

PRESENT YOUR BODIES A LIVING SACRIFICE,
HOLY, ACCEPTABLE UNTO GOD.

ROMANS 12:1



A BIBLICAL PLAN FOR
RADICAL
HOLINESS
AND
TOTAL CONSECRATION
TO THE LORD



A DAILY
COMMITMENT.
A LIFELONG
PURSUIT.
A HOLY LIFE
THAT GLORIFIES
GOD.

“BE HOLY,
FOR I AM
HOLY.”

1 PETER 1:16

A PRACTICAL PLAN FOR PURSUING
OBEDIENCE • INTIMACY • HOLINESS • HIS PRESENCE



SURRENDER
Yield completely
to His will.



HIS WORD
Let Scripture
transform
your life.



PRAYER
Seek Him
continually
in every season.



HOLINESS
Pursue purity
and guard
your heart.



LOVE
Walk in love,
forgiveness,
and humility.



HIS GLORY
Live for His
pleasure and
eternal reward.

NOT MY WILL, BUT THINE BE DONE.

LUKE 22:42

A Biblical Plan for Radical Holiness and Consecration

This is a free resource provided by Pastor Nate Thompson and Deliverance Revolution Ministry, a non-profit ministry under the leading and covering of the Holy Spirit, serving people around the world.

Our mission is simple and biblical: to preach the Gospel of Jesus Christ, heal the sick, and cast out devils—just as Jesus commanded.

“And these signs will follow those who believe: In My name they will cast out demons... they will lay hands on the sick, and they will recover.” Mark 16:17–18 (NKJV)

Everything we offer is freely given, in obedience to the words of Jesus:

“Freely you have received, freely give.” Matthew 10:8 (NKJV)

If you have been blessed, encouraged, strengthened, or helped through this ministry, and you feel led by the Holy Spirit, we invite you to consider making a donation of any amount. Your generosity helps us continue reaching souls, ministering deliverance, and equipping believers across the world.

Every gift is received with prayer, gratitude, and a commitment to steward it faithfully for the work of God’s Kingdom.

Thank you for partnering with what God is doing.

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A Biblical Plan for Radical Holiness and Consecration

Theme Verse

"Present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service." — Romans 12:1

Goal

The ultimate objective of this manual is to guide you into loving God with all your heart, soul, mind, and strength. Through deliberate daily practices, you will learn to walk in continual obedience, cultivate deep intimacy with the Creator, live entirely separated from sin, and remain wholly devoted to His eternal purposes.

1. Foundation: Total Surrender

True holiness begins with a definitive, daily decision to yield control of your life to the Holy Spirit. Without absolute surrender, spiritual growth stalls.

Action Steps for Daily Surrender:

- **Renew Your Vow:** Actively yield your rights to God every single morning the moment you wake up.
- **Hold Nothing Back:** Inspect your heart frequently to ensure no hidden areas are kept from His lordship.
- **Practice Active Consultation:** Throughout the day, pause and ask the Lord: *"Is this pleasing to You?"* and *"What do You want me to do next?"*

Morning Prayer for Complete Surrender and Daily Devotion to God

"Father, today I surrender every area of my life to You. My will, my plans, my desires, my possessions, my relationships, my ministry, and my future belong entirely to You. Crucify my flesh and let Christ live through me. Make me pleasing in Your sight today. Search me, cleanse me, and lead me in Your perfect will. In Jesus' name, Amen."

2. Pursue Personal Holiness

Holiness requires an active eviction of sin and a intentional return to righteousness. We must keep short accounts with God to maintain unhindered fellowship.

Daily Repentance Protocol: Do not wait until guilt overwhelms you. Every evening, sit quietly and examine your heart by asking yourself these diagnostic questions:

- Did I grieve the Holy Spirit today?
- Was I impatient, prideful, or wasteful with my time?
- Did I fail to love others or hesitate to obey God's prompts?
- Was I pure in my thought life?

Repent quickly, specifically, and receive God's cleansing grace immediately.

Removing Every Open Door: Prayerfully examine your lifestyle and ruthlessly eliminate the following entry points for the enemy:

- Known sin and hidden compromise
- Ungodly entertainment and sexual impurity
- Gossip, bitterness, and pride
- Worldliness, the love of money, idolatry, and laziness

Strategy: Never leave a vacuum. Always replace a sinful habit with a righteous, life-giving discipline.

3. Increase Consecration

Consecration means setting something apart exclusively for God's use. Ask yourself this searching question: *"What belongs to God that I have kept for myself?"*

Consciously hand over the keys of these ten specific areas to Jesus Christ:

1. **Your Schedule:** Give Him control of your time.

