ over their lives. I thank You, Father, that through the blood of the Lamb, every legal right of the enemy is being revoked this very second.

Lord, I ask that You would open their eyes to see the spiritual reality around them. Let Your Holy Spirit shine a light into the dark corners of their history. If there are ancestral altars, generational curses, or occult agreements that have allowed these spirits to track their progress, I pray that You would lead them into a deep and sincere repentance. I break every ungodly covenant made by their forefathers and every word curse spoken by authority figures in their past. I declare that the blood of Jesus Christ speaks better things than the blood of any sacrifice or the words of any man. We silence the voice of the accuser and the reporter in the spirit realm.

By the authority of the Lord Jesus Christ, I command every monitoring spirit, every familiar spirit, and every agent of spiritual surveillance to pack up and leave now! You have no legal ground here. This life is the temple of the Holy Spirit. You are a trespasser and a liar. I command every demonic eye that has been watching their finances, their marriage, their health, and their ministry to be blinded by the glory of God. I sever every silver cord and every spiritual link used by the kingdom of darkness to track their movements. In the name of Jesus, I break the power of every "reporting spirit" that takes information back to demonic hierarchies. Your assignment

is cancelled, your scrolls are burned by the fire of God, and your surveillance equipment in the spirit is shattered.

Father, I pray for a divine "cloaking" over Your children. Hide them in the secret place of the Most High. Wrap them in the garment of praise and the armor of light so that the enemy cannot find them. Let their lives become a "no-fly zone" for the kingdom of darkness. I speak a complete restoration of their peace. Where there was paranoia, let there be a sound mind. Where there was a cycle of failure, let there be an explosion of breakthrough. I declare that every door they walk through from this day forward shall be a door of blessing that no man or demon can shut.

Holy Spirit, I ask that You would fill the voids left by these departing spirits. Fill their minds with Your wisdom, their hearts with Your love, and their spirits with Your power. Let them feel Your presence so tangibly that all fear is cast out. I pray for a refreshing of their spiritual strength. Let them run and not grow weary; let them walk and not faint. Give them the discernment to recognize the enemy's traps before they are ever set. Teach them how to keep their gates closed to the enemy and how to live a lifestyle of perpetual victory.

I thank You, Lord, that the captives are being set free. I thank You for the testimonies of deliverance that will arise from this prayer. I declare that the roar of the lion of the tribe of Judah is louder than the whispers of the enemy. We celebrate the freedom that belongs to the children of God. No weapon formed against them shall prosper, and every tongue that rises against them in judgment shall be condemned. We seal this prayer in the precious and powerful name of Jesus Christ, our King and Redeemer. Amen.

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Dear friend, take a deep breath and realize that the atmosphere around you has shifted. The truths you have studied today are not merely information; they are weapons of war. As you move forward, do not look back at the shadows. Walk with your head held high, knowing that the Spirit

of the Living God dwells within you. You are more than a conqueror, and the enemy is now under your feet. Stay grounded in the Word, keep your prayer life fervent, and never forget that your victory was won two thousand years ago. Go forth in boldness—your best days are not behind you; they are straight ahead!

Pastor Nate Thompson


Deliverance Revolution Ministries

 [DeliveranceRevolution.org](https://deliverancerevolution.org)

Contact Us — If You Need Deliverance

 <https://deliverancerevolution.org/contact-us/>

ARE YOU READY TO BE SET FREE AND STEP INTO YOUR CALLING?

At Deliverance Revolution Ministries, we are not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God. 

This is a place of encounter, freedom, and transformation.

Join us daily for powerful Zoom deliverance and discipleship sessions at:

 11:00 AM Eastern Time

 5:00 PM Eastern Time

 7:00 PM Eastern Time

(Except Sunday mornings)

## Daily Meeting Schedule

Meeting 1 — 11:00 AM Eastern Time

Pastor Nate

Deliverance • Healing • Prayer • Worship • Full Gospel Teaching • Baptism  
in the Holy Spirit

★ This is our primary discipleship group.

Meeting 2 — 5:00 PM Eastern Time

Sister Suzie

Bible Reading and Prayer 📖 🙏

Meeting 3 — 7:00 PM Eastern Time

Sisters Ro and Nina

Deliverance • Healing • Salvation Prayer 🕊️ 🔥

These Are Not Casual Meetings

These are encounters with the Living God.

We minister:

⚔️ Deliverance

📖 Discipleship and Training

🔥 Spiritual Authority and Boldness

🕊️ Freedom to Walk in Your God-Given Purpose

Whether you are battling oppression, possession, depression, anxiety, or suicidal thoughts, we have seen Jesus Christ break chains and restore lives—again and again.

## Resources to Help You Grow


Our YouTube channel is filled with real testimonies—people who came in broken and walked out free, healed, and empowered.

Our website, [DeliveranceRevolution.org](http://DeliveranceRevolution.org), is filled with:

 Life-changing prayers

 Training resources

 Spiritual warfare tools

 Teaching to help you grow into everything God has called you to be

## Your Freedom Begins With Your Will

You must want it.

When you pursue Jesus with all your heart:

He will meet you.

He will confront darkness.

He will break every chain.

This is not about religion.

This is about relationship, obedience, and a relentless pursuit of the King of Kings.

## Prayer

In the mighty name of Jesus, Father God,

I pray right now for every person reading this. Surround them with Your divine protection. Stir their hunger for truth and freedom. Draw them into deeper healing, deeper authority, and deeper intimacy with You. Break every chain and lead them into the fullness of life You promised.

In Jesus' name, amen.

Don't Wait

Get connected.

Get trained.

Get free.

Full-On Jesus is the only way. 🔥🛐