Teaching -

Breaking the Debased Mind: Walking in True Freedom, Grace, and Kingdom Authority

Introduction

Beloved in Christ, welcome to this manual for spiritual victory. There is a deep, agonizing weight that comes when a believer finds themselves trapped in cycles of mental bondage, compromise, and moral confusion. Perhaps you have felt distant from God, tormented by intrusive thoughts, or trapped in habitual patterns, wondering if you have gone too far or if God has turned His back on you. Hear this truth right at the start: **You are not beyond the reach of Almighty God.**

Through the finished work of Jesus Christ on the Cross, the shed blood of our Redeemer, and the undeniable power of the Holy Spirit, complete freedom is available to you right now. A debased mind is not an inescapable fate; it is a spiritual trap broken by genuine repentance, the truth of God's Word, and the quickening power of the Spirit. As you work through these seven practical, spirit-filled lessons, discard all self-justification, embrace deep humility, and allow the Holy Spirit to cleanse, renew, and establish your heart in true righteousness.

Lesson 1: Excuses Removed – The Witness of Conscience and Truth

When we fall into darkness, our natural reaction is to justify our wrongdoing, shift the blame, or pretend we did not know any better. However, Scripture explicitly teaches that God has woven a inner witness into every human heart through our conscience, mind, and the natural order. Spiritual transformation begins the very moment we stop making excuses, take full ownership of our choices, and stand completely honest before God.

- Stop hiding behind spiritual ignorance or mental confusion; acknowledge where you intentionally made wrong choices.
- Understand that your internal thoughts and conscience bear witness, leaving no room for human justification before a Holy God.
- Open your heart to the convicting work of the Holy Spirit, recognizing that conviction is God's loving invitation to return home.

> "Therefore you are inexcusable, O man, whoever you are who judge, for in whatever you judge another you condemn yourself; for you who judge practice the same things."
>
> — **Romans 2:1 (NKJV)**
>
> "for when Gentiles, who do not have the law, by nature do the things in the law, these, although not having the law, are a law to themselves, who show the work of the law written in their hearts, their conscience also bearing witness, and between themselves their thoughts accusing or else excusing them)"
>
> — **Romans 2:14–15 (NKJV)**

Summary:

Real liberation requires dropping every defense mechanism and standing totally candid in God's presence. When we stop excusing our transgressions, we make room for His washing grace and cleansing power to thoroughly heal our lives.

Lesson 2: The Trap of Suppressing Truth for Earthly Pleasure

Sin always offers a temporary sensation of pleasure, but its ultimate wages are spiritual bondage, corruption, and death. When an individual deliberately ignores divine warnings and suppresses revealed truth to pursue self-gratification, the human heart becomes dark and foolishly hardened. Freedom begins when we recognize the deception of fleeting fleshly desires and align our desires with God's eternal Word.

- Acknowledge that choosing sin for temporary pleasure dulls your spiritual sensitivity and blinds your moral clarity.
- Reject the subtle lie that hidden actions carry no spiritual consequences or impact on your destiny.
- Trade the fleeting thrills of fleshly compromise for the abiding peace, joy, and presence of Jesus Christ.

> "For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who suppress the truth in unrighteousness,"
>
> — **Romans 1:18 (NKJV)**
>
> "because, although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened."
>
> — **Romans 1:21 (NKJV)**

Summary:

Exchanging divine truth for earthly pleasure leaves the soul empty, conflicted, and spiritually blinded. True joy is found only when we submit our desires to God's authority and feast on the purity of His truth.

Lesson 3: Breaking Free from Vile Passions and Unclean Soul Ties

When individuals continuously reject God's standards, they can become enslaved by unnatural cravings, immoral habits, and destructive relational ties. These unhealthy spiritual bonds entangle the emotions, defile the body, and rob believers of their God-given identity. Through the power of the Cross and explicit spiritual renunciation, every ungodly soul tie and unclean drive can be shattered completely.

- Renounce all hidden sexual compromise, immoral imaginations, and ungodly emotional attachments forged in the dark.

- Declare that your body is the holy dwelling place of the Holy Spirit, bought with the precious blood of Jesus Christ.
- Break spiritual agreements with perversion and align your mind with the holy standards of God's kingdom.

> "For this reason God gave them up to vile passions. For even their women exchanged the natural use for what is against nature."
>
> — **Romans 1:26 (NKJV)**
>
> "Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?"
>
> — **1 Corinthians 6:18–19 (NKJV)**

Summary:

You do not have to remain a captive to overwhelming physical cravings or compromised relationships. The divine authority of Jesus Christ severs every demonic entanglement and restores honor, purity, and freedom to your vessel.

Lesson 4: Renouncing the Idolatry of Self and the Human Form

A debased mind frequently stems from idolatry—elevating created things, human relationships, or physical pleasure above the Almighty Creator. When physical appearance, sexual drives, or human approval take center stage in our hearts, spiritual darkness takes hold. True spiritual health is restored when Christ alone is seated on the throne of our affection and worship.