2. **Your Finances:** Honor Him with your wealth and resources.
3. **Your Body:** Treat your physical form as His holy temple.
4. **Your Sleep:** Trust Him with your rest and rejuvenation.
5. **Your Speech:** Let your words build up rather than tear down.
6. **Your Phone:** Guard your digital consumption and screen time.
7. **Your Eating:** Practice temperance and discipline at the table.
8. **Your Ministry:** Serve for His glory, not your own recognition.
9. **Your Thoughts:** Take every thought captive to the obedience of Christ.
10. **Your Ambitions:** Trade your personal dreams for His kingdom purposes.

4. Become a Person of Prayer

A lifestyle of holiness is unsustainable without a robust, dynamic prayer life. Cultivate a rhythmic prayer routine that spans the entire day.

- **Morning Devotion (30–60 Minutes Minimum):** Dedicate the first fruits of your day to God. Fill this time with focused worship, heartfelt thanksgiving, scripture meditation, quiet listening, targeted intercession, spiritual warfare against demonic assignments, and personal repentance.
- **Throughout the Day:** Develop a habit of continual communion. Treat God as a constant companion. Talk with Him seamlessly, consult Him before making minor or major decisions, thank Him in real-time, and practice listening for His still, small voice.
- **Night Prayer:** Close your day intentionally. Express your gratitude for His protection, repent of any shortcomings from the day, pray over the schedule of tomorrow, and consciously lay down your worries to sleep in His perfect peace.

5. Hunger for Scripture

Spiritual maturity requires a steady diet of the Word of God. Do not merely read the text superficially; internalize it.

Suggested Reading Rhythm: To maintain a balanced spiritual diet, read systematically across the scriptures:

[Old Testament] → [Psalms] → [Proverbs] → [Gospels] → [Epistles]

How to Study for Transformation: As you read, meditate deeply, memorize key passages, and apply the truths immediately. Always ask these three transformative questions:

- What does this text reveal about the character of God?
- What specific command must I obey?
- What area of my life must change in light of this truth?

6. Fast Regularly

Biblical fasting subdues the appetites of the flesh and sharpens your spiritual sensitivity. Always fast with deep humility, ensuring your motive is strictly to seek God's face rather than to earn His favor or impress others.

Fasting Guidelines:

- **Establish a Rhythm:** Dedicate one consistent day each week to fast, and engage in longer fasts as the Holy Spirit specifically leads.
- **Maximize the Space:** During your fast, intentionally replace food and entertainment with increased prayer, deeper scripture reading, extended worship, and a radical reduction of secular distractions.

7. Guard Your Mind

Your mind is the battlefield of holiness. What you allow through the gates of your eyes and ears will ultimately shape your character.

The Filter of Purity: Daily ask yourself: *"What am I allowing into my heart right now?"* Limit or entirely remove media, environments, or conversations that stir up:

- Lust, pride, and vanity

- Anger, fear, and envy
- Spiritual apathy and chronic distraction

The Solution: Actively flood your mind with scripture, anointed worship music, deep prayer, and sound, godly teaching.

8. Practice Immediate Obedience

Delayed obedience is a form of disobedience. When the Holy Spirit convicts you or prompts you to action, do not stall, rationalize, or negotiate.

Move quickly when He calls you to:

- Repent of a wrong attitude or action.
- Forgive someone who hurt you.
- Give financially or serve someone in need.
- Witness to an unbeliever or pray for a stranger.
- Encourage a brother or sister in Christ.

Note: Every act of immediate obedience strengthens your spiritual authority and solidifies your walk with God.

9. Cultivate Humility

Pride is the ultimate enemy of consecration. God resists the proud but gives grace to the humble. You must actively work to crucify self-exaltation.

Practical Exercises in Humility:

- Serve others cheerfully without seeking recognition or praise.
- Give your resources secretly so only God sees.
- Be the first to forgive and the quickest to admit your mistakes.
- Receive correction with a teachable, non-defensive spirit.
- Intentionally honor others above yourself, and ask God to destroy pride at its very root.

10. Walk in Love

Holiness without love is nothing more than legalism. True scriptural consecration expresses itself through genuine, sacrificial love for God and people.

The Love Mandate:

- **Love Intentionally:** Make conscious choices to bless your enemies and sincerely pray for those who oppose or mistreat you.
- **Forgive Completely:** Refuse to harbor grudges or record wrongs.
- **Speak Life:** Use your tongue to heal, encourage, and edify.
- **Serve Joyfully:** Help carry the burdens of the weary, remembering that fulfilling the law of Christ means walking in love.

11. Pursue the Presence of God

Do not become infatuated with spiritual experiences, signs, or emotional highs. Seek the Person of God Himself.

Make it a regular habit to sit quietly and silently before Him, acknowledging His lordship without demanding answers. Worship Him passionately even when you feel emotionally dry or numb. Remaining faithful in the dry seasons builds spiritual stamina, and it is His abiding presence that ultimately transforms your character.

12. Live with Eternal Perspective

The constraints of this world are temporary. To live a radically consecrated life, you must evaluate earth through the lens of eternity.

An Eternal Daily Filter: Every morning, remind yourself: *"I may stand before the judgment seat of Christ today."* Before making commitments or engaging in conflicts, ask:

- Does this issue actually matter for eternity?
- Will this choice please my Savior?
- Will this action bring glory to God?

Live exclusively for eternal rewards rather than the fleeting comforts of this passing world.

13. Weekly Self-Examination

Set aside dedicated time once a week to prayerfully review your spiritual progress. Use this checklist to honestly evaluate your walk before God:

- **Prayer & Word:** Have I maintained consistent communion and scriptural study?
- **Purity & Obedience:** Have I walked in holiness and obeyed prompts immediately?
- **Love & Humility:** Have I served others selflessly and kept pride at bay?
- **Stewardship & Evangelism:** Have I managed my resources well and shared the gospel?
- **Faithfulness:** Is my personal intimacy with God deepening?

Action Step: Write down your areas for growth and outline specific, actionable steps for the upcoming week.

14. Monthly Consecration Day

Once a month, schedule a personal spiritual retreat. Set aside a full day to unplug from the world and step away from normal routines to accomplish the following:

- Fast and read extended, large portions of Scripture.
- Spend prolonged hours in deep, unhurried worship and intercession.
- Deeply repent of any overlooked, subtle compromises.
- Thoroughly review your spiritual life and journals over the past month.
- Pray for a fresh, powerful filling of the Holy Spirit, asking God exactly what He wants you to surrender next.

15. A Rule of Life

To ensure these practices become permanent fixtures of your destiny, commit firmly to this structured rule of life:

- **Daily:** Dedicated prayer, scriptural reading, focused worship, sincere repentance, and immediate obedience.
- **Weekly:** Disciplined fasting, authentic fellowship with believers, serving those in need, and a thorough spiritual self-examination.
- **Monthly:** An extended day of deep consecration, fasting, and seeking the face of the Lord.
- **Continually:** Walking in uncompromised love, deep humility, personal holiness, and a constant readiness to obey the Holy Spirit.

Spiritual Warfare Prayer for Deliverance Holiness and Absolute Consecration

"Heavenly Father, Almighty God of my salvation, I come before You today in the mighty and unmatched name of Jesus Christ. I acknowledge Your supreme authority over my life, my family, and my destiny. Lord, according to Your Word in Romans 12:1, I present myself to You this day as a living sacrifice, holy and acceptable in Your sight, which is my reasonable service. I lay my entire being upon Your altar. I hold nothing back from You. I ask that the fire of Your Holy Spirit descend upon this altar right now to consume every ounce of fleshly desire, every carnal ambition, and everything that does not reflect Your divine nature. Sanctify me completely—in spirit, soul, and body. I pray that my whole spirit, soul, and body be preserved blameless unto the coming of our Lord Jesus Christ.

Father, I stand in the spiritual authority granted to me through the shed blood of Jesus Christ, and I actively break agreement with the world, its deceptive systems, its ungodly cultures, and its fleeting pleasures. I repent of every area where I have allowed compromise to take root in my heart. Right now, I close every open door that I have inadvertently given to the enemy through entertainment, relationships, ungodly thoughts, or hidden sins. In the authority of Jesus Christ, I directly address the demonic forces

operating behind the scenes to hinder my spiritual progress. I command every spirit of compromise, every spirit of lust, perversion, and sexual impurity, and every spirit of pride, self-exaltation, and vanity to pack up and leave my life immediately. I bind you by the power of the Holy Spirit, I break your legal hold over my mind and my body, and I command you to depart from my atmosphere and go to the dry places, never to return. You have no portion in me, for I belong entirely to the Lord Jesus Christ.

Create in me a clean heart, O God, and renew a steadfast, right spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me. Restore unto me the joy of Your salvation and uphold me with Your free spirit. I yield my mind to You, Lord; let the mind of Christ be fully formed within me. I cast down every high imagination, every negative thought pattern, and every stronghold of fear, anger, or doubt that attempts to exalt itself against the true knowledge of God. Conform me entirely to the image of Your Son, Jesus Christ. Let His character, His humility, and His love become the very fabric of who I am.

Teach me, Holy Spirit, to love what You love and to hate what You hate. Give me a holy aversion and a radical hatred for sin, compromise, and worldliness. Let my thoughts, my words, my motives, and my actions be holy, pure, and well-pleasing in Your sight today. Set a watch, O Lord, before my mouth and keep the door of my lips so that no corrupt communication proceeds out of it, but only that which is good for edification.