- Identify and pull down every altar where human beauty, physical pleasure, or earthly relationships are idolized.

- Shift your primary desire from pleasing the flesh to adoring and exalting the living Lord.
- Re-establish worship as a daily lifestyle centered strictly on the God of Abraham, Isaac, and Jacob.

> "Professing to be wise, they became fools, and changed the glory of the incorruptible God into an image made like corruptible man—and birds and four-footed animals and creeping things."
>
> — **Romans 1:22–23 (NKJV)**
>
> "who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen."
>
> — **Romans 1:25 (NKJV)**

Summary:

Worshiping anything secondary distorts our mental baseline and invites spiritual confusion into our homes. Turning our devotion back to our Creator breaks the spell of idolatry and brings total clarity to the mind.

Lesson 5: Closing Intentionally Opened Doors to the Enemy

Demonic strongholds and destructive habit patterns rarely establish themselves without an invitation; they enter through compromised choices, lying, media consumption, or ungodly covenants. Continuing to leave these spiritual entry points open while praying for freedom creates a spiritual tug-of-war. By faith, we must lock every open entryway through explicit repentance and enforce Christ's victory over our homes and minds.

- Uncover and close every doorway opened through deceitful talk, hidden compromise, or ungodly media consumption.
- Reject guilt, shame, and condemnation, knowing that the blood of Jesus cleanses completely when we confess our sins.

- Enforce your spiritual authority in Christ to evict every unwanted spiritual trespasser from your life.

"And do not give place to the devil."

— **Ephesians 4:27 (NKJV)**

"Nor give place to the devil... He who has the key of David, He who opens and no one shuts, and shuts and no one opens:"

— **Revelation 3:7 (NKJV)**

Summary:

Freedom requires proactive spiritual maintenance; we must shut every entrance the enemy uses to exploit our weakness. When you slam the door on sin through decisive repentance, darkness loses its lawful ground in your life.

Lesson 6: The Power of Sincere Humility and Total Surrender

God actively opposes the arrogant and stiff-necked, but He lavishes unmerited favor and grace upon those who humble themselves before Him. Trying to maintain a polished public image while struggling with internal corruption only prolongs your bondage. True spiritual breakthroughs occur when we get low in genuine humility, fall before God in sincere repentance, and yield our lives unreservedly to Him.

- Abandon every form of spiritual pride, self-righteousness, and defense of past immoral behaviors.
- Cultivate a posture of continuous brokenness, reverence, and gratitude before the Lord.
- Trust that as you bow low in surrender, God's merciful hand will reach down to lift, restore, and honor you.

"But He gives more grace. Therefore He says: 'God resists the proud, But gives grace to the humble.'"

— **James 4:6 (NKJV)**

"Humble yourselves in the sight of the Lord, and He will lift you up."

— **James 4:10 (NKJV)**

Summary:

Humility is the master key that opens heaven's storehouses of deliverance and divine grace. When we stop defending our brokenness and bow completely before God, His uplifting power carries us into total victory.

Lesson 7: Filled and Sustained by the Holy Spirit

True deliverance is never just about casting out what is evil; it is equally about filling the soul with what is holy, pure, and divine. A mind cleansed of a debased state must be continuously populated with God's Holy Word and saturated with the presence of the Holy Spirit. By yielding daily to the Spirit, praying fervently, and walking in obedience, you build an impenetrable defense against future spiritual attacks.

- Invite the Holy Spirit daily to occupy every thought, emotion, decision, and area of your life.
- Renew your mind continuously through systematic meditation on God's holy, unfailing Scripture.
- Walk in continuous spiritual community and accountability to keep your spiritual flame burning bright.

"And do not be drunk with wine, in which is dissipation; but be filled with the Spirit,"

— **Ephesians 5:18 (NKJV)**

"I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh."

— **Galatians 5:16 (NKJV)**

Summary:

Walking in lasting freedom is a daily, dynamic partnership with the Holy Spirit. As you keep your mind fixated on Christ and yield to the Spirit's power, the chains of the past remain broken forever.

Heavenly Father, Almighty God, Creator of heaven and earth, we come before Your throne of grace on behalf of every soul who has received this teaching. Lord Jesus, You are the Great Physician, our Deliverer, our Redeemer, and the lover of our souls. We thank You for the unfailing efficacy of Your precious blood shed at Calvary, which speaks better things than the blood of Abel.

Father, we lift up everyone struggling against the weight of a debased mind, tormenting imaginations, intrusive thoughts, and hidden mental bondages. We ask that Your divine mercy triumph over judgment in their lives right now. Where they have compromised, where they have suppressed the truth, and where they have opened doors to fleshly compromise, let Your forgiving grace flood their hearts as they humble themselves before You.