Fill me afresh with Your Holy Spirit this very hour. Grant me a fresh baptism of fire and power. I need Your strength, Lord, for I cannot walk this path of radical holiness in my own human power. Strengthen me in my inner man to obey Your Word quickly, fully, and without an ounce of compromise or hesitation. Pull down every root of laziness, idolatry, and the love of money from my heart, and replace them with a deep hunger for Scripture, a lifestyle of dedicated fasting, and a passion for continual prayer. Produce in me the lasting, beautiful fruit of the Spirit—love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, and temperance.

May my life bring ultimate glory to Your holy name. Let my character reflect the true, uncompromised holiness of Christ to a dark and dying world. I decree that I am dead to sin but alive to God in Christ Jesus. I walk in total victory, absolute deliverance, and deep consecration from this day forward. Keep me faithful, steady, and blameless until the very day I stand before You in eternity. In the mighty, victorious, and matchless name of Jesus Christ, Amen."

Final words of encouragement:

Beloved, as you step forward from this teaching, remember that the call to radical holiness and consecration is not a call to human perfection through grit and willpower. It is an invitation to absolute surrender, where your weakness is completely swallowed up by His unsearchable strength.

The road of consecration is narrow, and the pulling of the world can be intense, but the reward is unmatched intimacy with the Living God. To help keep your mind focused and stay firmly on the path of personal sanctification, take this manual and add it directly onto your cell phone. Keep it easily accessible so you can refer to it often throughout your day—using it as a constant shield against digital distraction and a quick alignment tool for your soul.

Do not be discouraged by the size of the mountain or the depth of the sacrifice required. Every small act of immediate obedience, every morning spent in His presence, and every moment you choose His will over your own flesh is building an eternal weight of glory.

You are not fighting *for* victory; you are fighting *from* a position of victory already secured by the blood of the Lamb. The Holy Spirit is right there with you, ready to empower you, deliver you, and shape you into the image of Jesus Christ. Keep your eyes fixed on eternity, guard your heart with all diligence, and walk forward with the bold assurance that He who began this good work in you is perfectly faithful to bring it to completion. Go forth in His

power, walk in His love, and let your life shine as a beacon of His holiness to this generation.

May the Lord grant you abundant grace to walk in a manner worthy of the Lord, fully pleasing to Him, bearing fruit in every good work and increasing in the knowledge of God. (Colossians 1:10)

Pastor Nate Thompson

Deliverance Revolution Ministries

 [DeliveranceRevolution.org](https://deliverancerevolution.org)

Contact Us — If You Need Deliverance

 <https://deliverancerevolution.org/contact-us/>

ARE YOU READY TO BE SET FREE AND STEP INTO YOUR CALLING?

At Deliverance Revolution Ministries, we are not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God. 

This is a place of encounter, freedom, and transformation.

Join us daily for powerful Zoom deliverance and discipleship sessions at:

 11:00 AM Eastern Time

 5:00 PM Eastern Time

 7:00 PM Eastern Time

(Except Sunday mornings)

Daily Meeting Schedule

Meeting 1 — 11:00 AM Eastern Time

Pastor Nate

Deliverance • Healing • Prayer • Worship • Full Gospel Teaching • Baptism in the Holy Spirit

★ This is our primary discipleship group.

Meeting 2 — 5:00 PM Eastern Time

Sister Suzie

Bible Reading and Prayer  

Meeting 3 — 7:00 PM Eastern Time

Sisters Ro and Nina

Deliverance • Healing • Salvation Prayer  

These Are Not Casual Meetings

These are encounters with the Living God.

We minister:



Deliverance



Discipleship and Training



Spiritual Authority and Boldness



Freedom to Walk in Your God-Given Purpose

Whether you are battling oppression, possession, depression, anxiety, or suicidal thoughts, we have seen Jesus Christ break chains and restore lives—again and again.

Resources to Help You Grow

Our YouTube channel is filled with real testimonies—people who came in broken and walked out free, healed, and empowered.

Our website, DeliveranceRevolution.org, is filled with:



Life-changing prayers



Training resources



Spiritual warfare tools



Teaching to help you grow into everything God has called you to be

Your Freedom Begins With Your Will

You must want it.

When you pursue Jesus with all your heart:

He will meet you.

He will confront darkness.

He will break every chain.

This is not about religion.

This is about relationship, obedience, and a relentless pursuit of the King of Kings.

Prayer

In the mighty name of Jesus, Father God,
I pray right now for every person reading this. Surround them with Your
divine protection. Stir their hunger for truth and freedom. Draw them into
deeper healing, deeper authority, and deeper intimacy with You. Break
every chain and lead them into the fullness of life You promised.

In Jesus' name, amen.

Don't Wait

Get connected.

Get trained.

Get free.

Full-On Jesus is the only way. 🔥✝️