In the mighty and exalted name of Jesus Christ, we break every curse of spiritual delusion, every ancestral weight of perversion, and every ungodly soul tie tied to their past choices. We declare that every stronghold of lust, idolatry, fear, deception, and mental confusion is dismantled by the fire of the Holy Spirit. Enemy forces that have sought to hold these minds captive—we command you to lose your grip, pack your bags, and go to the dry places, never to return.

Lord Jesus, close every entry point that was opened through sinful choices, ungodly media, or deceptive relationships. Let the blood of Jesus seal every door of their minds, hearts, and bodies. Wash their inner thoughts clean. Where guilt, shame, and condemnation have tried to paralyze them, let Your assurance of forgiveness take root. Remind them that there is now no condemnation for those who are in Christ Jesus.

Holy Spirit, divine Comforter and Sanctifier, we ask You to sweep through their lives right now. Fill every empty space, every void, and every cleaned room with Your glorious presence. Saturate their intellects, emotional realms, and subconscious minds with the peace that surpasses all human understanding. Grant them a supernatural hunger for Your holy Word, a devotion to prayer, and an unwavering desire to walk in holiness.

Establish their steps upon the solid Rock of Jesus Christ. Strengthen their daily walk so that they will never return to the dark paths of bondage. Let their bodies remain pure and fit temples for Your dwelling place. May their transformed lives produce rich spiritual fruit, bringing glory, honor, and praise to Your holy name. We commit them entirely into Your loving hands, confident that He who began a good work in them will perform it until the day of Jesus Christ. In the unmatched and victorious name of Jesus Christ, our Lord and Savior, we pray. Amen!

Beloved, stand firm in the liberty wherewith Christ has made you free! Do not allow the enemy to draw you back into arguments, self-defense, or guilt over things that have been covered by the blood of Jesus. Your path forward is paved with daily humility, absolute honesty before God, and consistent meditation on the Scriptures.

When intrusive thoughts or old temptations knock on the door of your mind, immediately declare who you are in Christ, enforce the power of the Cross, and rely on the Holy Spirit. Remember that spiritual growth and freedom are maintained progressively as you yield to God day by day. Keep your eyes fixed on Jesus, surround yourself with believers of like precious faith, and walk boldly in the magnificent calling and purpose God has established for your life. You are redeemed, restored, and deeply loved by the God of the universe!

Pastor Nate Thompson

Deliverance Revolution Ministries

🌐 DeliveranceRevolution.org

Contact Us — If You Need Deliverance

👉 https://deliverancerevolution.org/contact-us/

ARE YOU READY TO BE SET FREE AND STEP INTO YOUR CALLING?

At Deliverance Revolution Ministries, we are not just another ministry—we are a frontline movement raising up Full-On Jesus warriors for the Kingdom of God. ⚔️🔥

This is a place of encounter, freedom, and transformation.

Join us daily for powerful Zoom deliverance and discipleship sessions at:

🕚 11:00 AM Eastern Time

🕔 5:00 PM Eastern Time

🕖 7:00 PM Eastern Time

(Except Sunday mornings)

Daily Meeting Schedule

Meeting 1 — 11:00 AM Eastern Time

Pastor Nate

Deliverance • Healing • Prayer • Worship • Full Gospel Teaching • Baptism in the Holy Spirit

⭐ This is our primary discipleship group.

Meeting 2 — 5:00 PM Eastern Time

Sister Suzie

Bible Reading and Prayer 📖🙏

Meeting 3 — 7:00 PM Eastern Time

Sisters Ro and Nina

Deliverance • Healing • Salvation Prayer 🕊️🔥

These Are Not Casual Meetings

These are encounters with the Living God.

We minister:

⚔️ Deliverance

📖 Discipleship and Training

🔥 Spiritual Authority and Boldness

🕊️ Freedom to Walk in Your God-Given Purpose

Whether you are battling oppression, possession, depression, anxiety, or suicidal thoughts, we have seen Jesus Christ break chains and restore lives—again and again.

Resources to Help You Grow

Our YouTube channel is filled with real testimonies—people who came in broken and walked out free, healed, and empowered.

Our website, DeliveranceRevolution.org, is filled with:

📖 Life-changing prayers

🎓 Training resources

⚔️ Spiritual warfare tools

📚 Teaching to help you grow into everything God has called you to be

Your Freedom Begins With Your Will

You must want it.

When you pursue Jesus with all your heart:

He will meet you.

He will confront darkness.

He will break every chain.

This is not about religion.

This is about relationship, obedience, and a relentless pursuit of the King of Kings.

Prayer

In the mighty name of Jesus, Father God,

I pray right now for every person reading this. Surround them with Your divine protection. Stir their hunger for truth and freedom. Draw them into deeper healing, deeper authority, and deeper intimacy with You. Break every chain and lead them into the fullness of life You promised.

In Jesus' name, amen.

Don’t Wait

Get connected.

Get trained.

Get free.

Full-On Jesus is the only way. 🔥✝️